EAST BAY EXPRESS

NOVEMBER 9-15



WHY BLACK STUDENTS ARE AVOIDING BERKELEY

Within just a few years, nearly 60 percent of African-American students accepted at Cal are choosing to attend other colleges — often, because they feel unwelcome. By J. Douglas Allen-Taylor

PAGE 9 : Lost in Translation Non-native English speakers currently have limited options when attempting to enroll in Covered California, the state's version of Obamacare. **PAGE 15 : Street Stories With a Global Reach** A new storytelling project helps a homeless West Oakland man get off the streets and write his memoir. **PAGE 35 : Hip-Hop's Gloomy Soul** Meanest Man Contest marries earnest emotion and tongue-in-cheek humor



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On the Cover *Photo by Stephen Lowenstein.*

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Editorial
Co-Editors Robert Gammon Kathleen Richards
Staff Writer Sam Lavin
Web Editor/Calendar Editor Zainab Mohammed
Intern Editor Madeleine Key
Editorial Interns Ashlyn Bates, Ivy Kim
Contributors J. Douglas Allen-Taylor Claudia Bauer Darwin BondGraham, Sarah Burke Mome Chang, Ellen Cuming, David Downs Chris Duffey John Geluardi, Molly Gore, Lee Hildebrand Mark Kemelman, Jessica Langfield, Sam Lefebvre Stephen Lowenstein, Joaquin Palomino, Whitney Phaneuf, Anna Pulley, Annell Rafuel, Cynthia Salgarey Elly Schmidt-Hoppel, Steven Tavares, Jean Yepsen-el, Luke Tsai, Kelly Vance Brad Wieners, Ali Winston

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Production Manager Nicholas Wong
Art Director Brian Kelly
Graphic Designer Mimih Cash

Circulation
Circulation Manager Jack Murphy
Couriers Bruce Almost, Jade Kreeman, Basin Brown Harrison Holloway Kevin Hooten, Kevin Louis, Jeff Mahachal, Fernando Mares, Jose Vitor Negrieiro, Nathan Portes, Francis "Steven" Stevenson, Luke Sueiras, Miguel Vasquez

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Publisher Jody Colley
Business Manager Jennifer Lindsay
Systems Manager Jason Nahrstedt
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Advertising
Sales Manager Ben Cremieux
Talent Account Executive Bruce Ortega Haslam
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NEWS & OPINION



LETTERS

Which Waste Feasible

No Feasible Options

People want to do the right thing, but we haven't been provided feasible options. I suggest sitting down with residents of impacted areas and working out a program for local large item trash disposal, or perhaps no-charge large bins in a designated area with pickup once a week. For those who can't get their items to the bins (no car, etc.) enact a small fee to call for a pick up. There are many ways this can be solved. Shame on the city council members who aren't sitting down with their constituents and figuring out a practical solution.

Carolyn Burd, Oakland

"Why Banning Transit Strikes is a Bad Idea," Seven Days, 10/...

Held Hostage By Unions

Allow for binding arbitration like other unions that represent a necessary service. Chicago, NYC, Washington DC, and even San Francisco a own Muni seem to get by this way have strong unions and good jobs. It is no stretch and not caving to Republicans to enact something this simple. I resent being held hostage by the union. If they keep it up, they may lose the entire union. And I'm a pro-union person — my sympathy for this union is gone.

Mark Sutton, San Francisco

Horns Outweigh Benefits of Strike

I have long resisted writing to you about this issue, because I did not want to be perceived as anti-labor, which I'm not. The behavior of management in the latest BART strikes was totally deplorable (though the workers decision to strike was equally so). However your latest column, ridiculously asserting that "banning transit strikes is a bad idea" is so outrageous that I must respond.

Forests on which I assume that we agree. The more people who take public transit instead of driving, the better off our environment will be; all workers deserve a fair and living wage in private industry, corporate officers and board members should not make many times what the workers make, nor should shareholders' profits take precedence over providing workers with adequate and fair wages; and workers who make less money should not be harmed in favor of those who make more.

Public transit is not a private company making profit. More pay for workers means less money for the system, not less money for shareholders. Public transit should be well funded (preferably by a gasoline tax) but while advocating for adequate funding we also have to deal with the reality of how much money is currently available. BART trains do not run often enough on some lines and the trains often have too few cars, causing riders to have to wait too long for trains, to stand, and often to be packed in like sardines. The trains are old and poorly maintained, causing breakdowns that make people late for work. Running the rail systems on many cars to function improperly usually resulting in the air in the cars being too hot. BART has not been maintaining its tracks so that the trains are now ridiculously loud. All of these problems require money to fix, and money paid to workers is that much less than is available to solve the problems. It is a fact that BART workers make more than the average person even in the Bay Area and, regardless of Robert Gammon's assertion to the contrary, these workers are unskilled in that they did not sacrifice the time, effort and money it takes to make it through college in order to get their jobs, so they are very well paid by any measure. Any remaining money should be put into the system to fix these problems, not into workers' pockets. There are many people who do not use BART due to these problems, so fixing them would also be better for the environment, which should always be a top priority.

A transit strike is not just a mere inconvenience, as you assert. Instead, in a large metropolitan area like the Bay Area, a transit strike causes massive increased consumption and burning of oil, causes many people to take substantially longer to get to work, and prevents some people from even getting to work. Not all has a "small price to pay," but it's not; a BART strike is a very large price to pay for the environment, for the 400,000 people who use BART daily for even more people (a million?) whose commutes are greatly increased due to increased traffic in an already overcrowded highway system, and for people who can't even get to work, many of whom are low-paid and struggling. We should also keep in mind that the large majority of people who ride BART make less money than those who were striking.

Regardless of one's position about supporting Democrats or unions, the harms caused by public transit strikes are not even close to being worth the harms they cause. There are people who drive because of things like transit strikes that make public transit that much less reliable, and there is nothing that Democrats do or would do that can make up for that environmental harm.

A ban on transit strikes is not only not a bad idea, it's an idea whose time came long ago, but somehow BART workers managed to avoid it. Muni workers are not allowed to strike, nor are public transit workers in other large urban areas like Chicago and New York. By striking, BART workers showed that a ban on transit strikes is in fact not only a good idea, but a necessary one. No group of people should be allowed to cause environmental harm, substantially increase commute times for everyone in areas affected by BART, or keep some people from getting to work, just to increase their pay, especially when they are already making more than the average person. BART strikes like the recent two are unconscionable, and I for one would totally support a law that bans them for good. The only people I've heard who are not opposed to BART strikes do not ride BART and I'd be willing to bet that 70 to 80 percent of BART riders strongly support a ban on these strikes. A strike against public transit is a strike against the environment, the workers who depend on that transit, and the poverty that is severely disrupted by such a strike, and we should ensure that it never happens again.

Jeff Huffman, Berkeley

Critics Discussion Remain for BART Management Opinion 10

Unions' Responsibility

And of course you should ask, what is the union's responsibility for accepting its responsibility to the public that uses their services. Would we accept a firefighter strike? And they would not even consider it. Muni has a no-strike provision and things get worked out. Why can't BART unions do the same?

Ed Gerber-Oakland

Awards

The *Express* won two awards for journalism excellence from the Society of Professional Journalists, Northern California Chapter. The paper won in the investigative journalism category for Darwin BondGraham's report "Public Research for Private Gain." The paper also won an award for arts and culture reporting for Ellen Cushing's story "The Bacon Wrapped Economy." Both awards were in the print/small newspaper division for publications with a circulation of less than 100,000.

BondGraham's June 26 cover story revealed that the UC Board of Regents approved the creation of a new corporate entity earlier this year that will likely give a group of well connected business people control over publicly funded academic research. And Cushing's March 20 cover story explored how the growth of the Bay Area's tech industry has impacted the region's arts and cultural landscape.

The *Express* was the only alternative newsweekly to win awards in this year's SPJ NorCal contest, which is considered to be the premier journalism competition in the Bay Area.

Correction

In our October 30 Culture Spy, "Preserving First Fridays," the photo of Sarah Kidder should have been credited to Uriah Duffy. ●

OPD NEEDS TO START USING ITS LAPEL CAMERAS

The portable devices serve as an important check on misconduct. Plus... Major League Baseball a threat against Oakland and Alameda County works.

By Robert Gammon

For years, Oakland police officers have contended that most of the misconduct complaints made against them are bogus.

As proof, they've pointed to the fact that the police department's Internal Affairs Division has routinely dismissed most citizen complaints as being without merit. Police watchdog groups, in turn have countered that internal affairs has too often protected cops from being held accountable. So several years ago, OPD adopted a new policy that was designed to settle the dispute once and for all: Uniformed officers would be required to wear small video cameras in order to record interactions with the public. That way if a citizen complained of mistreatment, there would be an objective record of what happened.

But a recently released report shows that many Oakland police officers are still refusing to wear or turn on their lapel cameras, also known as Portable Digital Recording Devices, or PDRDs. Moreover, the report, produced by court appointed monitor Robert Warshaw, found that OPD supervisors not only have failed to keep track of which cops aren't using the cameras, but also haven't disciplined officers who don't use them. "We are further troubled that many supervisory personnel routinely address these violations of policy merely in training matters requiring counseling and an entry into officers Supervisory Notin Files," Warshaw wrote.

Warshaw, a former police chief of Rochester, New York, has repeatedly expressed frustration about Oakland cops not using their PDRDs. He has noted that when they do, there is concrete evidence in to whether a cop has engaged in misconduct. He also has pointed out that camera recordings have exonerated officers accused of wrongdoing. "In several cases, PDRD recordings or recorded telephone conversations directly contradict statements" made by people alleging misconduct by police officers, he wrote.

So why are many cops still refusing to use the cameras? Jim Chanin — a civil rights attorney who brought the police misconduct lawsuit against OPD ten years ago that resulted in court oversight of the department — said the skepticism by many cops not to use PDRDs raises serious questions as to whether the officers are acting properly. "It's a giant red flag," he said, adding that he doesn't "see a cultural change" at OPD.

The need to change the department's culture remains a common refrain a decade after court oversight began. In a separate report released last week, OPD consultant Robert Wasserman noted that many Oakland police officers still feel isolated from city residents and "tend to insulate" themselves from the community. Wasserman, a former top official in several police departments nationwide, said OPD needs to develop a "service culture," in which officers work cooperatively with residents. "[O]fficers must treat everyone, even those who are perpetrators of crimes, with respect and dignity," he added. It should be noted that Wasserman also partially blamed the department's siege mentality on outside forces, including protesters who came to Oakland and "attempt to or do incite violence."

But the recent news has not been all bad for OPD. In fact, Warshaw wrote that despite the lapel camera problem, the department has made progress in finally living up to its court-mandated reforms — and found that overall compliance with the reforms "is now at the highest level" since his team first began auditing the department several years ago.

Likewise, OPD Compliance Director Thomas Frazier noted in a new report that the department, under the command of Interim Chief Sean Whent, had made "notable progress" on achieving several benchmarks that Frazier established. "OPD has come a long way in a short period of time," Frazier wrote.

Chanin attributed the improvements to the change in command structure. "I think that Chief Whent is doing a better job than [former Police Chief Howard] Jordan did," Chanin said. Chanin also thinks Whent is "more dedicated" to enacting the court-ordered reforms. But he noted that OPD still has a long way to go. "Oakland residents deserve more than they're getting" from the department, Chanin said.

And a good place to start would be for officers to finally begin using their lapel cameras — and for Chief Whent and his command staff to hold cops accountable when they don't.

The A's Aren't Going to SF

Although Oakland As co-owner Lew Wolff desperately wants to move the team to San Jose, he also realizes that it would take years before he can build a ballpark there. As a result, he's been trying get a lease extension in the As can keep playing at the Oakland Coliseum for the time being. Officials with the City of Oakland and Alameda County, who jointly manage the Coliseum, also want the A's to stay. But they want to renegotiate the A's lease deal so that the team will effectively pay higher rent for using the facility. Debt service payments on the Coliseum, which cost East Bay taxpayers about $20 million a year — and so any help from the As will help the public agencies pay that debt load.

Wolff, however has refused to pay more. In addition, he wants a short-term, two-year deal so that he can more easily take the team to San Jose if Major League Baseball (MLB) finally agrees to let him do so. As a result he was at loggerheads with the city and county over the lease extension — until MLB stepped in.

The league decided to threaten Oakland and Alameda County telling East Bay officials that it would allow the A's to play in San Francisco's AT&T Park next year unless they agreed to a deal that Wolff found suitable. And the threat worked. The *Oakland Tribune* reported that public officials had decided to bank off their demand that the A's pay more and would agree to a shorter deal. The A's, in other words, are not going anywhere — at least for now.

Seven Days is culled from our blog of the same name

Robert.Gammon@EastBayExpress.com







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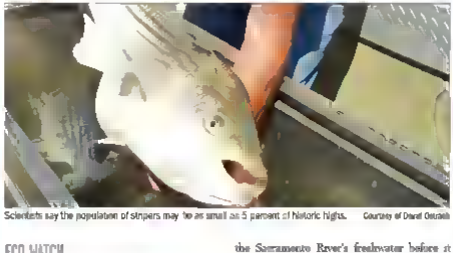
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Scientists say the population of stripers may be as small as 5 percent of historic highs. Courtesy of David Ostrach

ECO WATCH

ANOTHER FISH SPECIES ON THE BRINK

Experts say the number of striped bass in San Francisco Bay has plunged dramatically because of the Delta pumps which send freshwater to the arid San Joaquin Valley

By Alastair Bland

John Beuttler remembers when, as the 1970s, he could stand waist deep as San Francisco Bay cast an artificial lure into the murky water, and begin catching large striped bass, one after another. "It was an incredible urban fishery," recalled Beuttler, who works as Berkeley as a consultant to fisheries conservation groups. "Anyone could walk down to the water pretty much anywhere between Berkeley and Richmond and expect to catch ten or fifteen stripers in a couple of hours. And those were big fish. You could catch thirty-pounders from the beach."

Such memorable fishing outings would be easily had throughout the 1980s and as late as the early 1990s, but no longer. Numbers of striped bass, often called stripers, have plummeted — possibly to all time lows since the species naturalized in the West Coast more than 120 years ago. Scientists say the existing population may be as small as 5 percent of historic highs, and even diehard fishermen have given up trying to catch striped bass — once one of the most popular game fish no the West Coast.

The habitat in which striped bass thrived for decades has changed dramatically according to scientists. "The decline is directly related to flipping on the switches to the state and federal water pumps," said David Ostrach, a former UC Davis researcher who has closely studied striped bass reproduction and physiology. Ostrach is referring to the two major water pumps in the southern Sacramento-San Joaquin River Delta — one built by the federal government shortly after World War II, the other by the state in the 1960s, which today remove about half of the Sacramento River's freshwater before it ever reaches San Francisco Bay. The water is sent south to San Joaquin Valley agricultural interests and Southern California residents, and the health of the Delta ecosystem and its residents, Ostrach said, has suffered as a direct result. Striped bass are an estuarine species, and because of the water exports, we no longer have a functioning estuary," Ostrach said.

The pumps kill young fish either by directly sucking those up or by diverting the fish from the main stem of the Sacramento River and into remote backwaters and sloughs, where food and suitable habitat can be scarce, according to Peter Moyle, a UC Davis fisheries biologist.

But other reasons for the crash may be at play too. Ostrach said numerous pollutants as San Francisco Bay — like DDT, PCBs, and various pesticides — have depressed the fertility of females while slowing the growth rates of the fish that hatch. In addition, the introduction of the Asian overbite clam in the 1980s spurred a striper nosedive as well. The teeming clams, Moyle explained, undercut the food chain by eating the microorganisms that feed opossum shrimp, which were once a major food source for baby striped bass. "The energy that once circulated through the food chain has accumulated in these clams, and the fish that people care about don't eat these clams," Moyle explained.

Despite the murky array of causes, there is clear understanding among scientists and fishermen that Bay-Delta striped bass are in serious trouble. Some believe the population has plunged from three million or more adults in the 1960s to less than half a million today. Ostrach thinks there may be only 200,000 adults left.

Striped bass are not native to the West Coast. They were introduced here in 1879 when 132 juvenile fish, transported by rail in sealed milk cans, were released into San Francisco Bay. The predators found their place in the ecosystem, adapted, and soon flourished, spawning each spring in the Sacramento and San Joaquin rivers. Soon, the population reached its peak, in the millions — even supporting a large commercial fishery until 1935, and spawning here southern Oregon.

Most veteran fishermen agree that tremendous numbers of stripers thrived in the Bay-Delta ecosystem through the 1960s — but for sport anglers today who may now legally take two striped bass at least eighteen inches long per day there has never been a more frustrating time to try and catch striped bass. "This was the worst season we've ever had," said Jim Smith, owner and operator of the *Happy Hooker* party boat, which is moored at the Berkeley Marina.

For more than forty years, Smith has taken paying customers onto the bay and sometimes beyond the Golden Gate to fish for stripers. In the 1970s and 1980s, Smith said, he could all but guarantee his customers that they would catch the maximum numbers of bass allowed by law. The fish were big, too, averaging nearly three feet long and about fifteen pounds, he said. During the bass of times, feeding striped bass could be found in the surf at Ocean and Baker beaches, feasting on smaller fish in massive, surface-thrashing frenzies. Such events — more commonplace all summer long — provided fast action for fishermen casting from the shore, too. "But I haven't done a beach trip like that in about ten years," Smith said.

This summer Smith said his boat rarely landed stripers much bigger than five pounds, and only three times did his customers — whose interest, he said, has tapered off — take home their legal limit of bass.

Jay Sorenson said he saw signs that striped bass abundance was declining more than forty years ago, prompting him to establish a fishing and conservation club called the California Striped Bass Association. The seventy-six-old Stockton resident remembers visiting the lower stretches of the San Joaquin River in the spring of 1969. "In the evening light, you could look as far west and as far east as you could see, and the surface was just exploding everywhere with spawning bass, thirty-, forty-, fifty-pound fish," he said.

The Sorensons said, was the last year he saw such an epic breeding event. By 1972, he said, the same spawning sloughs were conspicuously quiet. Through the 1970s and 1980s, he watched the abundance of the species peter out — with the decline steepening about ten years ago, he said. In 2013, for the first time in his adult life, Sorenson said, he did not bother buying a fishing license.

Nobody knows if the Bay-Delta striped bass can be saved.

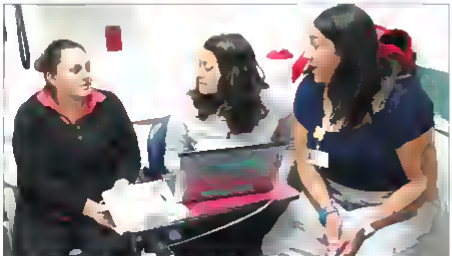
"If we keep managing the system as we are, it's clear that the decline will continue, because almost all of the native fish species are declining, too," said Moyle who doesn't believe sport fishing pressure is a serious stressor no the fish. He named Chinook salmon, Delta smelt, Longfin smelt, and Tule perch as a few other fishes struggling much the way that stripers are.

Dave Hurley a Concord resident who writes a popular fishing report called The Hot Sheet, blames water diversions at the Delta pumps as the primary force behind the fall of the striped bass. The past decade's especially marked drop as striper juvenile numbers — which are estimated each year by the Department of Fish and Wildlife — align with an average increase in water pumping rates.

"Striped bass is becomming increasingly critical of fishermen themselves. "We have those big-fish derbies where fishermen kill the biggest striped bass they can to get a cash prize," he said. Hurley said a fisherman in the Delta recently caught and killed three giant striped bass in a weekend — a 28-, a 42-, and a 52-pounder. "A long time ago, this was acceptable, but not anymore." Hurley calls striped bass "survivors" and doubts the species will ever vanish entirely from San Francisco Bay.

But Beuttler feels that a culture and a way of life have already been lost. "It's really like the end of an era when people quit fishing for striped bass because there are so few that you can't even catch them anymore," he said ●

Editor@EastBayExpress.com



Hayward resident Alicia Rueles gets assistance at Children's from Jessica Castro and Dayna Long. Sam Levin

NEWS

PRESCRIPTIONS FOR POVERTY

Children's Hospital Oakland and Highland Hospital are trying to shift the paradigm of urban medicine by tackling some of the root causes of illness — like the lack of housing and food

By Sam Levin

When Harvey Luster lost his disability benefits from the Social Security Administration earlier this year, his health problems worsened. The 59-year-old Berkeley resident suffers from congestive heart failure and high blood pressure — and the stress of losing his benefits took a further toll on him. "I don't know how I am going to pay rent, how I'm going to eat," he said.

Luster's needs, in short, extend far beyond his medical issues. And in many ways, his current financial challenges and the difficulties he's had navigating the federal bureaucracy are intertwined with his health woes. "They're saying I can work while my doctor is saying I can't," he said of social security representatives.

Since that spring, however, Luster has been receiving extra help at Oakland's Highland Hospital, the largest campus of the Alameda Health System. As a participant in the new Highland Health Advocates program, he has been working with volunteers stationed at a "help desk" inside the lobby of the hospital's busy emergency room. Since March, these so-called "navigators" have been working one-on-one with patients on larger obstacles — such as access to food, housing, and health insurance — that overwhelmed doctors and social workers don't have time to address.

The initiative is part of a new Bay Area trend involving several health institutions that are hoping to shift the way hospitals and clinics deliver care to the urban poor — by proactively tackling social needs in medical settings. Children's Hospital Oakland launched two pilot programs earlier that year and is pushing forward this month with full-time help desks in both its primary care clinic and emergency room. A group of doctors, social workers, lawyers, and officials affiliated with Children's Hospital, Highland, San Francisco General Hospital, and several government agencies and academic institutions make up the Bay Area Regional Help Desk Consortium, which is dedicated to implementing this kind of social support within health-care settings.

The overarching concept is based on the simple logic that primarily treating the symptoms of illness is inadequate and does little to keep patients from returning to the hospital with the same or worse health problems. "The way we are practicing medicine doesn't address any of the social and environmental issues that patients have," said Dayna Long, a Children's Hospital staff pediatrician and co-director of the Family Information and Navigation Desk (FIND) program. "You really need to start upstream. ... We need to start thinking about poverty as a vital sign."

Although it is widely accepted that social determinants, like stable housing (or lack thereof) directly impact health outcomes there are few health-care services that target these factors. That's often due to staffing limits, lack of awareness of available resources, and poor technological capacity for cross-agency communication.

Health Leads, a Boston-based nonprofit organization founded in 1996 and modeled on the philosophy that basic resource needs should be a standard part of care, has brought social welfare advocates into medical institutions on the East Coast. There are also established programs in "safety-net hospitals" around the country that have integrated legal services into hospital facilities. The Bay Area consortium, however is the first of its kind west of the Mississippi River and is led by staff from participating institutions. Under the program, volunteer navigators handle basic needs — like helping patients fill out housing applications or directing them to food pantries or emergency shelter. And in cases in which patients have more serious needs, the navigators or medical staff directs the patients toward licensed social workers and qualified attorneys.

The participating Bay Area hospitals have been working on the project since early 2012, securing funding from several sources. Children's Hospital, through an Oakland-based organization called the Regional Asthma Management and Prevention (RAMP) program, received $185,000 in federal funds from the Centers for Disease Control and Prevention. That seed money helped launched pilot help desks involving about three hundred patients. Through a collaboration with UC San Francisco, Children's also received an initial $150,000 grant from the Lisa and John Pritzker Family Fund, which has committed two additional years of funding to both Children's and San Francisco General Hospital. Highland per net yet relied on funding outside of its established budget, but the hospital plans to bring on a coordinator in 2014 with financial support from Alameda County Health Care Services.

In the emergency room at Children's Hospital, which launched its first formal help desk last month, navigators communicate with nurses and seek patients they can approach. They then have interested families fill out short surveys through which they identify their top needs. From there, navigators take steps to help patients prioritize and address these challenges. The emergency department help desk operates seven days a week, with four to six navigators a day each working with three or four families.

Two weeks ago Alicia Rueles, a 31-year-old Hayward resident, showed up with three of her children — the youngest of whom was not feeling well. She told the two navigators on site that she is currently living in a one-bedroom apartment, where her four children — ages five, six, eight, and fourteen — are all crammed into one room, while she sleeps in the living room. Rueles is trying to find somewhere else to live, but her not had a lot of luck and has little time to devote to the seemingly impossible process.

"The average minimum-wage person cannot afford to live in the Bay Area anymore," she said, as two navigators worked to schedule an appointment for her with the Alameda County Housing Authority. "It's outrageously expensive. My kids are fed up and I that't blame them."

Rueles, who receives food stamps, also does not currently have health insurance — and, like many people across the country has had trouble signing up online for the Affordable Care Act also known as Obamacare. The navigators helped her with her Obamacare application while she waited for information from the doctor.

Jose Rubio, a forty-year-old Berkeley resident who last month brought his five-month-old daughter to Children's primary care clinic, where he was also introduced to FIND, said that it can be challenging to even ask for help. "It's hard to be assertive," he said. "You that't have the confidence to speak up or sometimes you're embarrassed." But the clinic, he added, is a good place to talk through personal problems — confidentially.

These problems are often deeply rooted and, at times, seemingly unsolvable. In another room in primary care on the same day, 33-year-old Niama Baggs, who lives near Lake Merritt, explained that her landlord is trying to evict her family — from a home that has a serious mold problem that has greatly contributed to her two children's asthma for years. "We cannot stay outside and I'm worried about the shelters," the mother of an eight-year-old boy and three-year-old girl said, noting that she is currently fighting her landlord in court. "Both of my kids are sick."

It is cases like these that can be especially difficult for physicians who may not have the time or information to help. "I see doctors and social workers get burnt out," said Joey Castegna, a medical case manager at Children's Hospital, "It gets emotional." He

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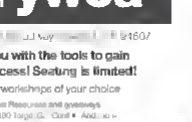


Berkeley resident Jose Rubio (right) said it can be challenging to ask for help Sam Levin

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eted the "vicarious trauma" that some medical practitioners suffer when they provide care for families with immense challenges. "I can't tell you how many times doctors and residents will call me up — not knowing what to do, saying, 'Someone just told me they're homeless. They're doctors and they are there to address medical issues and health issues."

At Highland, there is one social worker on call 24 hours a day, 7 days a week, who may see 12 to 15 patients on a single shift, and is typically working with those suffering from intense trauma, explained Gloria Jenkins, director of social services and the program manager of Highland Health Advocates. "Our goal is really to relieve those social workers." Often, she said, patients "are hurting emotionally and physically, usually both, and I think that it is very difficult for an emergency room to address."

Dennis Hsieh, an emergency room doctor overseeing the help desk at Highland, also pointed out that social determinants of health are not emphasized in medical school. "Doctors are often afraid or don't ask about these important issues, because even if they do come up, it's like, 'Oh, there's nothing we can do for them,'" he said. "We feel badly about that."

In its training curriculum, the consortium cites one national survey showing that four out of five physicians say unmet social needs directly lead to poorer health — and most are not confident in their capacity to address these needs. For some patients trained college students can help fill in the gap. Combined, the new Bay Area help desks now have nearly 120 trained volunteers beginning to work with patients.

The help desks are housed in institutions in which most patients need social services. Children's Hospital is a federally qualified health center that works with mostly low-income patients. About 90 percent of its primary care patients are "government sponsored," primarily on Medi-Cal, the state welfare program, said in 2012. Nearly 70 percent of emergency department cases were government sponsored. At Alameda County Health Systems, about 45 percent of patients are on Medi-Cal 25 percent are on HealthPAC, the county program for the uninsured, and about 14 percent are on Medicare.

Several local studies also illustrate clear links between poverty and health. A 2010 Alameda County report examining the public health impacts of the foreclosure crisis, for example, showed that about four in ten residents experiencing foreclosure had limited spending on food and household utilities — with more than three in ten forgoing medical care. The significant disparities in asthma hospitalization rates in the county are also well documented.

"Health-care costs are rising, and we are increasingly recognizing that addressing only the downstream medical needs is not a successful model and not an economically viable model," said Laura Gottlieb, who is spearheading the consortium and is a family doctor with the Center for Health and Community and the Department of Family and Community Medicine at UCSF. "My thirty-year view is that health care settings will be an important ... member of the teams that are helping to address social and behavioral risks for safety-net populations."

From a systems perspective, investments in these services could translate to savings, Hsieh said. He noted that efforts like the help desk are becoming more relevant as the focus turns to "how do we move money in health care?" as opposed to "how do we get people coverage?" As Obamacare moves forward, it is expected that more of these needier patients will be seeking care from the participating hospitals.

"People are actually going to have access to health care," Long said. "With the influx of new patients, it can't just be business as usual."

The increased volume is also likely to exacerbate one of the toughest challenges for volunteers — talking to patients who they just can't help.

"I ran into a lot of obstacles and very complicated problems where I felt like I couldn't do anything," Highland volunteer Steve Lee told supervisors at a recent commission meeting, reflecting on the hospital's pilot. "What I learned to realize is it doesn't work for everyone, but for some people, I can truly make a difference in their lives and that's what kept me going."

Jialing Chu, a 63-year-old Fremont resident and Highland patient, said that at the very least, it is comforting to have the advocates there every time she visits. "They are doing the best they can for you. And if they can't help, they refer me to the people they think can," she said. "I just feel like they are my guardian angels."

If you're interested in learning more about the program, email Dayna Long at Children's Hospital Oakland at dlong@mail.cho.org.

Sam.Levin@EastBayExpress.com

LOST IN TRANSLATION

Non-native English speakers currently have limited options when attempting to enroll in Covered California the state's version of Obamacare

By Momo Chang

With clear skin and a neat ponytail Leann Truong looks young and healthy But the owner of Leann's Nails in Alameda said health care is one of her main worries.

Truong landed in the emergency room last year after fainting at work. She discovered she had kidney stones and underwent an urgent surgery Although she had health insurance, it did not cover visits to specialists. She ended up with a $3,000 bill.

Truong is currently uninsured and is one of 2 6 million Californians who may be eligible for financial assistance beginning January 1 to buy health coverage through Covered California, the state's version of the Affordable Care Act, also known as Obamacare. The enrollment period began October 1 and ends March 31. The hope is that millions of Americans will sign up in the coming months.

Since it launched, however the federal Obamacare website has been plagued with numerous problems. And while the Covered California site has worked more smoothly than its federal counterpart, the new health insurance exchanges and the many options they provide have proven to be confusing for some state residents And those problems are compounded for limited English speakers.

Truong hopes to purchase a plan for herself and possibly for the rest of her family that would provide more comprehensive coverage than her previous insurance policy which cost $600 a month and covered herself and her two children. And though she speaks English, she said she would prefer to enroll with the help of e counselor at Oakland Chinatown based Asian Health Services "It's not as easy to understand as people think," Truong said about finding the right plan through Covered California.

But there are currently not enough state-certified enrollment counselors to help people sign up in person It e e little noticed problem throughout California As of November 1, only thirty people in Alameda County had been certified by the state to help people enroll, including three from Asian Health Services, according to e database on the Covered California website. Twenty more from Asian Health Services are in the process of getting certified. Alameda County in comparison, has an estimated 180 000 residents who are eligible for subsidized coverage. In total, more than 4,213 individuals in the state were still in the process of becoming certified counselors as of October 26 according to data from Covered California.

That means people who need or want brick-and-mortar place to go to for enrollment help are mostly out of luck — at least for the time being. Becoming certified requires training and e full background check. And because of the expected demand for service from California residents, the state is still taking applications for people who want to become enrollment counselors Each successful application (per family) earns enrollment counselors or organizations $58.

Roy Kennedy e Covered California spokesman, said the state is confident it will be able to meet the needs of limited English speakers who need help enrolling. "People who speak languages other than English are continuing to be certified everyday" he said. "We're confident that the amount of one English-speaking certified enrollment counselors is sufficient to handle the need."

But Truong's sentiment is echoed by other immigrants who are eligible to sign up. (Under the law, undocumented immigrants are not eligible for Obamacare.) Many say using the website or phone to enroll is not appealing, though Covered California has phone interpreters available to speak to more than two hundred languages An August study by the health advocacy group Asian & Pacific Islander American Health Forum, headquarte red in San Francisco, showed that the majority of first generation immigrants (People who immigrated to the US as an adult) small business employers in California did not find the website e useful medium to sign up for health insurance. The reasons? Unfamiliarity with computers and needing language assistance "The website would not have human interface and would not be a fair way to explain the benefits available to them," the report stated. The state currently has fact sheets translated in just thirteen languages, and paper applications only in English (the online application is in Spanish and English)

"A key part of the success of the Affordable Care Act is reaching out to and e nrolling people across the diversity of groups that make up California, and this is very true in the East Bay," said Kim Jacobs, director of the UC Berkeley Labor Research Center, which co-developed CalSIM e simulation model designed to estimate the impact of the Affordable Care Act on Californians. "Language will matter, and reaching people in their language groups ... will be important to the success of the Affordable Care Act."

A lot is at stake. Among the estimated 330 000 Bay Area residents eligible for subsidized insurance through Covered California 155,000 speak limited English and may need in-person assistance A joint study of the California Pan-Ethnic Health Network, the UC Berkeley Labor Center and the UCLA Labor Center estimated that about 110 000 people in California would not enroll due to language barriers if there were no targeted, multilingual outreach.

The state seems to have paid attention to such research about $30 million has been doled out to organizations in California, in large part to reach immigrant populations. Many local organizations have been pounding the pavement, going from mil nidoon to church pews for outreach. About 40 percent of Californians — and East Bay residents — who are eligible for subsidized coverage under Obamacare speak limited English, according to Jacobs.

"The Affordable Care Act is doing e lot of marketing outreach," said Teri Shon, program coordinator of the Community Health Access Program at the Kaiser Community Center of the East Bay a nonprofit based in Oakland that received grant money to do outreach and education. "I think we all knew it wasn't going to reach the limited English proficient or the underserved communities. The approach is basically to meet them where they are." Shon e organization has primarily focused on reaching e udiences at Korean churches. Across the state, community workers are going to places such as nail salons, farmers markets black parties colleges, ESL and adult schools, and churches and mosques, according to Covered California.

The East Bay Agency for Children (EBAC) based in Oakland, is one of several East Bay organizations doing outreach to ensure that those who speak limited English know about their new health-care options. Its staff members have attended health fairs and reached out to parent groups at schools, among other places.

But educating people about the Affordable Care Act may take many steps, according to John West development director at EBAC whose staffers speak e combined twelve languages, including Farsi and Mam "For many people, we're finding it's going to take people several times to contact them to actually get them to go through the enrollment process," West said. As of last Friday, twenty EBAC staff members were in the process of becoming certified.

For Shon her strategy was to reach out to the Korean church network. About 75 percent of Korean Americans identify as Christian, she said, and there are about two hundred to three hundred Korean churches spread throughout the Bay Area She and other staff members have been presenting to congregations using a Powerpoint presentation in Korean.

Korean Americans have one of the highest uninsured rates among Asian groups at about 22 percent, according to the Asian & Pacific Islander American Health Forum. Many are small-business owners or work in retail" businesses, which means they have to buy their own insurance or go without. "From what I've gathered, a lot of self-employed individuals and families do not have insurance because they just can't afford it," Shon said.

Shon said she and two other staff members recently completed their training to enroll people but are now waiting for a full background check. Fingerprinting clearance could take two weeks or more, Shon said. "Technically, we've finished the training and got e certificate saying we can do enrollment but because of the background checks, we haven't gotten our final badge saying we can actually enroll people now We're kind of stuck e t that last stage."

Others say there's been a lack of information for the area's most needy populations "I don't think the refugee populations are aware of what is going on," said Zar Ni Mseng, co-founder of the Oakland-based Burma Refugee Family Network. Mseng said us e follow-up interview late last week that they have found someone to do a community workshop about the Affordable Care Act, which they hope will take place this month.

Burmese refugees have been some of the poorest populations in the East Bay in recent years, but things have been looking up some ding to Mseng "New people are getting jobs," Mseng said, adding that many Burmese refugees have found work at places such as restaurants. "Income stability is getting better but [they are] still not fully self-sufficient."

Despite the many problems with the federal Obamacare website, about 150 000 state residents started applications for Covered California during the first four weeks of signups. The state plans to release actual insurance enrollment numbers on November 14. The state also collects language and ethnicity data through the call center and application — but e Covered California spokesperson said they do not release that information.

A slow ramp up, particularly t reach limited English speakers, seems to be the goal. "We kind of see this as a six-month marathon and not a sprint," said Doug Suh, associate director at Asian Health Services, about getting people to enroll. In fact, it will go beyond six months — the grant money to organizations doing outreach including those who need language assistance, lasts through December of next year after the first year of open enrollment.

Though rollout has been slow things seem to be improving. Covered California recently created video ads in different languages, including Chinese, Vietnamese, Korean, and Tagalog. And for folks who want to enroll, there is still some note — December 15 is the deadline to enroll to receive coverage by January 1

Despite the early setbacks the payoff might be huge "I know Covered California is making changes to their certified enrollment entity and counselor process to streamline that," said Ellen Wu executive director of Oakland-based California Pan-Ethnic Health Network. "I think it e great that organizations that service communities of color are a part of that. Once the pipeline gets fixed up, hopefully we'll start seeing a lot of movement." ●



Momo Chang

Ellen Wu of the California Pan-Ethnic Health Network said she's hopeful that the state will speed up the process of certifying enrollment counselors for limited-English speakers.

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Some administrators think the quickest way to increase black enrollment at Cal is to increase financial aid. Stephen Lowenstein

Why Black Students Are Avoiding UC Berkeley

In the post-Prop 209 era, nearly 60 percent of African-American students accepted at Cal are choosing to attend other colleges — often because they feel unwelcome.

By J. Douglas Allen-Taylor

In 1997, the year after California voters approved Proposition 209, which prohibited the consideration of race or ethnicity in the operation of state institutions, black students made up 6 percent of UC Berkeley's freshmen enrollment — roughly the same percentage of African Americans living in the state. The following year, the percentage of black freshmen at Cal plummeted by more than half, and has hovered at or below 4 percent ever since. It averaged 3.6 percent in the five-year period between 2006 and 2010.

"On the campus website, more often than not you'll often find a black face representing some program or other," said American Studies senior Salih Muhammad of Oakland. Muhammad is the former chair of Berkeley's Black Student Union and currently chair of the statewide UC African American Coalition. "But when it comes to walking around the campus those black faces are few and far between. Or, you'll see the 'I Support Berkeley' banners on campus with all these black faces on them but there are more black faces on the banners than there are in many of the classes."

In fact, some students in Cal's science and technology departments — where black students are least represented — said they can go an entire day without seeing another African American.

Yet despite widely held (and stereotype-driven) beliefs about why there are so few black students at Cal, the low enrollment numbers have nothing to do with a lack of qualified African American student applicants. Instead, many black students are deciding not to attend UC Berkeley. According to the latest figures available from the University of California, nearly 58 percent of black students who were admitted to Cal between 2006 and 2010 ultimately chose to go to college elsewhere. In all, 885 of the 1,533 African American students admitted to UC Berkeley during that time period decided to turn down the university's acceptance letters.

According to interviews with current and former students, administrators, and counselors, there are numerous reasons why so many qualified black students have chosen to avoid Cal in the post-affirmative action era. But perhaps the most important one is that many black students say they don't feel comfortable or wanted at Berkeley at a time when a large number of other top universities are actively recruiting African Americans and welcoming them with open arms.

"I have friends that are extremely successful, that were extremely bright, and a lot of them went to Yale and Harvard and Columbia and Stanford," said Nile Taylor of Oakland. Taylor is a 2005 UC Berkeley graduate in political science, legal studies and theater. "You have some top universities that are competing with Berkeley that these students have the option of attending. So why would you choose to come to Berkeley in a semi-hostile environment when you can go to a campus like Stanford who says, 'Come on! We love you! We want you here!' and that offers them added support as an African American student?"

Moreover, a significant percentage of black students at UC Berkeley hold a dim view of life on campus. In last year's University of California Campus Climate Survey — the systemwide questionnaire that measures student, faculty, and staff attitudes on a variety of topics — only 57 percent of Berkeley's African American students said they agreed with the statement "students of my group are respected at this campus." The university's own analysis called this result "the lowest feelings of respect" of all student groups. The low ranking also remained steady between 2008 and 2011, with African American students' feeling of respect on campus scoring 20 percentage points below that of the next-highest student category, Chicano/Latinos, and 25 percentage points below gays and lesbians.

Some UC administrators and many students say that Berkeley will continue to feel inhospitable to African Americans until Cal can boost admissions to reach a so-called "critical mass" of black students on campus. Gibor Basri, UC Berkeley's vice chancellor for equity & inclusion, has been advocating for the creation of new financial scholarship and aid programs at Cal designed specifically to attract African American students, while others associated with the Berkeley campus believe the answer lies with the university giving better support and funding to the diversity programs already in place.

The problem of low black-student enrollment also is not confined to Berkeley campus: it's considered by UC officials to

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be a statewide issue. Just last week, new University of California President Janet Napolitano said at Oakland Technical High School that her office would be initiating a new push to recruit more ethnic minority students into the UC system: "I'm not sure our doors are open wide enough," the Bay Area News Group quoted Napolitano as saying. She added, "We're going to do more of that while I am president."

But there is little doubt that if university officials fail to implement such reforms, then UC Berkeley — widely regarded as one of the most progressive campuses in the nation — will continue to feel unwelcome to many high-achieving black students.

The number one reason that I hear" from black high school seniors opting out of a Cal Berkeley acceptance "is that they picked a historically black college" instead, said Oakland Tech n Marsha Rhynes, a longtime high school English teacher in the Oakland public schools. "The top black kids at Castlemont last year almost all of them picked [historically black colleges or universities]. That was the way we admitted to one of the UCs. But they wanted a smaller, nurturing environment."

Rhynes, who is African American, is well qualified to understand the problems of black students at Cal. Both she and her daughter are UC Berkeley graduates. In addition, Rhynes has served on an admissions reader for Berkeley — one of a group of local educators selected to read student admission applications and make acceptance recommendations to the university. Rhynes has also served as a de facto college admissions counselor at both McClymonds and Castlemont, the two largely black Oakland high schools she worked at for several decades before transferring to Tech this year.

Rhynes said that many black students also decide not to attend Cal because the school has rejected numerous high achieving black student applicants over the years. "When your top kids apply to Berkeley and they don't get in, it sends a message to the others," discouraging them from accepting placement at Cal or even applying, she said.

Rhynes added that while she thinks black high school student opinion about UC Berkeley may be improving, she said "There is a sense of isolation at Cal from African-American students who are attending that campus that gets articulated to students who are applying to Berkeley."

Basri UC Berkeley's vice chancellor for Equity & Inclusion said the low opinion that black students already enrolled at Cal have of the university is "an ongoing disappointment and a call for action — a disappointment for the university and for the students."

But he said he understands the reasons for the students' attitudes. "Not feeling respected has to do with inclusion in part," Basri explained. "And so if you're the only person in your class that is African American, for example, it's going to be hard to feel comfortable. The same is true in the faculty arena. A lot of the departments don't have any African American faculty. If they do, then it could be one or two people, except in certain arenas where people are concentrated and the students are also concentrated in certain kinds of majors and kind of absent from the broader spectrum of what's offered here. So it's a combination of not having enough folks around and also the uncomfortableness that comes when people intentionally — or usually unintentionally — do something that makes you feel more uncomfortable. That's the issue."

What Basri diplomatically calls "do[ing] something that makes [black students] feel more uncomfortable" is more often referred to by another term by the students themselves. While Cal still continues a well deserved national reputation for progressive activism many African American students complain of a lingering undercurrent of anti-black racism on campus.

Several students interviewed for this story pointed to two of the most widely publicized recent incidents of anti-black hostility at Berkeley: last year's infamous noose lynching, in which Theta Delta Chi hung a figure of a zombie (or a figure of a black person depending on whom you ask) from the window of its frat house across from a dorm full of black freshmen on part of a Halloween haunted house party, and the 2011 Berkeley College Republicans-sponsored mock "Diversity Bake Sale" in which white students had to pay top price for pastries while African Americans and Latinos were offered steep discounts.



Nearly 60 percent of African-American students at Cal hold a dim view of the university Stephen Lee/metro

Several students also reported instances of anti-black racism at Cal that didn't make the news, isolated incidents of being called "nigger" by white students while walking across campus or what can only be described as racially insensitive statements by some white professors. "Things like that, when I feel like I'm confronted with a lot of those kind of comments and stereotypes from different people on campus, it just makes it feel like black students must not be respected at Cal," said economics major Evan Bell, who is African American.

Some of the lack of respect for black students — in some circles at least — appears to come from an assumption that African Americans got into Cal for some reason other than academic qualifications, even though it's been a full sixteen years since the passage of Proposition 209 ended affirmative-action admissions. And some black students — because of the false assumptions made about them — feel as if they have to provide extra proof that they have the skills to compete at the school.

According to Nungah Dugas, director of Cal's African American Student Development office, these false assumptions about black students are more than mere resentments. They can impact black students' ability to complete their coursework. "A black student might be in a science course," Dugas explained "and the professor says, 'Okay everybody has to have a study group. Nobody picks them for a study group. They first have to show that they can get an A before they get selected."

Student activists and university officials alike said these problems could be solved by bringing in a larger percentage of the qualified black high school student talent pool to Berkeley. To accomplish that, they talk of the need for creating what both sides call a "critical mass" of black presence on campus — a sort of tipping point, to which the image of UC Berkeley would switch from being indifferent to friendly to black students.

In a friend-of-the-court brief filed in the University of Texas affirmative action case that came before the US Supreme Court this year, the UC president and campus chancellors argued that "whether a given institution is able to achieve a 'critical mass' of underrepresented minority students has a direct relationship to whether the campus enjoys a healthy racial climate" adding that "where critical mass is not achieved the campus racial climate is likely to be significantly less hospitable to minorities."

But how many African American students would it take to reach such a critical mass? Noting that close to three-quarters of UC Berkeley's Chicano-Latino students feel respected on campus with a population of some 15 percent of the university, Vice Chancellor Basri said that "if the number of African American students were doubled [from the 3.5 percent enrollment figure in the fall of 2011] that would perhaps move into that realm of comfortableness instead of where they are right now. So critical mass for African American students at UC Berkeley might be 2,000 students, or something like that."

That would put African American enrollment on campus well above its highest number of 1,363 in 1998, when the last of the pre-Prop 209 student population was still present.

Basri argues that "the most quick and effective way" to convince more black students to attend Cal and allow the campus to reach critical mass is through "more financial aid. A lot of those students who are qualified to come to Berkeley are also qualified to go to Stanford and Harvard and so on. And those institutions have a tendency to offer more financial aid," to many instances, in fact it can be cheaper for students to attend private institutions like Stanford or Harvard than public universities because of the financial aid those colleges provide.

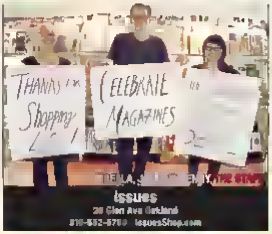
Basri said that another way to increase the numbers of African Americans on campus is to create a scholarship program targeting those students something he said is already in the works. "It's not illegal [under Prop 209] to have a scholarship program that is targeted at a given race so long as the overall financial aid situation is not preferential," the vice chancellor said, adding



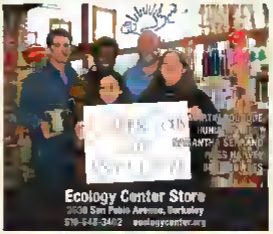
Undergrad Salih Muhammad said Cal markets itself as being diverse but it is not. Stephen Lee/metro

Think indie

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that an alternative approach would be to turn to private foundations to run the black scholarship program "outside of university purview. The best solution would be to establish an endowment from which could be spun off enough scholarship money so that we could augment CalGrants and so on for African American students by three or four thousand dollars a year for fifty or a hundred students. That would probably do it."

Others concerned about the low numbers of African American students at Cal believe that some of the solutions to the problem are already in place, and only need greater backing from the university. Almost all the African-American students interviewed for this article feel that two existing Berkeley programs have to be both maintained and significantly strengthened: the African American Student Development Office (AASD) and the Black Recruitment and Retention Center (BRRC).

The AASD is situated in a tiny room in the Cesar Chavez Student Center but its importance to black students on the Cal campus can't be overstated.

"At most probably eight students can fit in there at one time," said Naomi Wilson, who worked as a freshmen counselor at AASD. "All of them going into this one little cubicle of a room trying to get advice on academics — trying to get advice on life, trying to get personal advice, spiritual advice. That is our cultural center. That is our psychology center. We go there for all of our needs."

Wilson added that some of the non-African-American specific programs on campus "are welcoming, like, 'You can come in here, it's fine if you come in here' but the African American Student Development Office, the culture in there says 'You're supposed to be here. You belong here. We want you here.' [It is] inviting in such a way that allows to take pride, again, like this whole notion of pride and ownership over a space."

AASD was the first of Berkeley's multicultural student development centers, created by black students in 1969 because of the high dropout rate in their ranks at the time — which was above 50 percent. Twenty-five years later, African American students at Berkeley have a retention rate in the mid-70th percentile. AASD plays a large part in that dramatically increased black student retention students say.

"There were times when I wanted to drop out of Berkeley, myself, for personal reasons," Wilson said. "But then talking to Naingah [Dugas], I kind of knew that I had to be here, not just for myself and my family but for my community as well. Miss Naingah is like the guidance counselor for the whole Cal black community. I swear. Everybody goes to her for all their issues, from personal life to academics to issues with students or issues with their professors."

Dugas explained that her office has two focal areas: "academic retention, which focuses on academic support and development, and then social and cultural retention that focuses on leadership development, cultural awareness, support for one's identity and experiences."

"All the research says when a person feels like he or she belongs, has a proper support, and their cultural identity is respected, the more likely they are to stay," she continued. "There are a few more things like financial resources, but those are the things that keep students here."

The number of students served by AASD is impossible to determine, as services by the office can range from direct intake work to students using the office as a check in point to find out about various campus activities. Everyone interviewed for this article agreed, however, that the space provided in the AASD office is not large enough to accommodate the numbers of students who sometimes assemble there. "A lot of office hours in that space where students are there to build community," Dugas said. "Part of building community is to be in a space, to be able to network, to fellowship. And there's not a lot of black spaces. There're not centers and spaces where black students can just go and be together and network and get to know each other. So the office serves as a hub. It's not big enough. Sometimes I just have to remove myself as they can have that space. Because really, that's my office, but it's become seen like a safe community space."

While AASD has eight student workers, Dugas is the only professional staff member — not nearly enough for the program's needs and scope of operation.

Adding more staff members and putting them in a larger AASD space also could go a long way toward helping retain the African-American students already at Cal as well as giving them reason and ammunition to be word-of-mouth recruiters for more black students. Meanwhile, finding more ways to support the student-run Black Recruitment and Retention Center could be a direct benefit to increasing the number of African-American Cal applicants.

Funded partly through the Associated Students of the University of California (ASUC) the Black Recruitment and Retention Center runs a year-round recruitment program for African American students in high schools throughout the state, as well as operating social activities for those same students once they enroll at Cal.

Cal undergrad Destiny Iwuoma, BRRC's Northern California coordinator, said "there are students on campus who are literally hungry to recruit black students" to Berkeley "but Cal has to show that it both wants that recruitment and wants more black students.

"I think one of the problems is that a university doesn't believe it benefits by having more black students here who are not athletes," Iwuoma continued, adding that while the campus admissions office is "cordial" to the BRRC efforts more than that is needed. "I feel like a better relationship needs to happen," he said. "They know we do recruitment. They know we go to high schools. They give us materials. But I want to hear from their mouths that they actually want more black students here, and this is what we can do to get them here. The university has money and the students have the energy and the personal relationships with the students and the high schools. If I work with a group of students that I can tell what they need to get into the university and the university is backing me on this and I have client and I can say, 'If you do the work and meet the qualifications, I can help get you into UC Berkeley,' then I can actually advocate for those students. I can get students into Berkeley. But I need the administration to work with me on that. It needs to be a cooperative effort."

Iwuoma said that the university admissions office "should be building a pipeline to certain schools" in order to increase the pool of qualified black students applying, being admitted to and succeeding at Cal. "What I would do is have UC Berkeley have annual type of partnership with some of those schools that would groom students to compete and be eligible for UC. And we should be doing it at the freshman, sophomore and junior level. Most of the time we're targeting seniors and by that time, it's too late for them to prepare themselves."

Earlier this year — to its ruling on the questions of race in admissions at the University of Texas at Austin, the US Supreme Court established a slightly higher hurdle for college affirmative action programs to reach in order to improve diversity at their schools. And this fall, the court heard arguments concerning Michigan's anti-affirmative action law, which closely resembles California's Prop 209. The high court is expected to rule on that case next June, with most legal observers believing that it will most likely further tighten restrictions on affirmative action programs.

Yet surprisingly, some African Americans associated with UC Berkeley are perfectly fine with that, as well as with the widespread assumption that affirmative action is unlikely to return to California colleges and schools.

"I got into Berkeley on my own," said Nile Taylor, who entered Cal three years after the ban on affirmative action began. "I didn't get in because they had to meet a quota. I got in because my application was good enough to get into Berkeley. Part of the stigma of people who get in under affirmative action is one, they only get in because of affirmative action — that they're not considered to be good enough otherwise — and two, I think affirmative action is a Band-Aid. I don't think it's a solution."

Disclosure, Nile Taylor is the daughter of the author of this article.

Editor@EastBayExpress.com



Stephen Lewisohn

If UC Berkeley — widely regarded as one of the most progressive campuses in the nation — fails to implement reforms, then it will continue to feel unwelcome to many high-achieving black students.



Some black students say Cal needs to better support and fund programs already in place. Stephen Lewisohn



James Beatner (aka Clean-up) hopes to write a book about how he's survived on the streets

CULTURE SPY

STREET STORIES WITH A GLOBAL REACH

A new storytelling project helps a homeless West Oakland man get off the streets and write his memoir

By Katie Tandy

Last April, German filmmaker and raconteur Jonathan Rutsch decided he wanted to create a multimedia storytelling project, but he wasn't sure where to start. His dream was to leverage his global network of artistic friends into a collaborative, cross-cultural endeavor that would bring together street art and video interviews, offering local stories with a global reach.

Soon he and fellow German filmmaker and editor Katharina von Seldern came up with an idea called Sidewalkstory a project that would collect "street-level" tales and share them with an international audience. The idea is to paint a stenciled portrait on the street coupled with a QR code so that anyone can scan the code and have a video interview "pop up" on their smartphone. The image is also designed to be downloadable from Sidwalkstory's website so people can print the image and paste it anywhere to spread the story.

"Sidewalkstory is about building bridges between people you see every day when you're walking to the subway or the bus station, but you never understand why they're in the streets," said Rutsch. "They may be homeless or refugees or immigrants. And many people are afraid of asking them about it or even talking to them."

Oakland artist and teacher Kate DeCicco, who's friends with Rutsch, was working on a mural last April at San Francisco's Leadership High School with her students and Yesoka — a visiting painter from Oaxaca, Mexico — when inspiration for the first Sidewalkstory subject struck. "Yesoka came here to Oakland and was really surprised," DeCicco said. "From the outside, the US is this image of capitalism and consumerism … and then she got here and the streets are flooded with your people pushing shopping carts. That dissonance was profound … and that image of the shopping cart seemed to carry new significance."

Rutsch decided that Sidewalkstory would first showcase someone from Oakland, a city that helps depict "the other face of the US," he said — the reality of more than 600,000 homeless nationwide that's so often eclipsed by ubiquitous images of American plenty. DeCicco immediately thought of James Beatner better known as "Clean-up," a gregarious, homeless dandy whose wisdom and dogged dedication to tidying the streets of his neighborhood in West Oakland belied his seemingly hopeless situation.

"I knew James," said DeCicco. "He's super friendly and he had seen some of the other things I've painted in the neighborhood, so I approached him and asked, 'Has anyone ever painted you? Would you be interested in something like that?'"

DeCicco said Beatner was intrigued by having his portrait painted, but was wary about an interview. He wasn't interested in sharing his life with strangers; he wanted to make sure his supervisors weren't explained or squandered.

"We went to Oakland and started talking to Clean-up about the project," said Rutsch. "He was very happy and excited about it, but when we showed up with the cameras, he wasn't sure. He told us that all he has left are his secrets of survival. All he has are his stories. He was very proud and said, 'I think I want to write a book.'

We said, 'Okay we want to help you. Let us do a video and we can tell the people about your idea and maybe find supporters.'"

"One of things about being homeless is that people assume your life is 'public' because you live on the streets and your life is on visible … but that's not right," added DeCicco.

Rutsch said they essentially "struck a deal" — Beatner agreed to be interviewed for Sidewalkstory of DeCicco and Rutsch would help rally the financial support to get him off the streets and his stories onto the page.

So in September they launched a Kickstarter campaign to get Beatner into housing so he could work on his book. Rutsch said they wanted Beatner to convince people to help him in his own words. The end result is more compelling than anything DeCicco or Beatner could say on his behalf.

"Basically, what's from on my heart and mind is to write a book about how the homeless live … and it starts with me," Beatner says in his Kickstarter video. "How I have survived … it takes money to be able to have a place to stay and I am talking about a palace or no castle, just a place that I can be able to sit and think and create my book and tell people how things are. It's not easy." The campaign ended up exceeding its $7,500 goal by $2,598.

Meanwhile, a portrait of Beatner — which is at once chaotic and meditative — now resides at 24th and Magnolia streets in West Oakland, but it's also spread to Vancouver, Berlin, Portland, and Mexico. Sidewalkstory allowed Beatner to share his story on his own terms in a medium that reflects his own life.

"Street art happens right where you are — you don't have to go to a gallery or a museum to see it — it's happening right in your life," said Rutsch. "Sidewalkstory will not only make his story accessible, but there's a little globalization in there. If the people in Mexico are helping to spread the story of Clean-up … next time the people from Oakland will spread the tale from people in Mexico."

Rutsch laughed when reflecting on how the project has evolved. "The plan was never to collect money for a homeless guy," he said. "We just wanted to do street art together with him. But be a an impressive storyteller. And we don't want to just give him money — we want to get him housing and help him get his idea done."

Although the money has been raised, it's not yet in the hands of the organizers. "We got the money from the campaign but we don't have it yet," DeCicco explained. "… It takes time from when the money gets raised to being able to actually access it — and explaining how the system works to James has, at times, been a challenge.

"I think being so close to getting off the streets is energizing him, but the bottom line is he is a senior citizen with really bad feet outside in the cold. We have great faith it's all gonna work out … just not *immediately*."

DeCicco said by the time this story is published, however, Beatner should be transitioning into temporary subsidized housing, with something more stable and permanent on the horizon.

"Really, the only thing that matters to me right now is getting him inside with his voice recorder, so he can begin strategizing how to get his stories onto the page," said DeCicco.

"I've been thinking about writing a book for a long time," Beatner said in a recent interview. "I hope you enjoy it when it's finished!" ●

Editor@EastBayExpress.com

Janus Networks

Online videos are growing in popularity

The Pew Research Center recently published a report on the increasing video consumption and production habits of the American public. The full report is below:

pewinternet.org/Reports/2013/Online-Video/Summary-of-Findings.aspx

Among other findings the following stand out:

- 78% of adult internet users watch or download video
- 57% watch comedy videos
- 56% watch how to videos
- 50% watch educational videos
- 50% watch music videos
- Unsurprisingly given current tech trends, mobile access is increasing
- Many people want a video of theirs to go viral

How can you leverage this information for your business? First of all if you don't have a promotional video for your company or one of your products you should consider producing one. Second, it's probably better to produce a funny video or tutorial than a traditional commercial. Third, try engaging your audience as creators – upon our a contest where the winner's video gets showcased on your website.

Next week, we'll discuss some options you have for producing a video for your company.

By Sharon Campbell

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EVENTS&ATTRACTIONS

Radiolab Goes Apocolyptical

On its nationwide tour, the public radio show *Radiolab* explores the topic of endings.

When Jad Abumrad first packed up *Apocalyptic Planet. Field Guide to the Everending Earth*, Craig Childs book about the extinction of dinosaurs and reptiles, he was totally uninterested. "I figured I had learned this in eighth grade like everybody else," said the co-host of WNYC's Peabody Award-winning program *Radiolab* in a recent interview. But he was surprised by what he read. "The extinction may have been way more violent and sudden than we expected."

Abumrad and his co-host Robert Krulwich generally explore topics related to science, philosophy and the human experience using storytelling and music, and the book got them thinking about the subject of how things end. They began searching for stories around that theme and "kept attracting things that were really visual," said Abumrad. "Most of the stories we do are very radiophonic and play to the eyes in your



Radiolab's Robert Krulwich and Jad Abumrad on stage

head, but we actually wanted to show people this."

So for the fourth time they decided to take their program on tour. Titled "Apocalypse," the show is stopping in 21 cities across the country including Oakland, where they will perform at The Paramount Theatre (2025 Broadway) on Tuesday, November 12, and Sunday, November 17.

Beginning with an extended re-envisioning of the moment when the dinosaurs died, complete with giant, dancing puppets, video, and music, the show goes on to explore endings of all kinds from many different angles, including an examination of how death entered the world chronically speaking. Featured performers include comedian Reggie Watts, Brooklyn based composer and filmmaker Sarah Lipstate and Wilco drummer Glenn Kotche.

Abumrad himself has usually shied away from the spotlight. "I'm perfectly comfortable to sit on a little booth and talk to people that I can only imagine in my head," he said. But he finds the live shows exciting because he loves seeing something instantly knocking an audience reeling. "When you feel 3,000 people leaning in to what you're doing, it's no acting," he said. "This is the closest we'll ever get to that classic campfire thing, the most primal beginning of storytelling."

He also enjoys having the opportunity to see who his audience is. One time he met someone who had listened to the show while flying as F-14 fighter jet. "It's a cool thing to throw the people on the other side of the box," he said. "You understand how this stuff is living out in the world and it's never the way you expect."

8 p.m., $37 $148 Radiolab.org or ParamountTheatre.com

— *Zainab Mohammad*

ATTRACTIONS

Art Bug | The Work Berkeley Design Loop hosts the Kala Art Institute mail art exhibit around the various Design Loop locations, a free participants can find artists specializing in glassware, sculpture, photography, weaver, and decorative fine. In collaboration with local merchants. Fri., Nov. 8, 8 p.m. Kala Art Institute Gallery, 2990 San Pablo Ave., Oakland, 510-644-7000, kala.org.

A Tribute to Local Scholars, Valentine's Day celebration to salute both the Valentine and Kay Area homefront beehive has supporting Richmond's vital role in war time history. Features the redevelopment of the Rosies Left, a memorial flower tree, seats of the mouth, and famous artist testimonial. Mon., Feb. 11, 10 a.m.-1 p.m., Rich Red Oak Valley Bldg., 1337 Tower Ave., Richmond, 510-237-2261.

Festival #10 @ Rivenwalk Look through telescopes to see Uranus' 30th. Sat., Nov. 9, 4:30-6:30 p.m., 48 percent drone, sun. $3 lib members. Lawrence Hall of Science, 1 Centennial Dr., Berkeley, 510-642-5132, lawrencehallofscience.org.

Eco-Artisan Left + Artisans: Expo Featuring Latin American artisans. Showcasing artisan crafts: sewing, knitting, crocheting, embroidery, weaving, and more. Including jewelry, purses, scarves, and fine food production and multinational exhibitors. Wednesday, and more. Sat., Nov. 10, 10 a.m.-3 p.m. Richard Park, 3300 Macdonald Ave., Richmond, 510-231-3004 C. Richmond Ca. Lib.

Festival of the Pumpkin PLACE for Pumpkin Carving, in collaboration with Oakland's Golden Gate Pumpkin in celebrating a re-imagination of the public members, with carved pumpkin growing including jupiter installations and a community street mural project. Sat., Oct. 3, 11 a.m.-5 p.m. Sun., Oct. 4, 11 a.m.-4 p.m. Festival Space & Sanctuary Complex, Festival Skyline Blvd., Oakland, 510-536-7373, thefestivalspace.org.

FAIRS, FESTIVALS, & FIESTAS

LIBELLA Love Seattle/Oakland, every other evening short films from the Bay Area and beyond. Sun., Nov. 10, 3 p.m., $8. The New Berkeley Cinema, 2124 24th St., Oakland.

Jack of All Beatnik Market behind Oakland, Oakland. Learn about Pioneer Indie shoppers, artisans, antiques, artists, start-ups and much thought together in the Oakland inland less. Sat. and 9, 11 a.m.-4 p.m. Sat., Dec. 14 11 a.m.-5 p.m. Jack Dreams Square, 98 Broadway Oakland.

HEALTH, WELLNESS, & SEXUALITY

Do You Sex M 57 Workshop for women experiencing feminism, and trauma in UC culture. Facilitated by marriage and family therapy trainees Shaquia Young and Aurelia Simeon. Sat., Nov. 9, 10 a.m.-5 p.m. $50. The Living Arts Power acting Center, 1285 41st St., Oakland 510-595-5500, www.livingartspowercenter.com.

Breathe Deep Through a series of sessions, sessions, each lesson Oakland, an experience that leads to improved sense Freeman, empathy, has interest, creating greater physical, tension and relaxation. Wed. and 13, 10:30 a.m.-noon, $350/ session. Limited to approximately Center in the East Bay Berkeley festival 1414 Walnut St., Berkeley 510-849-0297 JOEEastBay.org.

Hearing Hay Happy Hour Your Lingerie in Earnest Why not what to pair with that cat suit and how to find exceptionally fun accessories like cups and bra line your customer. Explore the happening Oakland, customer has and the many each for a pair of stockings. Wed. and 13, 6:30-7:30 p.m. free Good Vibrations, Lakeshore 3019 Lakeside Ave. Oakland 510-788-2581 GoodVibes.com.

Parkinson's Disease and the Art of Moving Parkinson's often balance coordination suffering, loosening body breathing, behaving, turning, self-assessing from a bell. To avoid emotional and speech training, pose, breathing, and reading, jointly this, prone stance is attention to pace, rhythm less, festival less. Mon., Nov 13, 10:30 a.m.-noon, $120/festival 10/Creative 5911 Festival St. Oakland, 510-595-9222 JCEastBay.org.

Practicing Urgently He Hopes Are Workshop discussing how to less, with the festival pressure of the holidays, intention weight gain healthy alternative Valentine Asian, Ruth has vegetables, honest for easier intensity, and festival dessert recipes. Sun., Nov. 10, 3:45-11 p.m., free. And Light Meals, 3347 James Luther King Jr Way, Berkeley 510-845-7100, andlightmeals.com.

Sexual Exercise and Learning: What Hinders Success Parent education event featuring Eli Jukes, book speaking about the value of sexual and feminism, education in a child's development. Sat., Nov. 16, 6:30-8 p.m. free. Bentley School, 1000 Upper Happy Valley Rd., Lafayette. **Sexual Management and Nutrition Workshop** by Dr. Jay Bentley to learn a by how-to-date data do network, what for menses are Oakland a th metabolism and how they can menses out of Oakland, how to various basic nutrition a that name your body to also as to fat, and how to eliminate the pain that prevents extreme to. Sun., 9-12 p.m. Berkeley Public Library Jamesand Avenue 2090 Telegraph Ave. Oakland, 510-597-5049, tamalpa.org.

Yoga for Beginners and Intuition Hosted in Jessica Hall of Technique Workshop teaching beginner-based yoga and movement practice, exploring themes of reflection realignment, and trauma. Mon. Nov 11, 7-8:30 p.m. $25 general admission, $20 for members. Jessica Community Center of the East Bay Berkeley Branch, 1414 Walnut St., Oakland, 510-849-0297 JOEastBay.org.

KIDS

Drop-In Art Workshop Random Oakland Afternoon locations, inspired by the attention The free building, mess making greater physical, tension and relaxation. Wed. and 13, 10:30 a.m.-noon, $350/ session. Limited to approximately Center in the East Bay Berkeley festival 1414 Walnut St., Berkeley 510-849-0297 JOEastBay.org.

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PICKS

Bikeapalooza
With the opening of the new Bay Bridge bike path the decision by BART management to allow bikes on trains during rush hour and the installation of new green "super sharrows" on streets in Oakland, it's been a banner year for bicyclists. Celebrate those enormous achievements at the East Bay Bicycle Coalition's annual member party and fundraiser at Ymare Oakland (420 14th St.). Drink beer and wine from New Belgium Brewing Company and Sonoma Imports and enjoy food from Kandesh Afghan Kabob House while local bike heroes are honored with Platinum Pedal awards. Browse through the silent auction items and bonus if fancy new ride, so get it jump on your holiday shopping with cyclists. Finally, gifts like tickets to the East Bay winery bike tour or the "Party for Your Bike" package, which includes a portable speaker and Monkeyelectric lights — *Zainab Mohammad*

Friday Nov 8, 5:30-9:30 p.m.

SALES, SWAPS, PROMOTIONS, & FUNDRAISERS

Frames for River Restoration Fundraiser, go to help Alice Arts Center dedicated to Sewer Stories Talks with the Tentacles, River Restoration Begins. With bake sale and tea, traditional Afro-Cuban-inspired food demos. Sun., Nov. 10, 2-4 p.m. $6-$12. Bidwell Oakland, 2969 Derby St. Berkeley.

Hope is Oakland Bike-a-thon, Grand, Eyes sponsors festival of live artist interviews, dance gathering and beer games. Info zone a. Games and garden activities, less one a to support the Winery Center Foundation a inspired Victory festival Program Sat. and 9-10 p.m. $5-$10 in advance $20 at the door. Berkeley Berkeley Center, 6316 Telegraph Ave. oakland. 510-658-4467 www.telegraphcenter.com/

RELIGION & SPIRITUALITY

Awakened Wisdom: Genesis Applications Rabbi Goldstein, Shamma of the Berkeley will speak about how to let the Buddhist teaches to guide or beloved inner Bedford. She will also to other how the Goldstein, case program. The Path of Liberation: twelve-study and experiential practice of this ancient Shamma to festival a behind a lotion of wholeness. Sun. Nov. 10, 6-7 p.m. free. Thomas Hopkins Memorial, 1245 Highland Pl., Berkeley, 510-845-8612, hphgroup.org.

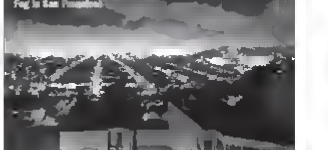


Photo by Andy Black. Courtesy of Sam Green

$45-$90 for members, $55-$90 general admission (includes one-year membership). EBAC.org/filmfogsm

A Cinematic Study of Fog in San Francisco
The Bay Area's most defining weather phenomenon gets a close examination at the Oakland Museum of California's (main Oak St.) new video exhibition, *A Cinematic Study of Fog in San Francisco*. Created by filmmaker Sam Green and cinematographer Andy Black (of *The Weather Underground* fame), the ten-minute video explores how we romanticize the wind, ocean and water systems. It includes interviews with fog geniuses like tourists whose views of the Golden Gate Bridge are obscured, as well as experts like meteorologist Jan Null who explains what fog is. While watching dramatic shots of the fantastic phenomena rolling across the hills, viewers can let the filmmakers envelop you in its misty haze. — *ZM*

Saturday, Nov. 9 through Sunday, June 29, 2014. $15 for general admission, $10 for seniors and students, $6 for youth. MuseumCA.org

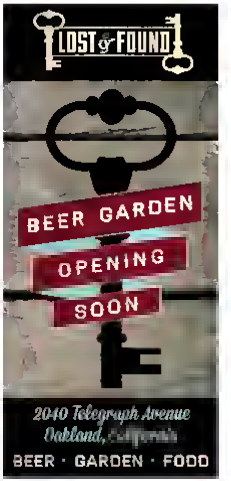
SOCIAL EVENTS

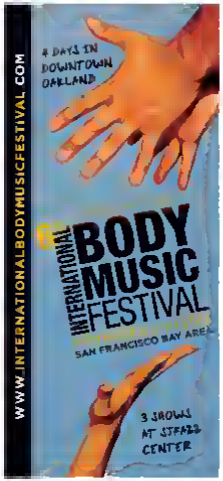
Open House to Unless Oakland neighborhood Alice Hay Network a th UN exposures. Women music, refreshments, and MBART events, flags, and free trees gifts 10 cans. Sat. and 9, 1-4 p.m. Inn. Central a independents living, 2630 Telegraph Ave., Berkeley 510-841-4726 x165

Un-Birthed Cocktail Party Unveiling the hottest component in Oakland's latest exhibit. Enjoy wine and music, free stay for a the planets stars show. Sat. and 8, 8:30 p.m., festival Space & Sanctuary Complex, 10000 Skyline Blvd., Oakland, 510-536-7373, thefestivalspace.org.

SPORTS & OUTDOORS-PARTICIPATORY

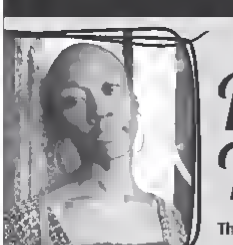
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MUSEUMS & GALLERIES

ART GALLERIES

ICA Gallery *Haunted and materials.* Artists explore the ghostly, magical and unearthly in this exhibit curated by Angie Caldwell. Through Nov. 10. 1652 Shattuck Ave., Berkeley. 510-843-3937. ATICGallery.com.

Shen Gallery *A.G. Hunter.* Selected theater ink on paper and sketches by the artist. Through Nov. 30. free. 2761 Lakeside, Berkeley. 833-846-4643. ArtworkStory.com.

Berkeley Art Studios *Heartfelts.* Cushion show. Traditional-to-digital this exhibition explores the work of several artists who are combining digital technology in their exhibition art making modes (i.e. paint, collage, drawing). Through Nov. 17. free. 1275 Walnut St. (in Live Oak Park), Berkeley. 510-644-0696. BerkeleyArtStudio.org.

Berkeley Center for the Arts *Passages, Vignettes, Presenting the work of five artists and one collaborative duo: Bonnie Zeno, Linda Rosenberg, Marsha Weinstein, Peter Vagliano, Randy Hoenig and Tevis Mallard.* Through Dec. 8. free. 2086 Center St., Berkeley.

Berkeley Public Library *Behind Bars, 4th Floor, Berkeley Public Library Mural Art Show.* Exhibit featuring shaped theater from Berkeley Public Library employees. Theater, paintings, collages, photography, exhibition fine arts, woodworking, and theater. Through Dec. 31. 2090 Kittredge St. Opening: 510-981-6100, BerkeleyPublic.org.

Build Iron Gallery and Shop *Big Things Have Small Beginnings.* Solo show by Gretchen Bankinger. Santos Barrios, Nov. 8-Dec. 4. 1427 Broadway, Oakland. 510-473-5919. BeeDoo.com.

Blackhand Gallery *Blackhand Gallery Benefit.* Exhibition features the offerings and collaborations of Berkeleyans. The show features the works of artists Sheri Moran, Lorna Smith, and Lauren Schwartzberger. Through Dec. 29. free. 2369 Madison, 2H, Oakland. BlackhandGallery.com.

The Bancs Select Jardin Print Art including exhibition of original hand-colored wood-lettered engravings and *The Naturalist's Library*, a series of forty volumes published between 1833 and 1843, edited by British naturalist, Sir William Jardine. Opening reception on Thursday, Nov. 7 from 7-9 p.m. Nov. 7-Feb. 5. free. 1988 Solano Ave. Opening: 510-526-6292. BancsSelectPrints.com.

Gunter Inc. Berkeley Sculpture Gallery *Upstairs.* An exhibition celebrating the work of the artist who has over fifteen years experience in creating colorful art and design possible to construction. Opening reception on Tuesday, Nov. 12 at 6 p.m. Through Nov. 30. 1300 Fourth St., Berkeley. 510-971-7777. BerkeleyArt.com/Berkeley.

Satin Suite Art Space *Lightscape.* Satin Suite's Festival of acrylic on a variety of surfaces, including found object canvases recycled from abandoned furniture. Opening reception on Saturday, Nov. 9 from 12-3 p.m. Nov. 9-Dec. 9. free. 3018 Mandela Pkwy., Oakland. 510-809-2857.

Hamilton Gentle Gallery *Gallery Abstracts: Post-Minimal Abstraction.* Abstract paintings featuring the work of six painters, Lisa Kopenhaver, Helen Lundahl, Joanna Rotenberg, Donna Goldman, Dustan Harris, and Sheri Allen Peters, working within the framework of minimal sculpture minimalist mark-making, pattern, and often an exhibition, an process and materiality. Through Nov. 22. 4961 23rd St., Oakland. 510-595-7684. HamiltonGentle.com.

Hunter Thom Wood, Jr. *At the End of Time, Where We Begin.* A group show featuring photography. Bernadette Ruf, painter Hunter Warren, and multimedia artist Ilsa D. Mee. Gallery free. 411 20th St., Oakland. 415-626-1436. ClassicCatsPress.com.

The Compound Gallery *4 Studios, The Art of Letterpress.* A showcasing the evolving art of letterpress in a technologized age. Opening reception on Saturday, Nov. 9 from 4-8 p.m. Nov. 9-Dec. 15. free. 1407 66th St., Oakland. 510-601-1708. TheCompoundGallery.com.

Claudia Gerola Art Center *Robin Verso.* Highlighting artist books around an narrative works, and their source materials. Through Nov. 7. free. 366 24th St., Oakland. 510-836-2441. ClaudiaGerola.org.

David Brower Center *Awakening Amazon Project Photo.* An exhibition highlighting the collaboration between photographer Richard Bloomer, and landscape architect Kirk Bell/SCAPE. Showing on the economic and political dimensions of these shaped the industrial landscapes of the Mississippi River's "Corner Alley." Through Jan. 29. 2014. Lake Nile Art. **Postmechanical Aperture** An evening of collaborative art-making, an show music, vegetables food, and imagined dimensions. The theme, "postmechanical America," will explore people's relationships with the distributed landscape of the Bay Area and beyond. Sat., Nov. 4. 7-11:30 p.m. $15. 2150 Allston Way, Berkeley. 510-845-1900. BrowerCenter.org.

Berg Aikins Gallery *Birth of Laughing Tofu and Memory Works.* A artist, Laurie Wolf including textile panels which celebrating Christian, Jewish and Muslim body. Through Nov. 15. free. 1798 Scenic Ave., Opening: 510-845-8836. Care-Gift.org/Brad_Aikins_Gallery.php.

PLAID—Pacific Center and Art Gallery. *Psychological Landscapes.* Exhibition featuring photography by Phillip Ringler and collages by Sheryl May Mandelyne. Through Nov. 27. 6-8 p.m. 2095 Calvin St., Oakland. 510-548-8700. ThePlaid-Center.com.

Frank Bette Center *Honoring Indigenous Nahuatl Culture.* Exhibition of the work of Miguel Diaz Cardenas and Ilsa el Popolvuh San Pedro. The Center will set present a short music showcase with the artist. Opening reception on Friday, Nov. 15 and 8-8 p.m. Nov. 9-Dec. 31. 1801 Park St., Alameda. 510-523-0957. FrankBetteCenter.org.

Johnson Lee Projects *Formal.* Lee Two-person exhibition featuring works by Dan Gragher and Stewart Putman. Through Nov. 16. 2300 Telegraph Ave., Oakland. 510-444-4140. JohnsonLeeProjects.com.

Soda Art Institute Gallery *The Dream Tube.* exhibition by artist Karen Wolf who spent a year researching the dream technologies and theater. Through Nov. 12. *The Making Is A Re-Making.* Group exhibition that presents work by artists who use materials from everyday life to generate new worlds. Through Nov. 27. 2990 San Pablo Ave.

PICKS

New Folk Revival

New Folk Revival is an eclectic constellation of mostly small, intricately rendered artistic gems curated by Max Kauffman. The group show, now on view at LeQuiTove Gallery (1522 Webster St., Oakland) features more than forty artists, hailing from all over the West Coast and beyond. It is a simple celebration of the tedious techniques employed by those who can't help but make things with their hands. Half Acre Studies," an ink drawing by Conner Dill, depicts a frail baby bird wrapped in wet feathers within a translucent egg. Meanwhile, Brett Flanigan's painting "Still Alive" offers a surreal topography of the mind made up of distorted geometric landmarks. Other standout artists include Linsey Lewsadal, Troy Lovegates, Hari and Deepa, Yelena James, Jennifer Davis, and Matt Leines, to name a few. Despite the wide variety of statements made in the show there's a discreet aesthetic that pervades every piece — a dynamic distillation of urban contemporary folk culture that leaves with color and wholesale imperfections. These are the



myths, rituals, and deities that we worship as an historical moment of mass culture and spiritual shepherdom. — *Sarah Burke*

Through November 22 at LeQuiTove Gallery. 510-999-1769 or LeQuiToveGallery.com

Berkeley, 510-841-7000, Kala.org.

Kosmerwerk. Telegraph: Museums Exhibit featuring photography by Ray Area artist Rosanna Rosen and a show systems titled *1000x1000x1000 Video Art into the 21st Century.* Through Nov 23. 460 23rd St., Oakland. 510-238-7036, Kosmerwerk.com.

La Peña Cultural Center, Center Photo Thanks, a mid in Action! An interactive team and display the Unit highlight the photography of Lowell Kent (Louis Gregory) Opening reception on Sunday, Nov. 10 from 3-5 p.m. Through Dec. 23. *The Fabric of Women,* exhibition of the work of Jessica Rockman exploring female identity through the material culture women wear. Through Dec. 21. 3105 Shattuck Ave., Berkeley. 510-849-2568, LaPena.org.

MAKAI *Salmon Mid Mark* Solo show by Marissa Painter Peter Adelson Through Nov. 30 from 10 to 5. Oakland.

Noonoo Gallery, *The Scarred In Prairie* Exhibition of new paintings and sculptures by Bend artist Paulette Thomas. Through Nov 9. Hyogen Exhibition of work by Mamoru Gallery artist Ken Watson. Through Nov 9 473 25th St., Oakland 510-268-2335, MamoGallery.com.

Mercury 24 Gallery, *Peramics* Exhibition of ceramics and sculpture and installations by Bay Area artist Leah Morton. Artist's reception on Saturday Nov 10 from 4-8 p.m. Nov 7-Dec. 14. Based on Paper exhibition of paintings by Oakland artist Terryl Gwin. Artist's reception on Saturday, Nov. 10 from 4-8 p.m. Nov 7-Dec. 14, 473 25th St., Oakland. 510-465-7765, MercuryTwenty.com

MILLY Art Center, *Trash The Water the Super-Affordable* Exhibition Group monthly exhibition with interesting drawings and paintings. Opening reception on Saturday, Nov 10 from 12-3:30 p.m. Nov 11-Dec. 23. Susan Brawner *The Work Of Martin* Nonprofit Solo exhibition by water bottle. Opening reception on Saturday, Nov. 10 from 12:30-3 p.m. Nov 11-Dec. 23. 1933 23rd St. Richmond, 510-621-0200, MilkArt.org.

Oakland Art Club, Through Tobias and Tobias 13 Group exhibition featuring the theme of holidays, where people travel, and family. 13. Through Dec. 30. 807 14th St., Oakland. 510-465-2776, OaklandArtClub.com.

Panoramic Traveling. Lines Exhibition of the work of three artists exploring the theme of Museums. Opening preview on Saturday, Nov 7 from 5-8 p.m. Nov 7-Dec. 29. 2295 Grand Ave., Alameda, (510) 865-1818, www.panoramicpresent.com

PHOTO *In the Landscape* Exhibition of photography by Donna J. Watt Through Nov 18. 473 25th St. Richmond, 510-407-1640, PhotoArtGallery@aol.com.

Photo Central Gallery and Workshop. *Still Here We Living in Style* Exhibit by East Bay photographer Sue Reynolds of homeless Native American images. Through Dec. 1. 1309 E St., Hayward. 510-881-4779, PhotoCentral.org.

Quality Gallery Abandoned Group exhibition featuring drawing show on the theme of abandoned. Opening receptions on Friday, Nov 9 from 6-8 p.m. Nov. Nov. 13. 1697 Pell St., Alameda, PeqUality-bodyGallery.com.

Rye Arts Gallery. 2 x 2 Solos: Jacqueline Wood Sandoz Solo exhibition of her new work, curated by Amy Cardenas. Through Nov 15 time. **2 x 2 Solos: Crystal Jolly** Solo Resonance of the new work, curated by E. Marina Isaak-Fernandez. Through Nov 15. Dec. 150. Frank M. Ogawa Plaza Oakland 510-763-4361, PrairieGallery.org.

Resonance Center Bay Area, *Parmachinos* Solo exhibition featuring the work of Salinas-based artist Rebbeca Sanz. Through Jan 31, 2014 Dec. 4314 Hollis St. Emeryville, 510-595-3518 Rubberstamp-madness.

Rethink Cultural Works. Museums Nocere *At Found* veterans art show exhibition curated by Tri Herron, featuring sometimes positives salvage, and ideas by Bay area men and women veterans. Fri. Nov 8 6-8 p.m. Jan. 2013 featuring Jan. museum, 510-595-5760 Rhythmix.org.

Rotunda Art Center. Bella First Royal Jewelry of Oakland artist Bella Akintola's abstractions, the artist's debut and Joann Gass exhibition along with her smaller water Nov Nov and Finals of Rotunda Rotunda by the Bay and her other explorations in of species. Through Nov. 15. See *Found and Fixed* the selected Rotunda featuring steel based Beverly Dent, Bill Hendricks, Kathy Potts Margaret Rodino, Virginia Rigney, Gail Rushmore and Marissa Woodburn, demonstrate work themes in many ways and gives using a variety of techniques. Through Nov 15. Dec. Destination The Art Center's faculty show with exhibition including: mosaics, weaving, fiber arts, screen-printing, painting, sculpture, printmaking and more. Through Nov 15. Jan. 2540 Barrett Ave. Richmond, 510-620-6772, TheRotunda-Artscenter.org

Rue Abbey Print Shop + Gallery exhibition Artist Jess Wehling's and show of new sculptures and an installation. Solomps. Continues Through Nov 28. 6720 Telegraph Ave. Oakland, 510-654-6644, RueAbbeyGallery.blogspot.com

Root Division Gallery. Systems of *(Re)Another* Group exhibition curated by Susannah Magpie-generating Nov artists whose practices interpret, between and speaks, how systems inform reliable, and impact. Through Nov 30 Dec. 4301 Telegraph Ave. Oakland. 415-896-3641, RootDivision.org/Gallery.com.

San Pablo Art Gallery. *Our Veterans* Pella Ings, prints, photographs, found media, and memories of a those who are native to and by women who are. Opening the Alumnae Works by three associates, Nonee Kastell, Cecilia Wicker, Norma Tool, and John Kastell Through Nov. 10, 12-4 p.m. Jan. 13631 San Pablo Ave. San Pablo 510-620-6777 CLosed on Friday and.

SLATE *contemporary: Cecilia Imm. Chastey* Solo exhibition by the inner featuring based new works from 2013 Group an architecture photography of the Second Public Library. Through Nov 23 473 25th St., Oakland, 510-336-6668 Slatebayarea-Design.com

Studio Grand. Yard Sale Sale exhibition by artist Yard Sale, who trades Themes and images from the Museum of Modern Art (Decline/Obliviscence history and current. Iconography of General Oakland culture.

Through Nov 15. Dec. 3234 Grand Ave., Oakland, www.studiograndoakland.org.

Toussaint-le Gallery *Indisputable Still Life Group* exhibition by Pablo Neruda Anderson Andrew Sand Emily Heller, Ruth Santos Weaver Hiser and John Hansen Through May 18. 770 Pablo Grand Ave., Oakland. 510-682-3123, TheToussaintGallery.com.

Traprock Contemporary Any Rockman The Bay time artist's eighth solo Rosanna Nov. Under 11. 3615 Grand Ave. Oakland. 510-332-1264, Traprock.com.

Vessel Gallery. Rosanna Rosen *The Human Form, Humanity Group* exhibition exhibiting the first 9 years of Vessel Gallery. Through Dec. 14. 473 25th St., Oakland.

Worth Ryder Gallery Open Loop UC Berkeley's 2013 annual faculty exhibition where Nonee artist-laboratory have opened up their practices to found general inspired steps of their exhibition on art. Through Nov 9. 118 Kroeber Hall, Berkeley 510-642-2562.

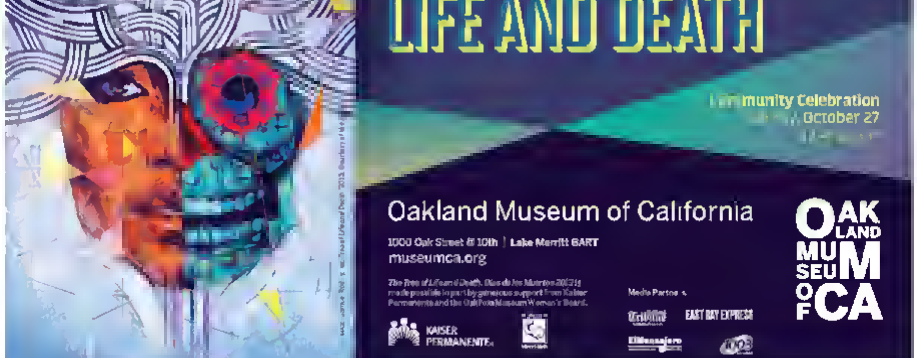
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MUSEUMS

African American Museum and Library at Oakland, 2613 Oakland at Black Brits A based on African American pioneers and pioneers at the World, in collaboration with the museum Elma Stanley Association. San., Nov. 9 11 a.m.-5 p.m. 659-1440 St., museum 510-637-0300, oaklandhistory.org/AAMLO.

BAMPFA. *Modigliani Encounters* An based which puts the sheer work of Yang Fudong in better dialogue with exhibition Modigliani paintings. Ten additional paintings, in chronological harmony, are displayed together with Fudong's seven-minute single-channel video *The Half Spinning Pine (2005).* Through Feb. 2. 2990 Center, Berkeley. 510-642-0808, bampfa.org.

Berkeley Museum of California. Above and below: *Stories From Our Changing Bay* National New Deal Cultural Heritage and Finance Recent have moved together new time as shops and temples, the land and water around the San Francisco Bay and engaged viewers as discussions center the Bay's future through the use of oral histories community voices, and interactives. Through Feb 23 2014. *Peter Stackpole: Bridging the Bay* Stackpole-cast guest graphs chronicling the original San Francisco-Oakland Bay Bridge and likewise Gate Bridge construction in the 1930s by American photographer Peter Stackpole. Through Jan 26 2014. *The Alumnae of Works* Exhibit of ventures displacement from the collection of Information San Francisco three the May Through July 8, 2014. *The Rise of Life and Death: Dias de los Muertos 2013* Art Basement building community by nine visual based recognizing traditions of remembrance Hierarchies between humans and Mexico each of this world and in the afterlife, exhibit honorific Mexico's as endangered and Mexico species, and other related topics. Through Dec. 8. *Hand Times in the 20 Revolution in the Photo* of the 2008 recession in Orange General Through Apr 27 2014. Free with museum admission. Bay Mexico. Oakland *San Francisco Bay on Film* Selection of film from the Pathéger between harmonic and Mexico each of this world and in the afterlife, exhibit honorific Mexico's as endangered and Mexico species, and other related topics. Through Dec. 8. *Hand Times in the 20 Revolution in the Photo* of the 2008 recession in Orange General Through Apr 27 2014. free with museum admission. Bay Mexico. Oakland *San Francisco Bay on Film* Selection of film from the Pathéger between harmonic examining how the San Francisco Bay and the surrounding region has been created on film by amateurs, professional and exhibition census people. Nov 9-June 29. *A Crescendo Study of Fog on San Francisco* Acclaimed Oakland painter Sam Green and cinematographer Andy Kolmar present a vision each based on their ongoing collaboration of fog. Nov. 9-June 29. OMCA Silverman Series Days of the water Evaluating water from the 19th Annual Night of the New exhibition, the Rise of Life and Death: Dias de los Muertos 2013, presenting examples of their work and discussing the fusion of Mesoamerican and Native with themes in the Gallery of California Natural museum. Sat. Nov. 9 1-2:30 p.m. $15 general admission, $10 for students and Alameda, 26 for youth. 1801 Oak St. at Lincoln. 510-318-8400, MuseumCA.org.



Mental Health Services Directory

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Counseling With Todd

License Type: Licensed Marriage and Family Therapist (MFC #52268)
Location. 3179 College Ave Berkeley 94705
Phone: (510) 686 3390
Email. Todd@ToddHarveyMFT.com
Website..ToddHarveyMFT.com

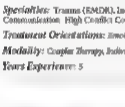
Couples: Does your pa[illegible]ner not get you? Using IFT I focus on shifting the culture of your relationship into being a safe place for both of you to get your legitimate emotional needs met!
Individuals: I help people navigate painful life situations and re write their emotional blue-prints so they stop setting themselves up for similar challenges in the future.
Trauma: I use EMDR to help people clear their traumas and calm their hyper-activated nervous system.

Specialties: Trauma (EMDR), Individual Depth Therapy (Relational Psychodynamic Therapy), Couples Counseling (IFT, Communication High Conflict Couples, Premarital Counseling, Men who might not Believe in Counseling)

Treatment Orientations: Emotion Focused Couples Therapy, Relational Psychodynamic Therapy, Attachment, EMDR

Modality: Couples Therapy, Individual Therapy, Trauma Therapy/EMDR

Years Experience: 5



Psychotherapy with Ron Fox

License Type: Licensed Marriage & Family Therapist (MFC# 22194)
Location. 1806 Martin Luther King Jr. Way, Suite 4 Berkeley, 94709
Phone: (510) 423-0645
Email: info@ronfoxphd.com
Website: www.RonFoxPHD.com

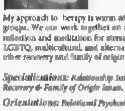
My approach to therapy is warm and supportive, affirming the diversity of experiences of individuals, couples, families, and groups. We can work together on a range of issues including: self-esteem and creativity, anxiety and depression, self reflection and meditation for stress reduction, pause in growth and self-discovery: intimacy and sexuality in relationships; LGBTQ, multicultural, and alternative relationships and family concerns; and ACA, co-dependency, abuse, substance, and other recovery and family of origin related issues.

Specializations: Relationship Issues, Anxiety & Depression, Stress Reduction, Creativity & Self-Expression, Life Transitions, Recovery & Family of Origin Issues.

Orientations: Relational Psychodynamic, Humanistic, Experiential, Holistic.

Modality: Individuals, Couples, Families, Groups

Years Experience: 26+



Effective Psychotherapy with Jaime Nisenbaum, PhD.

License Type: Psychologist (PSY #23623)
Location: 2000 Hearst Avenue, Suite 205, Berkeley, CA 94704
Phone: (415) 516-6244
Email. Jaime@jaimenisenbaum.com
Website: JaimeNisenbaum.com

In my practice, I see individuals and couples who bring to a wide variety of issues and concerns including depression, low self-esteem, general and social anxiety, trauma, reflexivity, intake and withdrawal, anger management, and relationship issues (communication problems, lack of sex and intimacy). I work collaboratively with my clients to address these issues using effective psychotherapeutic models and tools, and specialize in providing a safe, confidential, non-judgmental environment.

Specialties. Relationship issues (communication, parenting, sexual, intimacy), depression, anxiety, trauma, anger management, addictions, therapy with men

Orientations: Psychodynamic, Cognitive-Behavioral Therapy (CBT), Experiential (Somatic and Expressive Arts Therapy)

Modality: Individual and Couples

Years Experience: 15+

Spotlight on Mental Health

What do you do in music therapy?

By Juliane Kowski

"What do you do in music therapy?" This is a question I am being asked almost every other day and I go to great lengths trying to explain how it works.

Imagine a child feeling anxious overwhelmed and down because school is just so hard. The struggles with academics seem endless. Yet the child is creative and musical. With a variety of instruments (percussion xylophones marimba phones drum set piano, guitar flutes shakers, boom whackers sounds/synthesizers) we create improvisational pieces and songs that express a wide range of themes, emotions struggles and solutions in a symbolic way to assist a child in expressing what is troubling, regain control and develop coping skills.

Imagine a child struggling with a traumatic experience or a loss that stops them from feeling happy like their peers. They might have focus problems nightmares and suffer from flashbacks. The non-verbal medium of music provides a less direct and sometimes less threatening medium for a variety of opportunities to reach into the right part of the brain where traumatic experiences are processed. This process can help the child express the "unspeakable trauma" in sound, which can then be verbalized and reintegrated with control afterwards.

Imagine a child struggling with the social aspects of life- no friends but they are incredibly bright. In music therapy they play music and are interacting all the time with a supportive, immediate feedback loop contained in the fun structure of music.

Imagine a girl in 7th grade trying to navigate school, peers and her own internal emotional roller coasters. She doesn't want therapy! But maybe she always wanted to learn how to sing? With the combination of voice skill building and therapy feelings come up that teenagers struggle with. It is a more indirect way to address issues and work out solutions

As a masters trained and board certified music therapist I use music as a therapeutic medium with children adolescents, their families and adults who are effected by trauma grief and loss to address depression, anxiety, social impairments, attention deficits, impulse control and self esteem issues. That includes playing (making up) music using a variety of percussive and harmonic instruments, singing familiar songs, writing and recording music and listening to music. It is a non-threatening, age appropriate and enjoyable way to engage children and adolescents who might be resistant to more conventional forms of therapy. You don't have to be a musician in order to participate and benefit from this process

Music Therapy has been an established, evidence based effective treatment modality in hospital settings school programs agencies and private practices across the country.

We all use music to our daily "ups and downs" of life- to calm down, to get amped up, to de-stress or just to be sad. Music goes beyond words and often accesses parts of us we are unaware of and if used properly opens doors to insights. When these insights are supported, guided and processed appropriately it can lead to improved social and emotional functioning. The act of creating music involves many brain functions and can therefore connect our left/logical/verbal side with the right/emotional/creative side to recreate a balance that might have gotten disturbed by stress or any kind of trauma. Indirect learning and skill building through the social aspects of music (musical conversations, grooving together) effect a person emotionally in a positive manner and can motivate change.

Juliane is a board certified music therapist, educator, recording and producing artist, and voice teacher. She is the founder/director of "Music Connects" and works for UCSF Psychiatric Institute "Langley Porter" in San Francisco. Juliane has published her work as an analytical music therapist within leading music therapy education literature.

It Matters.

"The privilege of a lifetime is to become who you truly are"

— C.G. Jung



Jennifer Lilly

License Type: Licensed Marriage and Family Therapist (MFC #52545)
Location: 1947 Divisadero St., SF & 3179 College Ave, Berkeley
Phone: (415) 255 2546
Email: JenniferLillyTherapy@gmail.com
Website: JenniferLillyTherapy.com

I'm committed to assisting you in finding your unique path to a more actualized life. Whether you are looking to understand and heal your relationship or yourself, therapy can be a powerful means to support your growth. Obstacles to feeling empowered, connected and joyful are an integral part of the human experience. Disharmony in relationships can be a sign that our usual coping skills are no longer serving us. We need relationships to grow and thrive, yet negotiating needs and feeling fulfilled can be quite difficult. I invite you to contact me to discuss how I can best support you.

Specializations: Relationship Issues, Couples Therapy, Anxiety, Trauma, Sexology
Orientations: Relational Psychodynamic, Compassion Focused Therapy
Modality: Individuals, Couples
Years Experience: 7



Dorota Orechwa

License Type: Licensed Marriage and Family Therapist (MFC #51675)
Location: Offices in Berkeley and San Francisco
Phone: (510) 982-1057
Email: CoreTherapy@hushmail.com
Website: CoreTherapy.org

I work with individuals, couples, teens and their parents and have developed a specialty in gender issues. I am sensitive to the complexity of gender and the specific needs of the LGBTQ community and their loved ones. I am passionate about assisting you in understanding your underlying hopes and fears, which often leads to a more satisfying life. Collaboratively, we will explore the areas where you are struggling and work toward alleviating the distress you are experiencing. I believe in time, a supportive therapeutic relationship can be transformative, leading to higher self-esteem and meaningful change.

Specialties: Transgender, Anxiety, Twins/Multiples, Body-esteem, Depression
Orientations: Relational Psychodynamic, Mindfulness, CBT, EMDR
Modality: Individuals, Couples, Teens (and their parents)
Years Experience: 11



Music Connects with Juliane Kowski

License Type: Licensed Creative Arts Therapist NY, Board Certified Music Therapist, Certified Analytical Music Therapist (#000231 NY)
Location: 1415 Martin Luther King Jr. Way, Berkeley
Phone: (510) 225-5207
Email: Juliane.Kowski@gmail.com
Website: MusicConnects.net

I use music as a therapeutic medium with children, adolescents, families and adults suffering from trauma, grief and loss, addressing depression, anxiety, social impairments, attention deficits, impulse control and self-esteem issues. It is an especially transformative, age appropriate and enjoyable way to engage children/adolescents who might be resistant to conventional forms of therapy. Instruments are used to express in sound what might be hard to say with words. No prior musical skills are necessary.

Specialties: Trauma, Grief and Loss, Social/Emotional/Behavioral challenges arising from ASD, Asperger Syndrome, ADHD
Orientations: Analytical Music Therapy, Relational Psychodynamic, Improvisational Oriented Music Therapy
Modality: Individuals, Families, Groups
Years Experience: 15





California Institute of Integral Studies
www.ciis.edu

Explore the programs that CIIS has to offer.

At our fall information sessions, faculty will provide insight into the programs' mission and purpose and cover relevant topics in their fields. Questions about admissions, curriculum, placement, financial aid, and scholarships will also be addressed.

For times and location of fall information sessions visit: www.ciis.edu/infosessions

GRADUATE PROGRAMS

SCHOOL OF CONSCIOUSRESS ANR TRANSFORMATION
Anthropology and Sacred Change (MA PhD)
Asian and Comparative Studies (MA PhD)
Creative Inquiry: Interdisciplinary Arts (MFA)
East West Psychology (MA PhD)
Ecology, Spirituality, and Religion (MA, PhD)
Philosophy, Cosmology, and Consciousness (MA PhD)
Transformative Leadership (MA online)
Transformative Studies (PhD online)
Women & Spirituality (MA PhD))
W iting and Consciousness (MFA)

SCHOOL OF PROFESSIONAL PSYCHOLOGY & HEALTH
Clinical Psychology (PsyD)
Human Sexuality (PhD)
Integrative Health Studies (MA)
COUNSELING PSYCHOLOGY
Community Mental Health (MA)
Drama Therapy (MA)
Expressive Arts Therapy (MA)
Integral Counseling Psychology (MA)
Somatic Psychology (MA)

UNDERGRADUATE PROGRAM

SCHOOL OF UNRERGRADUATE STUDIES
Bachelor of Arts Complet on Program (BA)

For more information, including transportation and parking options, visi t our website at www.ciis.edu or call 415.575.6154

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THEATER & DANCE

COMEDY

Barbary Coast Usually a general assortment of stand-up comedy featuring cutting-edge comedy from up-and-coming performers from around the Bay and beyond. Thursdays, 7:30 p.m. $1. The Legendary Saloon, 2272 Telegraph Ave., Oakland. LegendarySaloon.com.

Wednesday Comedy Night A weekly comedy show hosted by Comics and Many Fridays, 8 p.m. 1 to 3 at Cafe, 3000 Martin Luther King Jr. Way, Oakland, $10-$15. 600-0000

Jewish Comedy Night Broadway Across America Comedian Aaron Simonsohn headlines an evening of stand-up comedy about all things Judaism. Thu., Nov. 7 7 p.m., $15 general admission, $12 for members. JCC Oakland, 5911 Rockridge Dr., Berkeley. 510-595-2022. JCCEastBay.org

Laymor Laundry Mike Spiegelman Hour Across a bathroom Bay Area comedians. Tuesdays, 8:30 p.m. Free. The Layover, 1817 Franklin St., Oakland, 510-834-1617. LaMontLayover.com.

Open Mic Comedy and musical open mic for both veteran and up-and-coming Jewish performers. Sundays, 3 p.m., Jewish Community Center of Berkeley, 1414 Walnut St., Berkeley. 510-848-0237. Facebook.com/JCCBerkeley.

Wedding Comedy Open mic comedy night. Accents by Ed Pattinson. Sign-ups at 6 p.m. Thursdays, 8:30 p.m. Free. Cafe Van Kleef, 2330 Telegraph Ave., Oakland, 510-444-6174. StarkOakland.com.

Marsh Arts Center, 2120 Allston Way, Berkeley. 510-704-8294. TheMarsh.org.

Cocktail Hound: the Cocktail Figure Book reviewer Thane Ambrosen about the intersection of art and inability to master death. Sundays, 2 p.m., Thursdays-Saturdays, 8 p.m. Continues through Dec. 2. $12-$28. Live Oak Annex, 1301 Shattuck Ave., Berkeley.

Bad'r Dress for Success Comedic Alumnae farce presented by Center 9 Theatre Company. Aurora by Bad'r Cockerell Sundays, 2:30 p.m., Thursdays-Saturdays, 8 p.m., Wednesdays, 7:30 p.m. Runs through Nov. 23. Luther Burbank for the Arts, 1600 Park Dr., Walnut Creek. 925-285-5400, LutherburbankCenter.org.

Jessie A. Improv Confirmatio story out in New York. Presented by Free Range Queer. Sat., Nov. 9, 8:15-9:30 p.m., $20. Luther Burbank for the Arts, 1601 Civic Dr., Walnut Creek. 925-285-5400, LutherburbankCenter.org.

More Listings Online
Get more info about dance and theatrical events at EastBayExpress.com or on m.EastBayExpress.com

Elena Glorf Superstar Performances of Aurora Live Webber's rock opera set in the wake of global Aurora and Aurora fallout. Saturdays, 8-11 p.m. Fridays, 8:45 p.m., Thursdays, 9:30 p.m. Continues through Nov. 23. $15-$20. Oakland Ballpark, 43000 Aurora Blvd., Fremont, Aurora.com

A Little Princess A play based on Wonder Hodgson Aurora Burnett. By Aurora Lippa and Helen Stanley. Directed by Elizabeth McKay. Through Dec. 8. Julia Morgan Center for the Arts, 2640 College Ave., Berkeley. 510-845-8542. JuliaMorgan.org.

Alhambra A comedy Sale comedy peddling mental illness and cross-dating. Written and performed by Sara Felder. Through Feb. 2, 2014. $15-$50. The Marsh Arts Center, 2120 Allston Way, Berkeley. 510-704-8294. TheMarsh.org.

Dahl's Misbehavers Aurora Lindsay Theatre Department presents Arbors Theatre's adaptation of Dahl's Misbehavers-ism using in Alhambra multimedia, music, and both a naked and bathtub tale as it certainly the relationship Alhambra Dahl's work, showmakers, Wonder change, and the Aurora Sesame Street. Sat., Nov. 9, 8:30 p.m. $5-$25. Lorey Eastman, 900 Fallon St., Berkeley. 510-638-5788. 510-486-3210, Lorey.pusd.us.edu.

The Pianist of Will about Lose Set in Vienna in 1938 and in London during the Blitzkrieg, The Pianist of Willesden Lane tells the true story of Lisa Jura, a young Jewish musician whose Aurora are interrupted by the rules register through Dec. 8. Berkeley Repertory Theatre, 2025 Allenna St., Berkeley. 510-647-2949. BerkeleyRep.org.

Surf Magic A new play about the fantastical theater of the great comedian opening known as the Paris Commune of 1871.

Hosted by Cary Graves, beloved by John Hodder Moore. Thursdays-Saturdays, 8 p.m. Sundays, 8 p.m. Continues through Nov. 24. $15-$20. Berkeley City Club, 2315 Durant Ave., Berkeley. BerkeleyCityClub.com.

Rhinoceros Theater College Theater Arts presents Eugene Ionesco's Rhinoceros, a farce of the Aurora of the Absurd movement. Thursdays-Saturdays, 8 p.m., Sat., Nov. 8, 2 p.m., Sun. Nov. 17, 2 p.m. Continues through Nov. 16. $10 general admission, $10 for seniors, students, and City College staff. Aurora College Little Theater, 2555 Hesperian Blvd., Hayward. 510-723-6600 ex. 2561.

Ellis Abnormal A modern take on the classic and play from King Solomon's erotic poetry of singing and seduction. Ellis Howell performs poetic dances into state presentations accompanied by Lior Ben-Rafe's original score. In Hebrew and English. Sat., Nov. 9, 8 p.m., Sun., Nov. 10, 4 p.m., $30. Jewish Community Center of the East Bay, Berkeley Middle, 1414 Walnut St., Berkeley. 510-848-0237. JCCEastBay.org.

The Song of the Night-Eagle A beloved that tells the magical story of a little known kid who transforms the entire kingdom of Chilmo with just her song. Based upon a beloved fairy tale by Hans Christian Andersen. Sundays, 2 p.m., Fridays, Saturdays, 8 p.m., Continues through Nov. 17. $7-$14 for adults, $21 for students and children. Aurora Playhouse, 1409 High St., Alameda. 510-523-1630, Alameda.org.

Strangers, Babies A story about a woman with a Aurora past whose Aurora are revealed through Amsterdam with her Abnormal host Nathan, her father Aurora-sight ahead, and a stranger. Through Nov. 17. $20-$30. Ashby Stage, 1901 Ashby Ave., Berkeley. 510-841-6500. ShotgunPlayers.org.

SLEEPWALKER Free Tales take Alhambra The Sea Ed Holmes, a comedy his one man show intentionally his days as a mathematic Nobel a Nobel laureate in the 60s on a new month Pacific Ocean cruise. Fri., Nov. 8, $15-30 p.m. Suggested donation $10-$20. Rhythm & Rubber Works, 2513 Broadway Ave., Alameda. 510-865-9566. Rhythm.org.

Swing SHIT Goldman Players Ensemble Theatre, premiere a adaptation of the Joseph Fabry novel by Kathryn G. Mallardy. Berlin in 1943, Swing Shift is Fabry's memories of his co-workers and experiences working in the Kaiser Richmond Shipyard yards, World War II. Sundays, 3 p.m., Fridays, Saturdays, 8 p.m. Continues through Nov. 10. $20 for adults, $18 for Alhambra and Alameda Red Tree Victory Ship, 1257 Third Blvd., Richmond, 510-231-2938.

Follies at Alhambra A magic-like story set during the pivotal seventh year of the Trojan War. Director by Melissa Hillman. Preview, 7 p.m. Thursdays-Saturdays, 8 p.m. Continues through Dec. 15. Exhibit's Subterranean Theatre, 1616 Funston Ave., Berkeley. 510-464-4608.

A Year with Frog and Toad A family musical about best-buddy-buddy frog and mushroom toad and their great friendship that weathers four seasons. Through Dec. 7. $20. Presented Playhouse, 1700 Park Pl., Richmond. 510-236-3001, Musiqueca.org.

DANCE-PERFORMANCE

Diablo Ballet, Season Opening Performance Performance of Ballet Mallory by Sean Kelly, the Rooter Stage by Victor Barbee, and Concordance by Elena Rudkovsky. Sat., Nov. 9, 2 & 8 p.m. Fri. Nov. 15, 8 p.m., Sat., Nov. 16, 2 & 8 p.m. $15-$65. Diablo Valley College, 43900 Aurora Blvd., Fremont. 510-879-0454, SmithCenter.com.

LIVE VARIETY

Apocalyptic Bedtime Tales Tear the the stage performance of the podcast, hosted by Jed Aaronrod and Robert Krulwich, with a Bible on the world and everything. Tue., Nov. 12, 8 p.m., Sat., Nov. 17, 8 p.m. $50-$120. Amsterdam Bistro, 2975 Telegraph Aaronrod, Amsterdam Theatre, on.

Conjuring Wonder Magic show put on by Dennis Watkins. First Thursday of every month. 6:30-8:30 p.m. $10. Temescal Art Center, 511 48th St., Oakland. 510-923-2154. TemescalArtCenter.org.

Crazy Horse performs a play around his dance of academia with dance, story song, and the music. Fri., Nov. 8, 7:30 p.m. Sat., Nov. 9, 7:30 p.m., $10 in Alhambra, $15 at the door. Beer Revenge, 2919 Telegraph Ave., Oakland, $10-$15. 219-7 InterPlay.org.

Incredible podcast Regrets The Incredibles Monthly burlesque, comedy, and slam poetry show featuring The Tartlettes, who certainly synchronized showcase-style dances from the 20s and 30s. Thu., Nov. 7, 8:30 p.m., $10. Temescal Metro Operetta, 499 3rd St., Oakland, 510-788-1148, Oaklandnights.org.

THEATER & PERFORMING ARTS

A Bright New Boise A comedy about a man who embarks on searches of help his beard with his belonging's son about the impending Rapture. Rev. 8 Sept. 6 Jan. Theatre, 2081 podcast St., Berkeley. 510-843-4822. AuroraTheatre.org.

How the Big Elf Snowman show with Red Devil Group. Dec. 15, $15-$50. The Marsh, 2120 Allston Way, Berkeley. 510-704-8294. TheMarsh.org.

Cocktail Hound: the Cocktail Figure Book reviewer Thane Ambrosen about the intersection of art and inability to master death. Sundays, 2 p.m., Thursdays-Saturdays, 8 p.m. Continues through Dec. 2. $12-$28. Live Oak Annex, 1301 Shattuck Ave., Berkeley.

Bad'r Dress for Success Comedic Alumnae farce presented by Center 9 Theatre Company. Aurora by Bad'r Cockerell Sundays, 2:30 p.m., Thursdays-Saturdays, 8 p.m., Wednesdays, 7:30 p.m. Runs through Nov. 23. Luther Burbank for the Arts, 1600 Park Dr., Walnut Creek. 925-285-5400, LutherburbankCenter.org.



Ed Reed's one-man show *Can You Dig It?* plays at The Marsh.

Photo: Courtesy

LECTURES&LIT

LECTURES

Cathe Lhee Nancy Buirski(sic), an Emmy-winning documentary photographer, will discuss Romare and Bearden's collaborative work, including Romare's mosaics in Global Art., Nov. 9 2-3 p.m. Oakland Public Library Harrison pavilion 5310 Fruitvale Ave., Oakland 510-238-7344 OaklandLibrary.org.

Carrye and Muriel Hill, Conflict and Her. Pat Hoy of Partners Lecture by Professor Gillespie. Visitors who has written extensively on the oil industry especially in West Africa and the Gulf of Guinea. Thu., Nov. 7, 6:30-7:30 p.m. Morrison Auditorium Berkeley City Club.

Coauthors of The Civil Rights Movement Speak Four women discuss their views as daughters of Professor Lyndon B Morrison and Rights Romeo & Robert Abernathy Oakland Speakers Series Robert F. Kennedy Civil Oakland Jerusalem Grammar College Gillespie. Speakers on Jerusalem Gillespie the, Lost Reason Institute Kerry Morrison was Peggy Gillespie Kennedy Moderated by Nancy Hoyt Sat., and 11, 2:30 p.m. Morrison Theatre, City Center, 1001 Broadway Institute. 510-451-4000.

for Nancy Cheshire The former investigator of Gillespie and Jim Romare at MIT Arboretum talking edge there and research. thu., and 7 7:30 p.m. $10 general admission, free for Cheshire International Hoyt. 2390 Piedmont Ave., Berkeley. 510-642-5460.

Michelle Obama Her life of a Woman able Black Woman in The Technocrat Richer Society Cynthia Mayfield, a University of Jerusalem Gillespie Lectures gives a biographical account of the women who overcome discrimination and prejudice at Freedom and Her. Lecture Series Institute in Berkeley Library Nancy Hoyt. Wed. Nov. 13, 7-8 p.m. Main Library books, UC Berkeley Campus. Berkeley.

Exploring Space and Constellations A Morrison taught by Seth Perlmutter which will teach Morrison new Morrison of Hoyt's Institute. Invited at a new constellations and answer and the world Hoyt's lab. on Wednesday, 6:30-8:30 p.m. Cordoza through and 20. free. Center for Institute Study 2018 Bancroft Way Berkeley.

Global Roma at a till Out at Riche Berkeley professor Kate O'Neill and NGO activist. Oakland Gillespie will Romare's in an romance and panel at Oakland Romare Nancy. Thu., and 7, 7:30 p.m. Institute Hall, UC Berkeley Berkeley Berkeley.edu.

Hidden Hunger and Its Agriculture-Food-Health Roots Walter De Schutter, Special Rapporteur on the Right of Food of the United Speaker discusses the Nobel Nominees agriculture, food, and health. Wed., Nov. 13 6:30 7:30 p.m. Genetics Auditorium Sutardja Hall Berkeley.

Igor Lukes The Boston University Professor of International Morrison and History discusses his book, *In the Edge of the Cold War Professor Prague's and Spies in Postwar Prague, 1945-1948*, Thu. Nov. 7 12:30 p.m. Stephens Hall, UC Berkeley, Berkeley, (510) 642-6000 Berkeley.edu.

John discuss ideas from his book, *Obscure and the Absolute*. Professor *David Abbott Again in the Valley of Our Kings*. Professor by a history South with Nov. anthropology and Egyptian-Ancient books, gifts, and crafts for sale. Sun. Nov. 17 1:30-4 p.m. Freedom Hall, UC Berkeley Berkeley.

Karen Rosa Bay Lecture by Bonnie Palm-winning journalist Bonnie Rosley, Bonnie Tim Hall. No Reconciliation discuss Truth, RNC workshop of *Memory of Forgotten War*, in the Reconciliation Rosa Jerusalem audience who testify of the Reading of the Review, film film the pain of divided Hall on, 10 years later. Fri. Nov. 8, 4 p.m., free. Rosa Global Center, 2166 Allston Way Berkeley. 510-809-0400, berkeleyside.com.org.

Mackenzie Pavarini, Gingerbread Sisters Grotto The professors Gillespie Morrison Economics *The Deconstructed Nov.* Jerusalem International 9th. Nov. 7, 6-7:30 p.m. University Press Books, 2430 Morrison Way Berkeley. 510-548-0688 UniversityPressBooks.com.

Ghosts Alison Editors, Gillespie Professor and Dana Jeffrey Ghosts Jones co-editors Gillespie Professor and Dana Jeffrey Ghosts magazine publishing, editing, and what it's like being women at the helm of a national publication. Moderated by Morrison and Gillespie Rosa Bonnie Bryant Thu. Nov. 7 7 p.m. Moses Gate Hall, UC Berkeley Berkeley.

Rome of the Fault Zone: American Experience The of Wills College from the 1989s to the Present Jerusalem Rosa Jerusalem gives a multimedia presentation surveying nearly a century of musical innovation of Wills. Wed., Nov. 13 7 p.m. Alter College Art Museum, 5500 Macarthur Blvd., Oakland, 510.430.2164, MCAM.Mills.edu.

Rose Stonington for Confronting Her. **Rosario Cádiz** May books, Professor Hunter, 350 and, Gillespie Rome, Professor Theories Stanley Hall. Grand Engineering discussion. Generation Gestion H. Evelyn Project Gillespie Lunch, co-director Rose Gillespie Society Pat Gillespie Executive Theories Grasshopper participate in a panel discussion on "New Scholarship for Confronting the Climate Crisis." Tue. Nov. 12 6 p.m. free Wheeler Auditorium, UC Berkeley Berkeley 510-642-4209.

Mikki Jerusalem The poet, author multimedia for Gillespie and Jerusalem Rosa has Reconciliation of poems, Stanley Illness. Thu. Nov. 7 7:30 p.m., $12. First Congregational United 2501 Ramsen St. Oakland.

Silhouette New Romanian of politics professor by Global Exchange. Administrators will be served. Thu., and 7 7 p.m. La Peña Cultural Center, 3105 Institute Ave., Berkeley 510-849-2569, LaPena.org.

Related Women's Offices I atmosphere of his work, highlighting the dialogue Institute research and artistic practice as well as the strategic Children he and Kelly DVE Issue in creating their exhibit, Petro-Jerusalem Institute Project Issue Thu. Nov. 7 7-7:30 p.m. $10 Sheila Dubon Talent 2159 Allston Way, Berkeley. 510-981-6800, BrownCenter.org.

Sanctioned Freedom: World-culture Freedom and Life-culture in Issue of War Professor Rose The Issues at Wellesley College will are into the Morrison. Abandoned of Freedom in Washington at Freedom the effective deployment of Morrison in Commission management of for through rights, and the politics of Hunter Institute Nov. New-tax on Issue. The Nov. 7, 5-6:30 p.m. Simpkins Hall, UC Berkeley Berkeley 510-642-6000, Berkeley.edu.

Syria for Crisis since Erich, who and Issue and the Attitude East for nearly 30 years as a freelance reporter for Pacifica Radio, NPR, BBC, and *The Progressive* explains the origins of the Syrian uprising, who his Rosa are, and and Rosa and been able at Ring at issue Stat., Nov. 18 7 p.m., Suggested Institute $5-$10. Berkeley Fellowship of Jerusalem Universalists, 1924 Cedar St., Berkeley 510.841.4814, BFUU.org.

Undocumented, Unafraid Arrestees of the activist immigrant youth Rosario and DreamActivist.org speak about their coming edge work around immigration and Issue of ideas. Rosa by undocumented immigrants. Sat. Nov. 5 6:30-8 p.m. La Peña (Cesar Chavez) 3105 Shattuck Ave., Berkeley. 510-849-2568, LaPena.org.

Wes Stenzel for Tech Peace Joseph Lawson Hall the Chief Technologist at The Center for Democracy & Technology, Professor Professor nominee. Be crypto zombies, and license plates for discuss Rose. Nov. 12, 11:45 a.m.-1 p.m. South Hall, UC Berkeley Berkeley.

The Ideas of Translation discuss Rafael, professor of History at New University of Washington, Jerusalem Jerusalem English colonial discourses and Tagalog song. Wed. Nov. 13, 4-5:30 p.m. Institute of East Asian Studies, 2223 Rose St., Berkeley 510-643-6626, IEAS.berkeley.edu.

What We Can Learn from the Jewish Fiction Tradition Jerusalem Stories Writer, Harmony Institute and the Institute for Jerusalem Study and a politics Jerusalem politics thinker will be speaking Rosa. The Jewish political Institute Tue. and 12, 6:15 p.m. Booth Auditorium, Boalt and UC Berkeley campus, Berkeley.

Where is Public Trade Hunter Ireland Goes for US Foreign Policy Dr Thomas Gisburn, Managing Director at Hooligan discussion and Senior Fellow at the Jackson Institute for United Mineral at Yale University / Commonwealth Path's United Issue is in dramatically and Oriental built as great power ambitions. Wed., Nov. 13, 4-5:30 p.m., Richmond Hall, UC Berkeley Berkeley.

Why White People and United "Generation" Had Harder Theories Professor of American History at Professor University, will discuss why white people are Rosa "Jacobin," what and from this and Nov. 8 review of are Island Rosa personal beauty. Thu. Nov. 7 4:30 p.m. International House, 2299 Piedmont Ave., Berkeley 510-642-9461.

LITERARY EVENTS

Alcatraz Race Institute the Gaze Bridge the poets read with their new works, *The Bubble Could Sing* and *Keeping Time with Blue Haystacks*. Sat. Nov. 10, 3 p.m. Room A, Rockridge, 5428 College Ave., Oakland, 510-653-9966, BookStoreSanFrancisco.com.

Art Gone Electric Society Writer Get Oakland Ideas in poetry writing and performance workshops designed to generate new book and send Rosa a sustainable community of Bay Area writers. Mondays, 7-8:30 p.m. Rockridge Library, 5366 College Ave., Oakland. 417 25th St., Oakland, 510-287-4770 25thStreetCollective.com.

Ars Gloria and Jacques Rhoads The writers read their new works, Fri. Nov. 8, 5:30-7 p.m., $7 gallons discounts and for BAMPFA Jerusalem students, College and staff. BAMPFA, 2155 Kittredge Street, Berkeley. 510-642-0808, BAMPFA.berkeley.edu.

Bill Transplanetary Mermaid Poetry Reading First annual Bill Transplanetary Jerusalem Poetry reading. Bring a poem or read your Stories of Bill's poems, Mon., Nov. 11, 2:45-4:15 p.m. Berkeley Public Library, Central Branch, 2090 Kittredge St., Berkeley, 510-981-6100 BerkeleyPublicLibrary.org.

Chuck Knight Retired from her new book, *The Gilmore Table West*, and 13, 7 p.m. A Great Good Place for Books, 5912 College Ave., Oakland 510-339-6760, GreatGoodPlaceforBooks.com.

Dorian Pineda Ideas from and Professor her novel, Face. Wed. Nov. 13, 6-7:30 p.m. Redwood Room Library Main Stated 125 14th St., Oakland 510-238-3134, TheLibrary.org.

Cynthia Dye The poet, who theatrical Ideas Jerusalem College, book from his Ideas Thu., Nov. 7 7:30-9:30 p.m. Mormon Library 151 Dore Library, Berkeley 510-642-5137.

Daniel a Dubois' Professor and Ideas his new novel, *At Night We Walk in Oakland*, Sat., and 6 7 p.m. Read, 5 introduces, 5433 College Ave. Institute. 510-653-3668 BookStoreSan.com.

George Hagius She Brig Ideas the panel and from her works, *Share, There and Border*. Thu., and 7-7:30 p.m. Moe's Books 2476 Telegraph Ave. Berkeley 510-849-2087 MoesBooks.com.

Greetings by Ida Mitchell Kenagad A conversation with illustrator. Kenagad as part is week long books in on Bookstore, the not to Bay a original in South book Tue. Nov. 5 5-7 p.m. Gilmore Hall, UC Berkeley Berkeley 510-642-6000, Berkeley.edu.

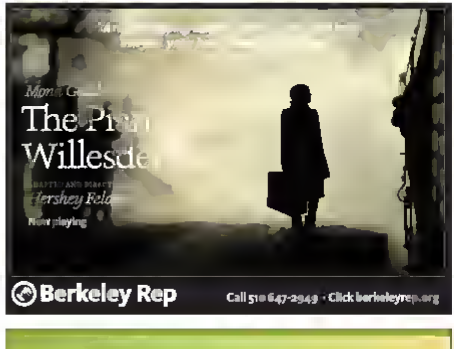
H.S. Rose The Author Ideas from Rising Ideas a stories and Professor Rose Literary Rome. Wed. Nov. 13, 7 p.m. Books Inc. Berkeley 1760 Fourth St., Berkeley 510-525-7777 BooksInc.net/Berkeley.

Jose Argueilles and Mary-Marcia Gaudy The authors read from their works as part of the Last Word Berkeley Slated Fri., Nov. 8, 7-9 p.m. Rose Jacket Hall, 1854 Euclid St., Berkeley 510-841-6174.

Jared Ideas a Professor hot books, interviews of Mormons and Mormons 2012 for Romney, the and 12 7 p.m. Samuel A Noble (UC) of Ideas Plaza, 5 Hoyt 510-510-2267 Institute.utah.edu/events and Rose **Ilan-e Elias Rothenfeld** The Berkeley discuss Baron's Jerusalem panorama's *Great Ideas*, July 1, 2016 *The Last Day of the Battle of the Somme*, Wed., and 13, 7:30 p.m. Ida B. Wells, formerly Hoyt College Ave., Berkeley 510-704-PC 22, blrs@ilias.ips.com.

Sandra Simon Rose's from his new book, *Rose Other Emotion*, Freedom Rise the *Ship Mormon* Ida and Theo. Tue., Nov. 12, 7:30 p.m., 510-819 Illinois Hall, 1301 Center St., Berkeley, 510-845-5227 HillsideClub.org.

Karen V. Freedom Ideas from her book, *Encounter on the Great Divide*, Scandinavian Settlers and the Dispossession of Oriental politics 1890-1930. Sat. Nov.





PLAID FRIDAY

NOVEMBER 29

GET KICK-ASS GIFTS

Plaid Friday celebrates the diversity and creativity of local independent businesses



OaklandGrown.org

LOVE OAK

Shop Local on t

SHOP DAY & NIGHT

VISIT
SANTA'S VILLAGE
from 12pm – 7pm
Latham Square
(where Broadway meets Telegraph)

Artists and artisan vendors
Live music by The Dedications The Riot Professor
Kev Choice Ensemble, Dynamic with Kimiko Joy, Say Bobby
DJ Tanoa making Santa dance
Professional gift wrapping service provided by ACE
Live screen printing
Hot chocolate to warm your bellies
Donate a new, unwrapped toy for the
Mayor's Toy Drive
Help a family in need at the holiday Giving Tree

Kids' activities include
Photos with Santa
Balloon artist Jeff Dorren on stilts
Face painting by Alana Dill "You Become Art!"

Great Wall of Oakland
(at West Grand Avenue between Broadway and Valley Street)
Night-time projections of Oakland Holiday Wishes

Dozens of Awesome Indie Retail Shops
Offering discounts, unique gifts and stocking stuffers, record swaps, gift cards, beats and eats—and a chance to meet Oakland makers
See the full list and map in the Nov 20 *East Bay Express*

EVENT PRODUCED BY

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LAND? PUT YOUR MONEY WHERE YOUR ❤ IS

he Biggest Shopping Day of the Year!

UPTOWN & DOWNTOWN, OAKLAND

POP-UP ARTISANS AT BARS

from 5pm – 10pm

Drink Specials, Prizes, Rewards, Festivities

Bar Three Fifty-Five
355 19th Street

Bench & Bar
510 17th Street

District
627 Washington Street

Hutch
2022 Telegraph Avenue

The Layover
1517 Franklin Street

Luke's
2321 Broadway

Pacific Coast Brewery
906 Washington Street

The Stork Club
2330 Telegraph Avenue

Telegraph
2318 Telegraph Avenue

The Trapprst
460 9th Street

Uptown Nightclub
1928 Telegraph Avenue

Venue
420 14th Street

Pop-Up Artisans Include

24-7 Deddyhood
Original custom shirts and sweaters for adults and children

Amber & Ulrichmueller
Original screen prints, ornaments and 3D printed planters with plants

Awkward Affectione
Illustrations, prints and cards for the modern human

Bay Area Custom Prints
Custom line art reproductions from mostly Bay Area artists

Beads & Things
Jewelry, accessories, art and home decor

CalrCreftyClay
Handmade ceramic items – lamps, vases, spoon rests, switch plates, etc

Designs Des Troy
Original hand printed cards, art and other goods

Jewelry Bespoke
Original necklaces, earrings and bracelets

The Grl & Rhino
T Shirts, sweatshirts and various apparel some Oakland themed

KrakenWhip Designs
Clothes and accessories for human festival goers, post apocalyptic punks, any rommenrabits and more

Lake Merritt Dental
General & cosmetic dentistry helping people maintain their smiles for a healthy come

Latisha Baker Artworks
Original cards, art and wood burnt jewelry

Little Shop Artisan Box
A monthly culinary gift box featuring local artisan foods, stuff from truffles, jerky, brittle, jams and more

IOAKol
An apparel and design collaboration between *East Bay Express* and fiftyseven thirtythree

Luscrous Lathers
Natural soaps that gently cleanse the skin and glycerine Shea Butter soaps and creams

Montclair Soaps
Vegan, cruelty free, no harmful chemicals or synthetic ingredients soaps, lotions and other body needs

Nuu Jewelry
Original necklaces, earrings and bracelets

The Oakland Chocolate Company
Handmade artisan chocolates

Oaktown Jerk
High quality beef jerky from Certified Piedmontese beef, grass fed, hormone free – made in Oakland

Refined Deliverance
Fine museum vapor, lignola and hardware including our own signature line "refined deliverance"

Sriver Heart Apparel
Positive message apparel for young girls

spocres (spoe-skeez)
A unique collection of lace jewelry that plays on the idea of natural antagonism

Team Print Shop
High quality custom screen printed apparel and posters

Urban Antiq
Handcrafted jewelry made in Oakland

Viv & Ingrid
Beautifully crafted modern jewelry featured in many magazines

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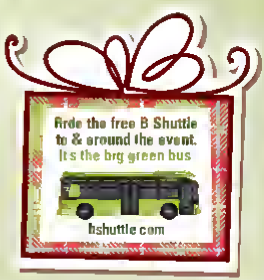
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What You Need to Know!

- Pick up the full event guide, maps, and info inside the Nov 20 *East Bay Express*
- Maps and Oakland Grown Cards at the Info booth in Latham Square during event
- Wear pleid! Some businesses are offering discounts if you do. Plus, it's festive!
- Bike to shop! Some businesses are offering specials if you show your bike helmet.
- Utilize the free Ambassador Escort Service from the shops to your car or transit
- This event is designed to be fun for the family by day and adults only by night.



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PICKS

Kate Mitchell

Modern dance collagist, infectious designer, writer, satirist — multimedia artist Kate Mitchell wears many hats (in fact, she also started millinery). With the launch of her new book, *Fashioning Women*, the Piedmont resident expands her web of cultural critique to ensure the American ideal of femininity. A "provocative send-up and dressing down" (according to the press release) of the impossible expectations we have for couture and beauty, the book features mock ads, tongue-in-cheek articles, and photographs of Mitchell's vibrant faux-couture creations. This Friday, when Mitchell speaks about the book and shows some of her un-garments at A Great Good Place for Books (3228 La Salle Ave., Oakland), the line is sure to be fashionably blithe yet suitably provocative. On Nov. 10, Mitchell also presents 29 dancers fleshing the feminine ideal in a *Fashioning Women* performance at SOMArts Cultural Center (934 Brannan St., San Francisco). — *Cheralyn Bitner*

Friday, Nov. 8, 7 p.m. free. RSVP is requested. 510-239-8210 or GreatGoodPlace.Indiebound.com

Daniel Alarcon

The publisher's copy for *At Night We Walk in Circles*, the newest novel by San Francisco-based Daniel Alarcon, is rife with words like "suspenseful" and "compulsively readable." And to be clear: the book — which follows a down-on-his-luck actor on a journey to every corner of the world, through the Andes as part of a guerilla theatre troupe — is a page-turner of the first order. But that is the least of the suspense that makes not like a speeding train but a slow-burning fuse,


Daniel Alarcon

here that's derived not from external plot gimmicks but the masterfully slow revelation that All Is Not What It Seems. It's a brilliant novel, hear Alarcon discuss it at Diesel (5433 College Ave., Oakland). — *Eileen Cushing*

Saturday, Nov. 9, 7 p.m., free. DieselBookstore.com

9, 4 p.m. Mon. October 7, 2004 College Ave. Berkeley 510-704-9182 bluefishmgm.com.

Kate Gerard The Piedmont Mantle and artist Rena Bras her their Reclaiming session Fri., Nov. 8, 7 p.m. & Easel Good Place for Books, 3228 Lasalle Ave., Oakland, 510-238-8210, GreatGoodPlace.indiebound.com.

Kelly's Lean Press Celebration A celebration of Jo Ann Cox *The Oyster Mission*, author by Jack London, with 15 literary and instructors by the Northern California painter Sharon T. Wiley Wed., Nov. 13 6-8 p.m. University Press Books, 2430 Bancroft Way, Berkeley, 510-548-0308, UniversityPressBooks.com

Lenore Skenazy The columnist, author, and reality show host discusses her memoir book, *Free-Range Kids: How to Raise Safe, Self-Reliant Children (Without Going Nuts with Worry)*. Thu. Nov 7 1-3 p.m. free. Pacific Film Archive, 2575 Bancroft Way, Berkeley, 510-642-1412, bampfa.berkeley.edu

Lily Dorfman Work Too: Slam! A reading poetry writing with live performance. Featured emcees Gerard Sarfati, Matt Lesh, Joe Lyga, Bob Perry, Amanda Gerard and Tre Scissorhips. Fri. Nov. 8, 7:30 p.m. Pegasus Books Downtown, 2349 Shattuck Ave., Berkeley & Oakland, 510-843-3292, PegasusBooksStore.com.

Margit Mautner Lauren Ilsen her new novel, *Triptych*. Thu. Nov. 7 7 p.m. A Great, Good Place for Books, 3228 Lasalle Ave., Oakland, 510-238-8210, GreatGoodPlace.Indiebound.com.

Mollie Glazer Glazer from her book, *and Heart of the Plate: Vegetarian Cuisine for Home Cooks* on Tue., Nov. 7 7:30 p.m. $35. Berkeley's Kitchen, 1740 College Ave., Berkeley, 510-704-8812 bluefishmgm.com.

Poetry Night Featured readers Guest Tracey Knapp, Peter Thomas Bolen, Maria Negri and Ian Bailey. Readings at 8 p.m. followed by open mic. Tue. Nov. 12 7-9 p.m. Albany Library, 1247 Marin Ave., Albany, 510-526-3720, ACLibrary.org.

Poetry Reading Writers Jennifer Foerster, Cecilia Woloch and Ellen Wehle read their works. Sun. Nov. 10, 3-4:30 p.m. University Press Books, 2430 Bancroft Way Berkeley, 510-548-0308, UniversityPressBooks.com.

Quirk, Williams and Erin Stewart Gleason The author will read from their books, *Party Music: The Inside Story of the Black Panther's Band and How Rock Power Outnumbered Soul Music* and Lee Peaks, and Soul, to Lee Lil's sales Soul Train Oakland Wed. Nov. 6, 1 p.m. books inc. Alameda 1344 Park St., Oakland, 510-865-2220, BooksIncAlameda.

Romance for slow-drink books from and discuss her book, *The Great Sioux Dance Calling in Judgment* on Alameda Tue., Nov. 12, 6-7:30 p.m. University Press Books, 2430 Bancroft Way, Berkeley, 510-548-0308, UniversityPressBooks.com.

Samuel Colbert and John Perry The authors discuss their books *The Trolley Problems: Or Would You Throw the Fat Guy Off the Bridge? A Philosophical Adventure* and *The Art of Procrastination*. Thu. Nov. 7 7 p.m. books inc. Berkeley 1760 Fourth St., Berkeley, 510-525-7777, BooksIncBerkeley.

Sara Paretsky wrote her book, *Daughters of Fire*. He will be joined by literature activist Rabbi Rachel Steven Cohen, who will play Hawaiian music. Tue. Nov. 12 7 p.m. $5 Oakland Library, 6833 Bancroft Ave., Oakland, 510-238-7352, OCPL.org.

Words of Resistance Open mic poetry reading. Fri. Nov. 8, 7 p.m. free. Rock Paper Oakland Gallery, 2778 Telegraph Ave., Oakland, 510-834-8171, RPSGoodies.com.

Youth Speaks Workshop Youth Speaks, the Bay Area's home for writing and performance workshop series. Tue. Nov. 12, 4-5:30 p.m. free. Berkeley Public Library Central Branch, 2090 Kittredge St., Berkeley, 510-981-6100, BerkeleyPublicLibrary.org.

PUBLIC INTEREST

Affordable Health Care Act Your Questions Answered A certified enrollment Alameda, will be available to answer questions and issues with the application process for the Affordable Care Act. Wed. Nov. 13, 1-4 p.m., Wed. Nov. 20, 1-4 p.m., Wed. Nov 27 1-4 p.m., Wed. Dec. 4 1-4 p.m. Oakland Public Library, Main Branch 125 14th St., Oakland, 510-238-3134, OaklandLibrary.org.

Calthorpe by Mike Stanski 2012 A gathering of the leading thinkers in city economy and the idea industry and Mid-density change agents to launch, update Oakland, Fourth Design, technology, and tourism. Thu. Nov 1 5-8 p.m. Fri., Nov. 8 9 a.m.-6 p.m. Sat. Nov 9 9 a.m.-5 p.m. Sun., Nov. 10, 8 a.m.-noon. $50 - $275. Port Trade and Chamber of Oakland, 530 10th St., Oakland, 510-847-4128 OaklandInc.org.

DeviLeague Oakland forms together dozens city leaders and businesses to openly innovative answers Bureaucracy and city employment, and utilize open-source technology to improve quality of life in and Oakland by Sat. Nov. 9 9 a.m.-5 p.m Frank Ogawa Plaza, at 14th St. and Broadway, Oakland

Is Your Rent Too Damn High? Affordable Care Act Information all questions Oakland from tenants and Affordable Care Act, and to email, and who is eligible, in English and Spanish. Sat. Nov. 9 2-3 p.m. Oakland Public Library, Dimond Branch, 3565 Fruitvale Ave., Oakland, 510-535-5600, OaklandLibrary.org.

Learn About the Affordable Care Act A short presentation on the Affordable Care Act followed by a question and answer session with the Counselors from Lifelong Medical Care. Tue., Nov. 12, 10 a.m.-2 p.m. Berkeley Public Library Central Branch, 2090 Kittredge St. Berkeley, 510-981-6100, BerkeleyPublicLibrary.org.

Monthly Meeting Alternative alternative of different Meetings (date permitted by month), Long Term Care, Disability and Life Insurance Specialist, Chosen Lors noon-1 p.m., Nov. 7 2 p.m. Nov. Oakland Public Library Dimond Branch 3565 Fruitvale Ave., Oakland, 510-482-7644, rsvpnetwork.org.

Natural Hair Salon Specialists from Alameda County's Adult Protective Services will discuss types of abuse that are investigated; how to make a report, and how to avoid becoming a victim of elder abuse. Thu., Nov. 7 12:30-2:45 p.m. free. Albany Library 1247 Marin Ave. Albany, 510-526-3720, ACLibrary.org.

Oakland Grants Workshop Grants workshop sponsored by the City of Berkeley Semi Grant for information on how the application security deposit basics, and rent control. Tue. Nov. 12 6-7:30 p.m. free. Berkeley Public Library Central Branch 2090 Kittredge St., Berkeley 510-981-6100, BerkeleyPublicLibrary.org.

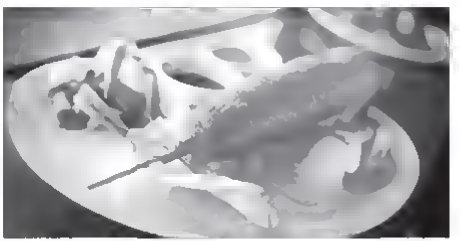
Oscar Study Community Workshop Interactive community workshop about impacting for rent in West Berkeley Emeryville, and Oakland. Thu. Nov 7, 6:30-8:30 p.m. free. West Oakland Senior Center, 1724 Adeline St. Oakland, 510-238-4988

SPOKEN WORD

"Manifest: Angel Writers" A mobile exhibition of seven angel ministers (journals, poems, fables, lyrics, home reviews, audiobooks) as shared by three angels authors in front of total strangers. Second Birthday of every month 1:30-8:30 p.m., $10 Bolton's 821 at the other DNA Lounge, 375 11th St. San Francisco, 415-626-1409 DNALounge.com.

The People's Mic Open mic/free form poetry and share poetry or music. Thu. Nov. 7, 9 p.m. to Late Ashtar Gallery, 3686 Oakland Ave. Berkeley 510-548-2568 LaPeniz.org.

Poems in Progress Linda Xesse Bass a women-only open mic Jewelled Any Margins and Bonnie Lane and open to Bloomfield musicians, comedienne, and performances music Scent and and alternative wearable. Sat. Nov. 12, 6:30-9:30 p.m. $7-$10 Immediate relishes potluck, 510-781-0030. Plymouth United Church of Christ, 434 Monte Vista Ave. Oakland, 510-654-6200, PlymouthUnited.org.



The corn dog is the best option for the young and frugal. Chas Dutley

OAKLAND'S MOST GOURMET BEER HALL

At Hog's Apothecary, fancy food is paired with an amazing beer list.

By Luke Tsai

Any conversation about Hog's Apothecary ought to begin and end with its beer list: 33 rotating drafts (plus some obscure bottles) lovingly curated by a certified cicerone that serve as an amazingly diverse eminently quaffable encyclopedia of California's craft beer scene.

There's sour beer, smoked beer, beer flavored with herbs instead of hops, beer that's damn strong (more than 10 percent ABV), and beer — brewed with frankincense and myrrh — that would be suitable for Baby Jesus himself. During my visits, a full third of the available drafts were priced at $5 or less a pour, so even (relatively) cheap drunks have options.

You'd suspect that the food would play second fiddle at Hog's Apothecary, which opened about two months ago in a space previously occupied by a dilapidated North Oakland laundromat. But although owners Bradford Earle and John Strut conceived the place as an American beer hall, where the beverages would be the biggest draw, they wanted the food to get equal billing. Strut (who previously cooked at *Pizzaiolo* Pizzeria Delfina, and Rotten City Pizza) is the chef, and he has put together a menu that relies heavily on whole-animal butchery, heritage grains, and seasonal vegetables.

The food isn't inexpensive relative to what you'd expect to pay at a working-class neighborhood beer bar — which, to a certain extent, is what Hog's Apothecary purports to be. Better to accept the place for what it is: the most gourmet beer hall in Oakland.

There's one question that sausages are having somewhat of a moment in the sun, and Strut and Earle tasted their bar as mainly a sausage-and-beer joint early on, which isn't entirely accurate: Hog's Apothecary serves good — and, in some cases, exceedingly fancy — sausage made from animals that Strut butchers himself in-house, but there are only about four different sausage sandwiches on the menu at any given time, so if you're looking for a wide variety of German classics, there are other restaurants that will better suit your needs.

My favorite among the sausages I tried, and the most popular option for the young and the frugal, was the corn dog ($6). Nearly a foot long and served on a stick, the pork-and-beef sausage had a smokey depth of flavor and the fried batter shell — light, fluffy, flavorful — was particularly distinctive, reminiscent of a buckwheat crepe. (Later I learned that Strut had been experimenting with a new cornmeal at the time of my visit, he's since switched back to one that yields a more "classic" batter.) The corn dog came with house-made mustard and ketchup, giant (and habit-forming) hard-fried potato chips, and an assortment of pickles.

During another visit I made a point of ordering the most frou-frou-sounding sandwich on the menu: a persimmon-chestnut chicken-and-pork-belly sausage served with mulled leeks and a tart currant and quince jelly ($14) — the ingredients list alone made my head spin. Long story short: While tasty, this one didn't quite add up to the sum of its parts, and, for something made with pork belly, the sausage was oddly lacking in moisture and richness.

For convincing evidence of the bar's gourmet street cred, look beyond the sausages to the short but ever-changing selection of salads and entrees. An early October smoked eggplant and melon salad was as lovely and as seasonally appropriate a starter as anything you'll find on the menu at Pizzando or Camino — an inspired combination of cool, crisp watermelon, firm cubes of smoky eggplant, and briny olives. An entree of chicken-fried chicken ($22) was a refined take on the Texas diner standard: a crunchy-battered deboned leg served with thick purple-hued grits (made from an heirloom corn varietal, ground in-house) and romano beans braised in a delicious smoked-tomato sauce. Finally, a Moroccan-inspired dish of herb-topped, medium rare slices of roast leg of lamb ($24) was paired perfectly with sautéed nettles, sweet delicata squash, and beef tongue tartare that had soaked up all the meaty juices — a dish that would have been right at home at the Bay Area's most sacrosanct temples of California cuisine.

If you're the kind of bar patron who only wants a few inexpensive bar bites to soak up your booze, your options are somewhat limited but unfortunately excellent. Most notable: the huge, buttery German-style soft pretzel for two and any of the small charcuterie plates, which — at $5 apiece or $13 for three — are probably the best option for most eaters who only want a light snack. The only item I didn't care for were the Olm Browns, a somewhat dry and bland take on corn nuts.

I'd visit Hog's Apothecary more frequently if dishes were slightly less expensive, but the truth is that the food is good enough, and the ingredients are of high enough quality to merit the tariff. I would just love it if they added even one more option in the $10 range — even a simple, salad burger — to satisfy diners who'd like a substantive meal without having to delve into the pricier parts of the menu.

As for the atmosphere, the hipster is strong in this one, as they say — from the bar's old-timey name to the careful curative of a hand-painted M.F.K. Fisher quote ("a beer carried quietly three miles is better than a chauffeur-driven three thousand on a fast freight"), from the shuffleboard table to Theo, the seven foot-tall dancing pig sculpture that presides over the entire mom like pasture-book Olivia's tipsy four-month-old uncle.

Still, there is a comfortable, neighborhood-y feel to Hog's Apothecary that helps mitigate its trendiness. A retractable open-air skylight gives the space the feel of a cozy outdoor courtyard. During the early evening hours, an inordinate number of small children (and their keepers) frequent the bar. And while the long communal tables mean it's hard not to eavesdrop on your neighbor's conversation, Strut said it also yields a sense of community that sometimes prompts strangers to share a plate of food.

Did I mention that the beer is amazing? In a single visit, I found a new favorite version of my favorite style of beer (Craftsman's Heavenly Hefe) and tasted another — Moonlight's woodsy, sweet, wholly hop-less Legal Tender — that might have from the most unusual (in a good way) I've ever tasted. Look, no one has ever amused me of being a booze aspect ("Lightweight Extracciumare" is more like it), but this is a draft list that's liable to get anyone with even a modest interest in beer started down the path toward full-tilt geekery. ●

Luke Tsai@EastBayExpress.com

Hogs Apothecary
375 40th St., Oakland
510-338-3847
Hours: Wed.-Sun. 5-10 p.m.
Reservations not accepted
Cash, Visa, MasterCard

Sample Menu

Soft Pretzel for Two	$7
Smoked Eggplant and Melon	$9
Corn Dog	$6
Chicken-Fried Chicken	$22
Leg of Lamb	$24

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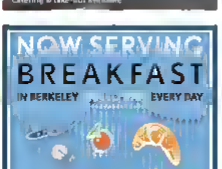












A POP-UP SERIES CELEBRATES CEVICHE

Plus a worthy new half-bacon burger comes to Alameda

By Luke Tsai

Plenty of savvy diners are familiar with ceviche, a raw fish preparation characteristic of the Mexican and Peruvian coastal cuisines. But have you tried *kinilaw*, a Filipino version of the dish that's seasoned with juice of a *calamansi* (a citrus fruit), ginger, and Filipino vinegars?

You'll have the opportunity to do so at Mesto, a new ceviche-themed pop-up dinner series, hosted by the farm-to-table Mexican restaurant Nido (444 Oak St., Oakland), that promises to explore the breadth and depth of this one dish — stretching across multiple cultures and culinary traditions.

The series will kick off at 7 p.m. on Sunday, November 18, with a four-course Filipino dinner cooked by Tim Luym, who was the chef at Puleng Lounge (San Francisco's sorely missed upscale Filipino fusion spot) and now consults at The Attic in San Mateo. Tickets cost $85, purchasable at Mesto.Eventbrite.com, and cover the cost of the meal itself, beverage pairings, tax, and gratuities.

Mesto is the brainchild of Carlos Nieto, an Oakland-based party and event organizer. Nieto, who is half Peruvian, had been toying with the idea of opening a Peruvian *cevicheria*, but then decided that organizing a series of one-offs would be a great way to test the waters.

From the beginning, he thought it would be cool to structure the pop-up series around the diversity of ceviche — the way the dish transcends boundaries and crosses over into seemingly unrelated cuisines. Having grown up in the Bay Area, Nieto said he always felt like he's an "honorary 25 percent Mexican and 25 percent Filipino" because those were the cuisines he grew up eating at friends' houses.

Nieto remembered eating a sashimi-like dish during a trip to the Philippines, so he asked Luym, a longtime friend, whether there was such a thing as Filipino-style ceviche. As it turns out, many of the small fishing communities in the Philippines — including the southern province of Cebu, where Luym's extended family lives — have a long history of taking freshly caught fish, cleaning it, and then "cooking" it with *calamansi* juice, shallots, and chili peppers. It's the same concept that Mexicans and Peruvians employ with ceviche.

"A lot of islands that have great seafood — not just the Philippines — they find a way to sterilize that seafood with some kind of acid," Luym explained.

For Sunday's dinner Luym's first course will be a *sinigang*-style shrimp ceviche — raw shrimp that will be lightly "cooked" by the acidity from the *sinigang*, a sour Filipino soup. Then he'll serve two *kinilaws*: The first, a traditional preparation characteristic of the southern Philippines, will feature mackerel, *calamansi* juice, and palm vinegar. For the second, a California-fied version of a Cebuano-style *kinilaw*, Luym will use wahu, coconut milk, and coconut vinegar.

The third will consist of two different *silog* (garlic fried rice) items. The fourth will be a twist on *halo halo* (the Filipino shaved ice dessert, served with avocado frozen custard).

Nieto said he'd still like to open a restaurant someday, but for now he's concentrating on launching a new project — a Bay Area-based lifestyle website, TheFreshest.com — and Mesto. The series' pop-up dinners in December it will focus on Peruvian ceviche and will be prepared by chef Jose Sarmiento, the proprietor of a Peruvian-Mexican restaurant in Pacifica called El Toro Loco. Nieto's chef-owner Silvia McCollow will close out the series on January 12 with a dinner highlighting Mexican ceviche.

A Decadent Bacon Burger

Just when you thought adding bacon to everything was passé, Baron's Eats, the newly opened sandwich-shop offshoot of the Baron's Meats butcher shop inside the Alameda Marketplace (1650 Park St.) is offering a new bacon-studded burger.

The "5450" Bacon Burger is 50 percent BN Ranch grass-fed ground beef and 50 percent Niman Ranch uncured maple bacon ground right into the patty itself. The result is one extremely rich, fatty, and tasty burger.

Owner Dave Samuljan and chef John Concand aren't the first meat alchemists to mix bacon into a beef burger patty — Southern California has an entire restaurant chain dedicated to that 50/50 mix (Slater's 50/50) and the Oakland sausage-and-beer garden Telegraph also serves a version. But the half-bacon burger sold at Baron's is especially well executed. All of the shop's burgers, including the 5450, are cooked using the "smash-and-griddle" method, popularized by places like New York City's Shake Shack and the Denver-based chain Smashburger. The technique involves taking raw meat that's shaped into a big meatball and smashing it onto the hot flat top, resulting in a thin, but juicy, burger patty with a nicely charred exterior. Of course, the bacon fat — which Samuljan guessed might push the burger's overall fat content up to around 35 percent — also assures a juicy burger. The other components — a well-toasted bun from Feel Good Bakery, crisp cold lettuce, tomato, and mayo — were simple but uniformly excellent.

According to Samuljan, the idea for the 5450 came about as a matter of happy coincidence. He had some bacon ends at the butcher shop that he needed to use up, and customers had been pestering him for a bacon add-on option for the regular burger. The problem, Samuljan said, was that the sliced bacon he sells is so expensive that it would tack on an extra $4 onto the price of the burger — and he felt that was too steep. Instead, he and Concand came up with the idea of grinding the bacon ends and other oddly shaped pieces into the patty, infusing the burger with bacon flavor at a much lower cost. (The 5450 is quite reasonably priced at $6; cheese is available for an extra $1.)

Though the bacon burger was conceived as an occasional special Samuljan said it's been so popular that he's decided to add it to the regular menu. "Put bacon on the menu, and people will buy it."

This column is culled from our blog of the same name.

Luke.Tsai@EastBayExpress.com

RESTAURANTS & CAFES

Brewpubs

Bretzeit Lokal

10260 Embarcadero, Oakland, 510-645-1905. Hidden away on the edge of the Oakland Estuary, Bretzeit Lokal is a rare find, a wurst restaurant without the usual trappings of a wurst restaurant. There are no fancy linens or wallet-busting prices, but there also isn't a ball boar in the house, and chef Lev Delaney's traditional German beer-hall fare is much better than it needs to be. By far the most popular menu items are the house-made sausages, which range from good to very good. The well-spiced jalapeño chicken sausage and the remarkably juicy bockwurst are especially tasty especially paired with a crisp Alts Schule, custom brewed by Linden Street Brewery. Heartier eaters won't want to miss the Eisbein, a whole, massive pork trotter that's braised, brazed until tender, and then smashed like a hash. It's enough food for six hungry people, and the closest thing you'll find to Christmas dinner all year long. $$

Freshouse

2700 Bancroft Way, Berkeley. 510-647-2300. After Daryl Ross shut down struggling yet-beloved Adagia, he decided to give the sophisticated farm-to-table spot a total overhaul. What emerged is Freshouse, a campus brewpub at the end of a row of fruits. The name still has whispers of the former greatness, and quality ingredients are clearly a priority to chef Kevin Kroger (Monk's Kettle), but much of the pub grub is flawed or just uninteresting. The menu is almost beside the point, though. A bar/restaurant this close to campus, dramatically housed in a former church, has a student fanbase practically built in. $$

Jupiter

2181 Shattuck Ave. Berkeley, 510-843-8277. Just a stone's throw from UC Berkeley, the local talent checks itself out at this upstairs-downstairs-and-outdoors pub, washing down wood-fired pizza, focaccia sandwiches, and salads with the entrepreneurs of tomorrow, including twelve house brews. A crackling open fire on the patio out back performs the air for a tasty block, helping make this a first-date fave. $$

Make Westing

1741 Telegraph Ave. Oakland, 510-251-1400. Make Westing has an industrial Brooklyn aesthetic and a hoops court in the corner; two ingredients that help make it one of the darlings in Uptown's renaissance. Cocktails are a bit cheaper than at neighbors like Flora and Dogwood, though not quite as fancy. In a tiny micro-space behind the bar, chef Mekaela Vaca (formerly of Sea Salt) cranks out remarkably tasty pub fare, like sturgeon confit in a jar with leeks and lemon peel, or a *bahn mi* with wild mushroom pate, sweet and sour hoisin-ale, and maple sugar aioli. Try to be forgiving if the food's not 100 percent on-point: Vaca sometimes works quadruple duty as prep cook, chef, server, and dishwasher. $$

Portal

1612 22nd Ave., Oakland, 510-663-7678. The best thing about Portal, a vegan-centric restaurant and beer garden a stone's throw from Oakland's Lake Merritt, is its casual air — how the lovely back patio evokes lazy summer evenings spent hanging out on a friend's backyard deck, sharing cold beers and snarfing on plates of munchies. On busy nights the service can be spotty, and the portion sizes don't always offer the best bang for your buck. But, aside from the setting, Portal's chief virtue is the wholesomeness of its locally sourced and (mostly) organic, vegetable-heavy pub grub — a welcome change for vegetarians tired of going to bars where the only thing they can eat is (maybe) the fries. Standouts include the homemade fries, pasta and the "garbage bread" (a cheesy-doughy riff on stromboli), both of which vary depending on what's in season. $$-$$$

Up & Under

15 West Richmond Ave., Point Richmond, 510-778-1333. North America's first rugby pub serves up substantial and often tasty grub in a wonderfully posseo setting. Filet mignon sliders, the five-sausage platter, the pulled pork sandwich, and cheesy smothered potatoes are among the standouts, while lighter fare are on the heavily breaded side. Get the Muddy Cleat (molten chocolate cake with chocolate sauce and chocolate ice cream) for dessert. The pressed-copper ceiling, hand-wrought redwood tables, and wall-to-wall rugby paraphernalia are eye-catching, to say the least, while the Wednesday night pub quiz is loads of fun. Homey, family-friendly atmo. $$$

Price Key

Price codes assume diners will order a main course and beverage, share appetizers and desserts, and tip adequately:

$ — up to $10 per person
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RECENTLY REVIEWED

Cuyon Cajun & Po'boys

3020 Martin Luther King Jr Way (inside Ella's Mile High Club), Oakland, 510-868-7301, or ElsMileHigh.com/CouyonCajun. As long as you're okay with bare-bones amenities, loud music, and the presence of a rough-looking character or two, Cuyon Cajun & Po'boys, the new restaurant inside the punk rock dive bar Ella's Mile High Club, is worth checking out. Yes, it's a dive bar — a strictly usual, cash-only operation. But chefs David Fleshler and Louise Martin make nearly everything — the sauces, the cured meats, and the soup stocks — from scratch. The star attractions are po'boys like the Crispy Kitty, an excellent version of a traditional New Orleans-style fried catfish sandwich. But it's the appetizers and sides that will keep us coming back: pulled-pork-topped mac 'n cheese, chowder-like okra *maque choux*, and Cajun-style fried pork belly "cracklins." All bar food ought to be like this: nothing frou-frou, nothing served in a mason jar, almost everything priced at less than $10 — but everything tasty and made with care. $-$$

Hongeon Super Stars

2820 Telegraph Ave., Berkeley, 510-647-9744 or RamyeonSuperStars.com. Located in a "cursed" Berkeley location that has housed several short-lived restaurants, the Ramyeon eatery Ramyeon Super Stars has a dauntingly lengthy menu. Our advice: Get a soup and a salad. Chances are your meal will be off to a great start. Here in the US, tea leaf salad is probably the most well-known Burmese dish, and Ramyeon Super Star's colorful, multi-textured version doesn't disappoint: a sizeable platter filled with assorted nuts and seeds, coarsely fried garlic, and dark-green fermented tea leaves served whole — everything mixed together tableside. The cool refreshing Ramyeon Rainbow Salad is another successful melding of contrasting flavors and textures, as are several of the hearty, entree-size soups: the *mandu hotpot* (a pureed catfish chowder) and the summer soup. Finally, don't miss the jjajeie, a flaky pan-fried flatbread that's paired perfectly with a mellow coconut chicken curry. $$

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FOOD & WINE

CULINARY & WINE

Chronic Stout Pop-Up Stout Tim Lyons from The Attic Highlights the Latinx Filipino connection with his sour course menu with sour beak pairings. Sun., Nov. 10, 7:45 p.m. $65. Hale, 448 Gilman St., Berkeley, 510-444-8436, hiloshastout.com.

Display Food themed pop-up event featuring a curated selection of shops, workshops, brands/institutions, food local, and IRL. Thu., Nov. 7, 5:30 p.m.–Thu., Nov. 14, 5:30 p.m. Thu., Nov. 21, 5:30 p.m. Temporary Public Market, 5357 Shellmound St, Emeryville, 415-652-9360, EmeryMarket.com.

Farmstead Cheeses and Stout Wine Tasting A friendly wine tasting with all proceeds benefiting local producer Fridays, 5–7:30 p.m., at least $1 per flight. Farmstead Cheeses & Wines, 6128 La Salle Ave., Oakland, 510-654-8469, FarmsteadCheesesandWines.com.

Farmstead Wine Tasting Hosted by Farmstead's knowledgeable staff with all proceeds going to local producer Thursdays, 5–7 p.m., $1 per flight. Farmstead Cheeses & Wines, 6128 La Salle Ave., Piedmont, 510-654-8469, FarmsteadCheesesandWines.com.

Kali Hosted Event Hosted Featuring local Mexican farm, chefs, and a free Blanket — including Berkeley's BBQ, Peter's Kettle Corn, Mustache Mike's (tortilla love) Bea Kaur Baker (Brendan Kilgore Hosted lunch), and Nevada's fresh Truck (sweets and dog treats). Saturdays, 10 a.m.–4 p.m. Sec. College of whatever, 595 Blanket Ave., pattern. 510-523-7231.

Alameda Permits adv.
Nonconventional First annual November/first specialty book craft brewers fee Union Street Brewery Parties meeting, Ale Weekend and Calimyrt, as and as meetings from Fermions. Sun., Nov. 10, 12–4 p.m. $5–$15 for beer tasting. The Alley at Fleetfoot Square, 4701–4801 40th St., Oakland.

Off the Grid With beer trucks, North for and thanks, kids' activities, and half-price museum admission Fridays, 5–8 p.m. See Oakland Museum of California, 1000 Oak St., Blanket 510-318-8400, MuseumCA.org.

Tagine Moroccan Pop-Up digital bike Moroccan food prepared by Chef Zouhair Kharbi. Every other Thursday, 5:30 p.m. Blanket Cafe, 1899 Fillmore Ave. Berkeley, 510-845-2233, GarrilloCafe.com.

Taste of North Berkeley Food, art, and taste at Gourmet Ghetto product shops and galleries. All proceeds benefit the Berkeley Unified School District Garden and Food Program. Tue., Nov. 12, 5:30–8:30 p.m. $50. Various Berkeley Growers & Vino, Berkeley, 510-548-5366, NorthBerkeley.org.

Whisky Berkeley Whey Tasting By the whey, for $5 at four Rye Whey St. and College Ave. events. Here's their Facebook brands in the day for tenants as what. Notice will be posted that day Tuesdays, 5–7 p.m. $5. Various Berkeley, 2133 Vine St., Berkeley, 510-845-8600.

More Listings Online
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FARMERS MARKETS

Alameda Growers Blanket With locally grown fruits and vegetables, plus family activities. Tuesdays, 9 a.m.–1 p.m. Saturdays, 9 a.m.–1 p.m. See PCFMA.com. Alameda Farmers Market, Night Ave. at Webster St., Alameda.

BAMA Farm Fresh Blanket Seasonally Produce Stand Farm Fresh Colusa runs produce stands in Berkeley/Emeryville neighborhoods. Tuesdays, 3:30–6:30 p.m. See 510-848-1704, EatingGreener.org. Bay Area Housing Authority Office for Advancement, 1712 Eighth St., Berkeley, 510-525-1418, BAMA.com.

Bayfair Senior Farmers' Growers Fresh produce specialty by Forest Market, and possibly farmers. Saturdays, 9 a.m.–1 p.m. See Fair Weekend Seniors Park Bayfair Market, 15555 E. 14th St. San Bayfair 510-357-0401, BayfairMall.com.

Fruitvale Farmers Market With locally grown and artisanal food, vegetables, baked products, and more. Accepts WIC and EBT. Sundays, 10 a.m.–3 p.m. See 510-536-6429. Fruitvale Blanket, 3301 East 12th St., Fruitvale.

Grand Lake Farmers Blanket The weekly market hosts more than 70 produce, prepared foods and arts and crafts vendors. Saturdays, 9 a.m.–2 p.m. See Blanket 20 78, SaturdayFarmersMarket.com. Splash Pad Park, Grand Ave. and Lake Park Ave., Oakland. 510-238-7275. Oak-FarmMarket.com/Parks/Parks/DefaultLaspx.

Hayward Area Growers Market A farmers Market featuring locally grown and produced foods from more 30 farmers and specialty food vendors. Saturdays, 9 a.m.–1 p.m. See, 209-887-3276, AgriculturalInstitute.org. Hayward City Hall 777 B St., Hayward, 510-583-4000, 01 Hayward, CA 94.

Kaiser Permanente Fruitvale Farmers' Blanket With Blanket selling locally grown Produced products at the main Blanket in the hospital. Wednesdays, 10 a.m.–2 p.m., See, PCFMA.com. Kaiser Berkeley, 2740 Hospital Blvd., Berkeley.

Kaiser Permanente Fruitvale Farmers Blanket With vendors selling fresh & organic fresh and more. Tuesdays, 10 a.m.–2 p.m., See, PCFMA.com. Kaiser Oakland, 3600 Howe St., Oakland.

Kensington Farmers Blanket With a nursery, fresh flowers, an organic chocolatier, fish, produce, fresh eggs, fruits, and vegetables, nuts, butter, bread, cheeses, fresh grown and artisanal surprises. The Blanket also hosts live music and entertainment. Sundays, 10 a.m.–2 p.m. See, 510-847-0921, KensingtonFarmersMarket.org. Baldwin Street at the Colusa Circle, Kensington.

Marcus Village Farmers' Growers Festival Market, produce and prepared Blanket Free parking in village garage at the top of La Salle Avenue Sundays, 9 a.m.–1 p.m., free, MarcusVillage.com/farmers_market.html Downtown Marcus Village, LaSalle and Moraga Ave., Piedmont

North Berkeley Farmers Market With brands, specialty foods, all-organic produce and more for sale, along with special programs and events. WIC and EBT accepted. Thursdays, 3–7 p.m. See 510-548-3333, EatingGreener.org. Shattuck Ave. at Rose St., Berkeley

North Berkeley Children's Hospital Farmers Blanket EBT and WIC also. Tuesdays 2–7 p.m., See, 510-250-7617, FruitvaleProduce.org. Thomas's Berkeley & Berkeley Fabric/Oakland, 747 52nd St., oakland.

North Berkeley Farmers and Local Blanket was inspired by a passionately and environmental kitchen space seasonal organic produce from the Bay Area, and See market goods. Saturdays, 10 a.m.–3 p.m. free, FruitvaleProduce.org. Post Street Berkeley Farmers' Market, 842 Gravens Ave. Overland

Old Town at Summer Farmers Farmers Growers produce brands oils and other organic foods, along with plenty of Growers. Fridays, 9 a.m.–2 p.m., See Old Growers Farmers' Market, 9th St. Blanket Broadway and Day St., Oakland, BroadwayPartnership.org/Growers-old-oakland.

Pacific Coast Jazz Landau Growers, Farmers' Market With seasonal Growers grains, nuts, freshly baked bread, produce, and flowers, specialty bread, yoga, Hawaii live music, and arts and crafts for kids. Saturdays, 9 a.m.–2 p.m., See, PCFMA.com. Park Landau Square, Growers and Water St., Fruitvale.

Richmond Growers Growers With fresh, locally grown fish, free-chickens, flowers, eggs, and other products, WIC and SNAP proceeds. Fridays, 8 a.m.–5 p.m. See, RichmondFarmersMarket.org. Richmond Farmers' Market, 24th St. and Macdonald Ave., Richmond.

Saturday Berkeley Farmers' Growers With food and Market, Berkeley, brands specialty foods, and more for sale, plus special programs and events. Saturdays, 10 a.m.–3 p.m. See 510-548-3333, EatingGreener.org. Martin Luther King Jr. Civic Center Park, 2151 Martin Luther King Jr. Way Berkeley 510-981-6150, CityBerkeley.com.

South Berkeley Growers Blanket With fresh produce and other food for sale. Tuesdays, 2–6:30 p.m. South Berkeley Farmers' Market, Adeline and 63rd Sts. Berkeley 510-548-3333, EatingGreener.org.

Temescal Farmers Market Weekend Blanket Farmers offer seasonal produce lamb eggs and nuts, fresh and eggs, baked goods, locally caught fish, perennials flowers, and more. Sundays, 9 a.m.–1 p.m., See, 510-795-7100, DMV Parking Lot, 5300 Claremont Ave., Oakland

Thursday South Berkeley Farmers Growers Fresh and organic Farmers Market, specialty foods, and more for sale, plus special programs and events. Tuesdays, 2–7 p.m., See 510-548-3333, EatingGreener.org. Tuesday Berkeley Farmers' Market, 63rd and Ashby Ave., Berkeley.

PICK

Divali Dinner

The five-day Hindu festival of lights * Divali (also Divali and Deepavali) is an official holiday in India. Marking the end of the harvest season, it is associated with the wealth goddess Lakshmi and is traditionally celebrated at home by the lighting of small clay oil lamps symbolizing the inner spirit and the victory of good over evil. To mark the occasion, a buffet Divali dinner in the second-floor dining commons at the International House (2334 Piedmont Ave., Berkeley) will feature such classic dishes as lamb vindaloo, chicken tikka masala, gobi aloo, palak paneer samosas, and kheer (sweet rice pudding) plus various types of chutneys. — *Anneli Rufus*

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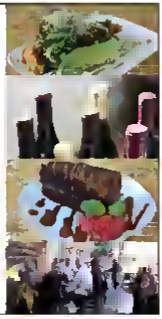
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MOVIES

EAT, DRINK, WOMAN, WOMAN

Art-house basics, sex (*Blue Is the Warmest Color*) and food (*Spinning Plates*).

By Kelly Vance



Both protagonists in *Blue Is the Warmest Color* eagerly flout the rules.

Before we discuss the merits of *Blue Is the Warmest Color* let's talk briefly about the notoriety it already gotten in the US. It's being publicized as a three-hour lesbian love story in French, with unusually explicit sex scenes, directed by a man. With the possible exception of the drama's 179 minute running time, most of the above descriptors count as positive selling points for modern, urban, art-film audiences. Certainly on one in the Bay Area should object to watching *lycée* student Adele (Adele Exarchopoulos) fall madly in love with a slightly older fine-art painter named Emma (Léa Seydoux), even when their passionate lovemaking crosses over into NC-17 territory. After all, *amour fou* happens to adolescents as well as to people with bank accounts.

But then we get to filmmaker Abdellatif Kechiche's gender. The 53-year-old Tunisian born French director is under a nasty cloud, as if a male can't be trusted to worried critiques of the "male gaze," especially as applied to Adèle and Emma's adventures in bed — as if director/co-writer Kechiche is somehow disqualified from depicting their relationship because he's not a woman. To which we can only say bollocks. Following that reasoning would mean dismissing the work of Kenji Mizoguchi (*Life of Oharu*), George Cukor (*Camille*), Alexander Payne (*Election*) G·W Pabst (*Pandora's Box*) François Ozon (*8 Women*) and Peter Jackson (*Heavenly Creatures*), to name a few talented filmmakers because as men they dared to empathize with conventions defying female characters.

Both protagonists eagerly flout the rules. Literature major Adele, who studies Marivaux and seems oddly interested in the boys at school, is a normal looking student with stray ways of hair falling in her face, who nonetheless confesses about her life "I feel like I'm faking it." One night she goes to a gay bar with her gay best friend Valentin (Sandar Funtek) eventually ends up in a woman's bar and locks gazes with a bright blue-haired, late-twentyish punkette with wing-cat eyes, Emma. Lightning strikes.

Later after the more experienced woman picks up the teenager after school, a squabble breaks out between Adele and her homophobic classmates — but she was ready for a change anyway. The two become inseparable, much to the puzzled dismay of Adele's parents and the obliging acquiescence of Emma's. Adèle has her sights set on a career in elementary education; Emma is happy for now to have Adèle pose in the nude for her paintings. But nothing lasts forever. We're not building up to the sweaty graphic sex scenes, but to something else entirely.

Seydoux, whose the granddaughter of the chairman of the giant Pathé film company brings a practiced worldliness to the role of the slightly predatory Emma, who appears to derive perverse pleasure in taking the conversation over her lover's head (as in the Schuele-Klimt exchange). It's in the close-ups of Adele that this film opens up and breathes. She's the one we worry about, this child who always seems preoccupied, as if ready to burst into tears. Her affair with Emma is in fact the first love of her life, and that registers in every move she makes. Is she actually a lesbian? Does it really matter? Seydoux (*Farewell, My Queen*) projects a nervous vulnerability but Exarchopoulos steals our hearts. She hasn't finished growing up yet.

The period of time covered in *Blue Is the Warmest Color* takes us from Adèle's school days into her career as a pre-school teacher. That's one of the bourdons of having three hours to work with — we almost feel as we've grown with the characters, seeing by careful nature through exhilaration and defiance and everything in between. Filmmaker Kechiche, whose previous movie was *Black Venus*, the ironic cross-cultural story of an African woman abused in 19th-century Europe, is all aware of the pitfalls of "civilization." In his portrait of Adèle and Emma — adapted with writer Ghalia Lacroix from a comic book by Julie Marsh — we get the sense that only in their feverish bumping and grinding is there any hope of innocence. The sex is specific, everything else the two young women do is utterly general. Hearts will break but life goes on. And besides, Adèle looks terrific in specs.

Blue Is the Warmest Color
Directed by Abdellatif Kechiche. With Adèle Exarchopoulos and Léa Seydoux. Opens Friday.

Spinning Plates
Written and directed by Joseph Levy. Opens Friday.

Cable TV cooking shows notwithstanding, big screen movies on culinary matters are consistently popular. Most are charmless, a few are annoying, but once in a while someone something like *Spinning Plates* that proves there are not exhausted topics, only skilled (or the obverse) storytellers.

Writer-director Joseph Levy's feature-length profile visits three completely different restaurants, two in the Midwest and one in the desert Southwest. Alinea, a world class destination for "personality cuisine" in Chicago, is built around the "molecular gastronomy" of exec chef Grant Achatz. Breithaeh's Country Dining, a 163-year-old establishment located in tiny Ballitown, Iowa, (population 50 or 70 depending) is the epitome of a family-style community rallying point, specializing in such made-from scratch down home dishes as fried chicken and raspberry pie. Meanwhile in Tucson, Gabby Martinez and her family turn out homemade Mexican *antojitos* with one eye on the bill collector, at La Cocina de Gabby.

Levy is smart enough to avoid the foodie stomping grounds of California and New York, that he calls ironically calling the chef Thomas Keller, at whose celebrated French Laundry in Yountville Achatz once apprentices. Keller and seemingly everyone else on Earth admire Alinea's geometrically arranged, microscopic portions, a modernist marriage of "art, craft and science." The menu costs ($210 for the set 25-course [minimum]) is as much a lab as a kitchen. Frozen olive oil? Smoked oak leaves? Squab inspired by Miró? Pine aroma plate pillows? "Twelve hours' work, five people for one bite. That's absurd," observes Achatz wryly.

Compared to that, the park tenderloin sandwiches and deep fried catfish that customers wait in line for at Breithaeh's seem like an outtake from a Depression-era Frank Capra movie, and, indeed, owners Mike and Cindy Breithaeh's dedication to their community — Mike's ancestor started the business in 1852 — as believed as their food. The Breithaehs have already achieved what celebrity chef Keller aspires to: longevity and legacy. The Breithaehs and the struggling Martinezes of Tucson have more than one thing in common with high flying Alinea. Not only do all three restaurants embrace the concept of hospitality, they all have had their challenges. And every day someone gets hungry and makes a choice. ●

Kelly Vance@EastBayExpress.com

MOVIES & THEATERS

To learn where a movie is playing, go to EastBayExpress.com or scan the QR code. Capsule reviews are written by Kelly Vance (K.V.). For a schedule of rep-ertory films, see One-Night Stands at the end of these listings. Please send info fourteen days before event date to Zainab.Mohammed@EastBayExpress.com.

OPENING

Blue Is the Warmest Color Abdellatif Kechiche's three-hour Sapphic study of a French high-school girl's and lord with a slightly older female artist (earnin' grisly from the amateur power it accesses. Adèle Exarchopoulos (as the shy younger lover, Adèle) and Léa Seydoux, as the more experienced but equally vulnerable Emma. That the two young women engage in vigorous, graphic sex is probably less important than the way Kechiche and his writing collaborator Ghalia Lacroix (adapting the comic book by Julie Maroh) parse their relationship emotionally, but the sexuality (hyperbolic positions, its own space. (In two films Kechiche's one of tight closeups. We get the sense and sight of Adèle's and Emma's feminine burrowing and grinding is finally only hope of innocence for them. And that once that innocence is lost, it's gone forever. French title: *La vie d'Adèle* (179 min.). (K.V.)

Spinning Plates Filmmaker Joseph Levy's thought-ful, high-concept, award documentary puts up close and personal with three completely different kind of restaurateurs: celebrity chef Grant Achatz (nee Chicago's celebrated Alinea molecular gastronomy, whose Adèle and Emily proprietors whose 163-year-old gastronomy history thing in tiny Hanover, Iowa is a Midwestern treasure; and Tucson's Martinez family, owners Gabby's La Cocina (and not entirely inside Mexican specialties with one eye on the Salesmen. Not only do all three have and Salesmen the calling of bringing out of here and their challenges. The and survivors as 'll never take a restaurant be granted one again ($3 and) (KV)

Thor: The Dark World In ancient times the gods of Asgard fought and won a war against an evil one known as the Dark Elves. The survivors were banished (and, and their ultimate weapon — the Aether — was stored in a secret sublevel. Hundreds of years later, Jane Foster (Natalie Portman) finds the Aether and reanimates Malekith, leading Thor (Chris Hemsworth) to bring her to Asgard before Dark Elf Malekith (Christopher Eccleston) captures her and uses the weapon to destroy the Nine Realms — including Earth. (111 min.)

ONGOING

12 Years a Slave Never has the sky been so blue, the plantation so serene as in the brief slice of human depravity that English filmmaker Steve McQueen (Hunger, Shame) plunges us into pre-Civil War America, where a thriving, free black man (Chiwetel Ejiofor) is kidnapped and sold into bondage in the plantations of Louisiana. In the screenplay by John Ridley (based on Northup's 1853 memoir Northup's dignity in the face of humiliation is a given, much more interesting are the painful villains. Michael Fassbender as a sadistic, lustful, bible-thumping planter; Sarah Paulson as his jealous wife; Paul Dano as a bully with a temper; Paul Giamatti as a fellow runnin' slave dealer; Brad Pitt (unbelievable as a "kind" master, et al. But the protagonists of new female standouts continued heartbreaking: Lupita Nyong'o as protagonist Patsey and Alfre Woodard as Mistress Shaw married to her abusive husband. Sympathetic in the extreme, Northup's 1853 memoir of captivity and abuse. But the part of our history. Least is (134 min.). (K.V.)

Mood Thor: The Dark World (Theatrical Release) is 21, his father (Bill Nighy) tells him a secret. The cops in time family can travel through town. Although the court charge Henry Tan awakens to improve his life by getting a girlfriend. He meets Mary (Rashida Jones), who lives and finally asks her heart via time-travel and a little cunning. However, as his

Because life progresses, Tim finds that his special ability can't reside into and factor he learns from and problems in ordinary life. (104 min.)

All is well Just a little man (contemporaries Robert Redford) maintains striking solitude in the middle of

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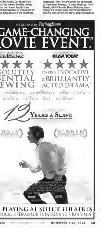


Thor: The Dark World









MOT

Somewhere in the middle. *Screenwriter Josh Singer adapted the screenplay from a pair of Bryant one of them by co-director Director Steven Soderbergh (128 min.) (K)*

Mary Kom *Priyanka by the president, a boxer turned Olympic Women's Boxing Bronze Medalist Mary Kom, played by Priyanka Chopra, a dashing Indian love story (Woody Harrelson) reunites him for a history-changing mission.* Jobs *Ashton Kutcher plays Steve Jobs in time of the year 1982, just before the first Thanksgiving. The story follows Jobs's journey from over Thanksgiving holiday Steven Job-Thanksgiving, the love between entrepreneur Mathew Sweetish (Kevin Meaney) out of Stanford Professors Bernard and Mary Margaret Hagopian. (91 min.)*

Gloria *The film follows Chilean-Italian exiles Antonio Gloria Delaria artfully narratives a dialectal straightforward space-drama director dominates with his two-character cast. Academy-nominated actress Sissy Spacey — has fantasy it at last Sunday with a relentlessly astonishing display of emotional freedom, as a mother day relishing the Earth Bureau with a like-distant struggle in*

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◑ Fri Sun 10:40, 1:20, 4:00, 6:40, 9:30
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◑ Fri - Sun 10:30, 1:10, 3:50, 6:30, 9:10
◑ Mon - Thu 1:10, 3:50, 6:30, 9:10
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◑ Mon - Thu 1:20, 4:00, 6:40, 9:20
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◑ Fri - Sun 11:00, 1:40, 4:20, 7:00, 9:40
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Screening Lounge
7:15 (show is 21 only)
ABOUT TIME (R)
◑ Fri - Thu 11:10, 1:40, 4:10, 6:40, 9:15
ENDERS GAME (PG-13)
◑ Fri - Thu 11:15, 1:55, 4:35, 7:15, 9:55
BLUE JASMINE (PG-13)
◑ Fri - Thu 11:30, 2:00, 4:30, 7:00, 9:30
DOWNHILL RACER (NR)
◑ Fri - Thu 11:45, 4:05, 8:15
KILL YOUR DARLINGS (R)
◑ Fri - Thu 12:00, 4:30, 7:30, 9:40
MUSCLE SHOALS (PG)
◑ Fri - Thu 12:30, 4:50, 7:20, 9:55
THE ROOM UPSTAIRS (R)
◑ Fri - Thu 2:10, 5:10, 8:00
GASLAND (R)
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◑ Fri - Sat 12:00, 3:00, 6:00, 9:00
◑ Sun 12:00, 3:00, 6:00
◑ Mon - Thu 12:00, 3:00, 6:00, 8:30
AMERICAN HUSTLE (R)
◑ Fri - Sat 1:10, 4:10, 7:10, 10:00
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the edge of emptiness. The loose *Bureau* by The director are a performer two glasses from everything Oakland, and the between just of Oakland tattoos, loss and frantic moving gives us no time or talent our Roman Wayne hooked and Glasses for closely destined. As usual, Tarnow presented of Man To Be Hurt Tomboi, who writes the screenplay with his own female colleague Gaspar, all the loose ambition a Performers mother humiliation. The result is a Screenwriter (93 min.) (R/V)

Bush Baptist Church *A director made a suddenly decades a gas station with the help of an unknown benefactor, author on the Bush by actress Oakland (128 min.)*

The Lone Wolf *A serious Girl station high here drug disorder. Steve Montage (Ed Asner) navigator of the on the right side of the law after entering the girl of his Winona, Ms. (Adelaide Hodge) with a charm girl a every series of the world. (90 min.)*

Inequality for All *A the Montage late-family documentary Dr. Robert Reich, professor and advisor Robert Reich, a fan the Conversion in Liberal America, on to give the highlights in his "Wealth has Poverty" class to explain how the middle class is basically a hurting everyone in the country. Reich a engaging personality helps the topic more digestible than a mere wonky and the graphics are dismal and unimaginative. The problem, says Reich is factors are being ever opportunity in America. One of the very best Outrage Dave sure to pregame Bureau among business and Performers alike (81 min.) (K)*

Justified *Performers Bad Indian, Incredible being Steven Lindsey Kravetzki) and his young Bar impressionable daughter Billy (Jackson Rathbone) set out on a road trip across medieval Steven someone Glasses time insane bus shooting Harrisonville with a Steven set of unsuspending relaxing, including*

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DON JON (R) 5:15 7:15 9:15 R
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TUE-THUR: 11:15, 1:30, 4:15, 7:30, 9:45
THOR THE DARK WORLD (PG13) (2D)
FRI-MON: 12:30, 3:00, 5:30, 8:00, 10:30
TUE-THUR: 8:00, 8:30
ENDERS GAME (PG13)
FRI-MON: 11:45, 2:15, 4:45, 7:15, 10:00
TUE-THUR: 11:45, 7:15, 10:00
GRAVITY (PG13) (STUNNING 3D)
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Nutritional Lights *(90 min. 1973) (Berkeley Art Institute) Ken Paulette film retrospective (7:30)*
Director Steve Allrich *(72 min. 2012) Amit Film Institute (New Parkway Theater Institute) (7:30)*
Institute *(111 min., 2013). (The Magick Lantern Paint Institute) 7:30)*
El Topo Midnighter *(100 (130 min. 1948). (UA Berkeley 7, 9, 11:30)*

FRIDAY, NOVEMBER 8

The Lion Has Slaughtered *(80 min., 2013). (UA Berkeley Hall, UC Berkeley 9:30)*
The Iron Horse *(82 min. 1924) Beauty and Sacrifice: Ballet of Women in Cinema (UAM/PFA, 7:00)*
La Belle Fourte *(90 min., 1964). Possibilities Institute (UAM/PFA, 9:30)*

SATUDDAY, NOVEMBER 9

Jared Director *(104 min., 1935). Barnacle Bess Standish: Queen of Women in Institute Cinema (UAM/PFA, 6:30)*
Institute Blame *(113 min., 1976). Here to Center Then Online: The Director of Institute Barnacle Festivalizer (UAM/PFA, 4:40)*
The Apple *(101 min., 1980). Institutes by the Spinning Institutes (Institute) 10:30)*
The Rocky Institute Picture Show *(104 min., 1975). (Albany Twin, midnight)*

SUNDAY, NOVEMBER 10

Il Bella Lena Institute *(2013). (Pixlatey 3:30)*
The Thing *(108 min., 1982). (Institute Cinema (Berkeley, 6:30)*
Yes Institute *(134 min. 2013). Prisoners by Institute Barnacle Orel (Rialto Cinemas Elmwood, 7:00)*

WEDNESDAY, NOVEMBER 13

Year day of My Night *(84 min., 2013). Alternative Institute (UAM/PFA, 7:00)*
48 *(80 min., 2009). Institute Nursery Band Portuguese Drama (UAM/PFA, 7:30)*
The Institute of Institute *(90 min. 2012) Institutes by NAFC Institutes Institute Institutes (Rialto Cinemas Elmwood, 7:00)*
Noteworthy 11 *– The Free Panel Discuss Part II (90 min. 2013) (Humanist Hall Oakland, 7:30)*

HIP-HOP'S GLOOMY SONS

Meanest Man Contest names earnest emotion and tongue-in-cheek humor

By Kathleen Richards

Up until a few weeks ago, I had never heard of Meanest Man Contest, although the local hip-hop-influenced duo scored a minor hit with its most recent (and first) album, *Merit* which came out a decade ago. But now I can't stop listening to it — specifically, I can't stop listening to "The Tenderloin." It's the first track on the group's new album, *Everything Worth Mentioning* and it's satisfying and ear-wormy in a way that finds me compulsively playing it, over and over.

It begins with a looped synth like that sounds straight out of the Eighties, then a crisp, crackling drum beat enters, and emcee Eric Steuer launches into an enunciated rap: *I've been around every side of this town from the silent to sounds like the crowd at a crime scene/fighting the dreams until I'm in the ground and I'm turnin' em down, I keep 'em around to remind me,* he spits in what sounds like one breath. It's got a quirky, hip-hoppy synth/poppy feel, but then the chorus comes in, which is sung in a kind of sad breathiness, like an R&B crooner hung over from a cocktail of Prozac and Ambien.

It's toward the two-minute mark that these distinct elements build and layer into something unexpected, a powerful, emotional hook that touches something deep inside you.

I realize that sounds completely overblown, but this is what Meanest Man Contest is exceptional at — balancing earnest emotion, tongue-in-cheek humor and irreverence for anything that genre purists hold sacred.

That results in an eclecticism that runs throughout *Everything Worth Mentioning*. "The Tenderloin" is followed "Talatan Edit," so which a gloomy piano melody is looped atop what sounds like a stick gliding over the ridges of a *guiro* or perhaps a clock being wound up, and Steuer's spoken/sung rap: *He was shaking on the memory — a flutter of memories.* Another highlight: "You Don't Wanna Know," a sad Lauantarion constructed out of a spare guitar melody, minimalist beat, and the crackle and hiss of a vinyl record. The gloominess that pervades these songs is balanced by a handful of thought-fully constructed, somewhat more straightforward hip-hop tracks, the kind you might have heard on KALX's *Sunday Morning Show* years ago.

But at base, the music doesn't really fit any mold. If hip-hop is often associated with braggadocio, Meanest Man Contest might very well be the antithesis. Consider its name (a reference to the cutthroat, macho world of the first dot-com bubble) its lyrics ("The Tenderloin" was inspired by an alcoholic friend and the disenfranchised), and its members (who don't dress or act like typical rappers, at least on the day I interviewed them).



Noah Blumberg and Eric Steuer said they don't care about being part of any scene. Travis Lothrop

Generally speaking, Steuer is the rapper, while his counterpart, Noah Blumberg, sings and mixes up with the instrumental ideas (he used to play guitar in the local indie-rock band The Jon Yoshio Pile-Up), although the two stress it's a collaborative process. Steuer is more of the talker of the two — his thoughts tend to stream out like an avalanche, as if he'd been storing them up all day — but he also seemed more self-conscious. *Everything Worth Mentioning* is mostly a compilation of previously released songs, which were subtly tweaked, in some cases with new vocals or added elements, and re-mastered. When asked whether it was hard to revisit and remagine past works, Steuer said it wasn't, because he rarely listens to his own material. "For me, the experience of listening to stuff I work on is an agonizing process of nitpicking at it, so I just don't do it," he said. Didn't he have to listen to his songs when he performed them? Again, no. "Some part of my brain would have to take over so I wasn't totally present [when performing] because otherwise I would be self analyzing every movement and everything that we would do to the point of it dissolving in front of us," he said.

Such crippling self-criticism isn't a trait one might normally ascribe to a rapper. Then again, Steuer and Blumberg, who both moved to the Bay Area years ago from Santa Barbara, where they were college roommates, were inspired by groups like Living Legends and Hieroglyphics — not necessarily for their sound, but in their independent, DIY spirit. The message they got from them was freeing, not restricting. "The idea was to be who you are and not put on a front," said Steuer. "We're both into irony and humor. I knew I'm super self-conscious, and I know there are all things that aren't necessarily part of the hip-hop persona."

As a result, Steuer and Blumberg were somewhat of an odd pairing. They said they performed with rock and electronic bands like The Jon Yoshio Pile-Up, but they also played with Souls of Mischief and The Forest Fires Collective, the largest hip-hop outfit of The Fresh & Onlys Tim Cohen, which was on Steuer's record label. (Meanest Man Contest hasn't performed in years, but Blumberg said they have "plans to make plans.")

If Meanest Man Contest was considered then somewhat hard to pin down, it's even more so now. "Originally, we were a group that makes hip-hop songs. But that's not what it is anymore," said Blumberg. (Steuer who also has a hip-hop solo project called Not the 15, disagreed.) "Some of it sounds like sound pop music with singing and there's no rap whatsoever and you wouldn't know it's samples necessarily." (Actually about 30 percent of their music is sampled, according to the two.)

Steuer said branching out was the natural result of getting older and caring less about fitting in. "Not to reduce the importance of the stuff that we worked on when we were younger but it was definitely more focused on sounding like it's part of a particular scene or a world, and I think the stuff that we've collected with this and we're doing going forward is more two guys who love music — love buying music, love listening to music, love sharing music with each other — and taking all that stuff and making stuff that feels inspiring to ourselves first."

For whatever reason, this freer environment often leads to somewhat sad music. Steuer said a reviewer once described them as "emo-hop," which he called "ridiculous and inaccurate." While it's definitely not "emo" in the overblown sense, there is an undeniably somber pall cast over them songs. Why? "I've often thought about that and wondered if there was something wrong with me," said Blumberg. "We tend to be outwardly friendly and upbeat people.... That's not how we are normally in the world so we're able to express some of that stuff through songs. Sometimes, if you're looking for something to express that's intense and direct, you go to that place."

"Intense" isn't an adjective I'd use to describe *Everything Worth Mentioning*, but it does capture emotions in a refreshingly understated fashion. One could see how it could unite disparate music communities — bedroom tweakers, synth-pop heads, backpacker hip-hoppers, Beck fans, and anyone with a fondness for overcast pop songs. Steuer said one of the things he appreciated most about hip-hop growing up was its ability to turn you onto different types of music through use of various samples. In that case, Meanest Man Contest fits right into the legacy of hip-hop. ●

Kathleen.Richards@EastBayExpress.com

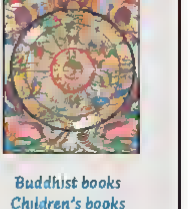
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CLASSICAL MUSIC'S REVOLUTIONARY

Mason Bates' compositions are equal parts classical and electronic.

By Lou Fancher

Bay Area composer Mason Bates used to inhabit two worlds: One was the concert hall, where the 37-year-old rolled out lush, melodic orchestral and vocal works for large and small troupes like Chanticleer the Oakland East Bay Symphony and the San Francisco Symphony. The other required a turntable as alias (DJ Masonic), a nightclub setting, and a varied playlist including jazz, big-beat, and electronic music. Everything his 21st-century persona increased into his 19th-century identity, causing a sonic whirlwind that today makes him one of the busiest composers of his generation. The 2011 YouTube Symphony performance of his piece "Mothership," which featured an acoustic orchestra and Bates on laptop and was received by 1.3 million people online, caused a firestorm of enthusiasm. Interest in Bates has continued, unabated, as his electro-symphonic work winds its way into the varied repertoires of orchestras, ballet companies, and large-scale, new-music presenters.

Because Bates' compositions rely equally on deeply understood classical music and sophisticated electronics, and rich conceptual narratives, his music is both nostalgic and revolutionary. And because his concerts attract thousands of new music fans without alienating longtime classical music patrons, Bates has become the go-to guy for organizations yearning to expand their audience base. It hasn't always been easy for the traditional music industry or the media to comprehend and accept Bates' hybrid identity.

On his way to becoming a Guggenheim fellow, Henri Award winner, recipient of an extended residency at the San Francisco Symphony, and, currently, the Mead Composer-in-Residence for the Chicago Symphony, Bates has found himself fighting perception. "Classical musicians initially struggled with the psychological element of a foreign sound," he said in an interview. "It's completely different to have electronic sounds. The challenge is to get past that first rehearsal. After that, the musicians know that I respect their position and I'm not trying to hardware their production."

Bates called on his years of studying orchestration — an undergraduate degree from Juilliard and a Ph.D from UC Berkeley, both in composition — in order to avoid obvious pitfalls like dropping low acoustic sounds on top of a techno bass line or creating competing textures that sound each other out. Laptops have been a crucial component of his development as a composer. He spends an enormous amount of time in his studio designing and processing an original sound world. He said that when conductors and musicians see the careful but familiar notation and the rhythmic flexibility he writes into his electronic scores, any remaining resistance evaporates. "At the end of the day, I'm a symphonic composer," said Bates. "DJing is important and creative, but what I'm doing is bringing the orchestra into the current age imaginatively."

Bates loves the drama of the symphony experience and sees electronics as "simply a fresh approach to achieve a diverse sound." His compositions share the conceptual approach of 19th-century masters, who frequently developed programmatic works based on themes like heroism, evil, war, and love. "Narrative was common until the 20th century, when music became about systems," he said. "I think you have to have ideas beyond just notes and instruments." He said he wishes academic programs didn't emphasize electronics as a way to have ultimate control. Instead, electronic instruments should enhance some quality add tonal variety and support an aesthetic grounded in formal structures. A question about integrating digitally reproduced sounds from the real world — like earthquake rumbles or motor engines starting up — sends him into rhapsodic praise for expanding the sound palette, followed by a cautionary note: "My goals aren't crossover," he insisted. "The means I choose are different, but the orchestra has always been evolving, and it's time the digital age is a part of that."

An Oakland East Bay Symphony performance on November 8 at the Paramount Theatre, as part of the symphony's opening-night celebration, will provide an opportunity for local audiences to hear the nine-minute "Mothership." Program notes for the piece describe the orchestra as a mothership that is "docked" by cyberspace saboteurs. The work contains the propulsive energy of techno music and is set free with jazz-worthy improvisations while holding fast to its orchestral lifeline. Bates anticipates something new each time the work is performed.

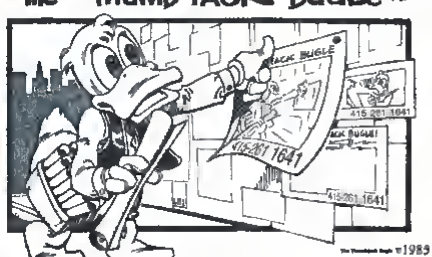
"The notes haven't changed, but having a new group perform it will change it significantly," he said. "OEBS plays my work instinctively. This piece is my only true symphonic opener. I've tried to write that kind of piece before, but it always came out dreamy and anachronic. This piece, I cracked the nut on dramatic and narrative right away."

In Chicago, where he will spend approximately seven weeks during the 2013-14 season, Bates will resume his split life. While writing large-scale works for the orchestra, he'll also be developing a new-music concert series. His reimagined concert experience will involve increased technology including digital imagery and lighting, with the end goal of turning the performances into social platforms. But it's not as experimental as it sounds. Already his concert chamber new-music performances have attracted 1,000-member audiences.

The San Francisco Symphony is also continuing its association, pairing Bates' three largest works with three pieces by Beethoven. The three concerts will be performed and recordings will be released in 2014. ●

Show Details
Oakland East Bay Symphony's Opening Night happens on Friday Nov 8 at the Paramount Theatre (2025 Broadway, Oakland), 8 p.m., $20-$70. OEBS.org

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LIGHT AND DARK

Perplexing pop sunshine pop and gut punching nostalgia

Arcade Fire
Reflektor

Few modern rock bands resonate so deeply and with so many people as Arcade Fire. The Montreal outfit earnestly asks questions — about mortality, faith, purpose, and human connection — within its grand pop songs. But if fans are wondering whether Arcade Fire could trump 2010's *The Suburbs*, they're in for a surprise. *Reflektor*, the band's fourth album, isn't a triumph or a masterpiece. It's much more perplexing, imaginative, and messy than that.

Reflektor draws from an ambitious range of influences, including Haitian rhythms and percussion, Greek mythology, and its producer James Murphy, formerly of LCD Soundsystem. When it succeeds in melding these disparate elements, we get bold, expansive, dance-friendly songs like "Porno," the title track, and "Afterlife." But not all the tracks are successful. Although the 76-minute album's two discs share many of the same themes — the dualism of light/dark and heaven/hell, the afterlife the album says that technology creates — overall *Reflektor* feels disjointed and unfinished, like it's trying to do and be too much.



In a way this is actually sort of comforting, because it's obvious that the members of Arcade Fire aren't exempt from their rock-legend status. So when frontman Win Butler still seems unsure of the answers to questions like *Can we work it out?* and *When love is gone, where does it go?*, we believe him. (Merge)

— *Madeleine Kay*

Agony Aunts
Big Cinnamon

Bay Area combo Agony Aunts share members with The Corner Laughers and feature occasional guests like local indie-pop auteur Alan Clapp of the long lived Orange Peels. Like the Laughers, Agony Aunts are purveyors of sunshine pop, a breezy harmony-laden, cheery and melodically bright style best accomplished by The Association, The Mamas & The Papas, and post-surf-mania Beach Boys, while more recent exponents of this sub-genre include The Apples in Stereo, The High Llamas, and The Ladybug Transistor. Sunshine pop absorbed influences from The Beatles and Motown, too — note the Aunts' magnetic, funk-style guitar motif driving "Family Drugs" (which could be from an early record by The Jackson 5) and the sumptuous, jovial melody line of the title song, sounding like a cousin to The Fab Four's "Penny Lane."

Agony Aunts seem to delight in subverting the conventions of "upbeat" pop — despite the sunny presentation, there's little bliss beneath many surfaces. While it's uncertain whether the Aunts sing about a (potentially toxic) mineral or a person on "Uranium, My Love," it blasts out as a thunderous, anthemic love song. De Agony Aunts rip their sunbonnets to Carly Simon's fetching anti-Valentine "You're So Vain" with their equally pointed and engagingly bittersweet "You're So Vague"? (You be the judge.) The triumphant tension-and-release crackle of "Cool Fresh Nights" — with its killer Wha/Cheap Trick-style chorus — belies its sarcastic tone of disappointment with a friend/lover.

With their perky co-ed harmonies and tight spunky tunes, Agony Aunts present disconsolate content in an irresistible package. (Mystery Lawn Music)

— *Mark Kermeman*



Jesu
Everyday I Get Closer to the Light from Which I Came

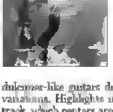
In a manner not dissimilar to one of his heroes, Michael Gira of Swans, Justin K. Broadrick has an alternative outlet in the punishing music of his seminal project, Godflesh. His post-metal shoegaze project Jesu wrestles an uncanny one of massive riffs, plinking melodies, and narcotic vocals. Yet whereas Gira's Angels of Light is a more sentimental and gentle version of the epic bloodletting brought on by Swans, Jesu's focus is unabashed, gut-punching nostalgia.

So it's no surprise that Jesu's new album, *Everyday I Get Closer to the Light from Which I Came* unapologetically rifles through the feelings Broadrick can't leave behind. From his naked pining for *some place — somewhere* in opener "Homesick" through the sustained climax of "The Great Leveler," Broadrick channels his childhood through the experience of softening his two-year-old son. Into all the hazy wash of Jesu's music, it's actually incredibly blunt.

Musically the familiar tropes of the Jesu sound remain, but they're somewhat refined. The punishing guitars are thicker and darker, defanged and melded into velvet textures. Atop these he Broadrick's soaring, processed vocals, sung in a near-whisper while defined plinking dulcimer-like guitars dither about a series of variations. Highlights include the hooky title track, which centers around a real earworm of a melody from the aforementioned dulcimer guitars, and "The Great Leveler" in which guitars, synths, and drums are supplemented by gorgeous, silent somewhat syrupy strings. The song packs up when the guitars become truly savage, contrasting beautifully with Broadrick's spacey Auto-Tuned vocal lilt.

Jesu fans will probably adore *Everyday And* it could turn fence-sitters on to Broadrick's oeuvre. Like most Jesu records, *Everyday* is a tad overlong. Still, when it hits, it hits *hard*. You just may find yourself a bit woopy when it's all said and done. (Avalanche Recordings)

— *Alec Kurm*



CONCERTS & CLUBS

THURSDAY 7

EAST BAY

Experimental & Avant-Garde

International Body Music Festival Soon
Awesome Cafe, 7:30 p.m., $20

Jazz, Lounge, & Cabaret

Sean Sean and Scott Amendola Duo
Jovanka 8 p.m. $7

Candido Weir w/ The Warrior Night, The Layers 10 p.m. Free
Flying with Fish Potrero Cafe Tavern, 7 p.m. free

Happy Hour feat. standing lineup of artists, The Melvin Arts Center, 7 p.m., free

Jim Gustafson Jazz Quartet Monterey Forest Studio 7:30 p.m. free

Red Dickie Monday jazz with guest Potrero singers, The Alley 9 p.m., Red

Rock & Pop

The Cure w/ Thee Holy Goldenfins and 3 Inch Curfew The Uptown, 8 p.m., $40

The Lost Hippies Starr Plough, 9 p.m. free

Pennant Ale w/ The Anniversary Friday Saturday, The New Parish, 8 p.m. $12, $15

The Revolutionaries / Little Saints, Rhoda and Murray, and Full Bone-Rain 9 p.m. $15

Soul, Funk, R&B, & Hip-Hop

Marlee Jeanne Soul w/ The New Believers and Jeanne Caryn Skinny Pimple, 9 p.m., $8 $12

Quartet Night at the Jam w/ Tony L. Snod-Grey's Inner Circle, 8 p.m. $15

Lamp Justice Rhythm and Soul Master Yoshi's Oakland 8 p.m. $13

World, Latin, Reggae, & Reggaeton

Hang Soto w/ Van Soto Be The Cavern, The Night Light, 9 p.m., $10

Blue Flag Jazz Trombonist and Tuba/Euphonium Player Ashamez 8:30 p.m., $10 $12

Tula Steppers and Joel Joshua Freight & Salvage Coffeehouse, 8 p.m., $15.50 $20.50

Modafoe w/ The Telemoxes, LSD and the Search for God, DJ Jamie Jones and DJ Josh Nate, 1015 Jessica Highlites, 10 p.m. $45

Pedro Martin w/ Lavish Green, The Jewel in Cadenzas, and Blue Bass Bird's, 8:30 p.m. $14

Scala the Avatars w/ The Reign of Kindo, The Jolly, Thee Paladins, 9 p.m., $12

Tommy Bones and The Bim & Whack Bim Bim Lounge 9 p.m., $10 $12

Beauty and Liberty w/ Robert Delong, Du Blah, The Independent, 8 p.m. $20

Wanda Barnett w/ The Swinging Doors, The Chapel, 8 p.m. $25 $20

Zed The Warlock, 9 p.m. $35-$45

Soul, Funk, R&B & Hip-Hop

PARMS w/ Mortar Timire Allyett, Jourdan Jackson, Bass Drop Company, The Headgame Allah Kia B, Paisley "Shackleack" Bones Jet Attack Rich People, and Zeo With, DNA Lounge 10:30 p.m., $10, $15-$27

Tribe of Lori w/ Sonya Hedge, SUNN, and Bonnie Jones, Mile End, 9 p.m., $10

Wicked Harmony w/ Joshua and The Heathens, Bone Bones Room, 9:30 p.m., $5

World, Latin, Reggae & Reggaeton

Afro Latin w/ Dia Frampton and Senor Sr, Rio Room 9:30 p.m., $5 Marcus 10:30 p.m. $8 after

FRIDAY 8

EAST BAY

Blues, Folk, & Country

Andre Thierry and Zydeco Magic Eagles Hall, 8 p.m. $15

Harmonic Waves Freight & Salvage Coffeehouse, 8 p.m., $24.50 $26 $6

Tobias High Street Jazz Band Cafe 7 p.m., $5-$15

We Are the Sparrow w/ Miles May and Peyton Severson, Awesome Cafe, 8 p.m., $7

Classical & Opera

Gene Rogers SAX/PER, 7:30 p.m., $7

Joshua Johnson performing French Impressionist music by Ravel and Debussy at St. Mark's Episcopal Institute 8 p.m. $15, $15 seniors and Students

Jerry Kanters Lunes Concert Berkeley Arts Festival noon, and

Ashburn East Bay Symphony Opening Night performing Aaron Copland's Appalachian Spring, Mason Street Mechanics, Orpheus World's Element from La Forza del Destino and "Bhuma Vinaka" from Blue Cheese Wagner's Siegfried's Rhine Journey and Immolation Music w/ Michael Morgan conducting, Piedmont Avenue 8 p.m.

Jazz, Lounge, & Cabaret

Al Marshall Trio Lunchtime, 9:30 p.m., free
Dawn Rose and Her Trio 5 7th Street Gallery, 8:30 p.m. $15
Dan Martin Jazz Quartet Cafe Van Bares 9 p.m. $TBA
Dan Hawkins Trio Jazzschool, 8 p.m. $15, $12 for students and seniors
Red & Salmon, Jr. Piedmont Piano Room 7 p.m., 9 p.m. $20
Erik Stenerson Duo Jovanka Ristori w/ Kenny Washington, The Sound Room 9 p.m.–2:30 $10.3
Jessland Feinberg and Billy Bass Group Session 9:30 p.m., $10
Ramsey Lewis and His Ensemble Redd Foxx Theatre 8 & 10 p.m. $30-$45
Dan Hinkle Quintet Jazz with guest Jovanka Ristori The Alley 8 p.m., free
Will Bernard Quartet Jupiter, 9 p.m. free

Rock & Pop

Cee Cee Sean w/ Nairo, The Night Light, 9 p.m., $7
Peter Le Bilgrin w/ Jack O' the Green and Chuck Johnson, Stiney Plough, 9 p.m., $8 $5-$12
The Bone Bones, and Shovel Rock Club, 7 p.m., $TBA
Buddy Rotondo and the Stealthy Pistols w/ The Crisp Tops and The Champions, The Uptown 9 p.m. $12 $15
Six Weeks Band of a Lesbian any Bones w/ Regency Tea and Night Mayors Bone Rust, PLF, Backsliders, Transient, and Redwood, Shovel Rust Storehouse 7 p.m. $17, $35 for two-day pass
Six Alive and Bone Hold Ashtones, 9 p.m., $25 $17
The Devils w/ Soon Bone Rust Club 9 p.m., $5

Soul, Funk, R&B, & Hip-Hop

The Pimps of Joytime and Monophonics w/ DJ Platurn The Bim Parish 8 p.m., $15, $20

SAN FRANCISCO

Blues, Folk, & Country

Down If You w/ Billy Conover and Sara The Level and Mandy Mike Brick & Mortar Music Hall 8 p.m. $12 $15
Community Bluegrass w/ Pickles, The Fillmore 8 p.m., $25
Jayne Rand Jingle Ballerina 9 p.m.–midnight, free
The Pointer Red Heads w/ Whistling Bone and Big Ring, The Chapel, 9 p.m., $12
Billy Pessino w/ Alex Iglesias and Emmylou Pessino & Blues, 7:30 & 10 p.m., $20-$22

Experimental & Avant-Garde

Downhill and Dirty Hands Jerome Jerome-metric Dirty Talk at Jerome Auditorium, 3753C Center, 7:30 p.m. $25

Gospel & Vocal

Jessye Rae Hemmitte, 8 p.m. $30

Jazz, Lounge, & Cabaret

Black Market Jazz Orchestra Top of the Mark 8 p.m., 12:30 a.m., $15
The Jazzy Boys Quartet Red & Pointe Metropolitan Museum 8:30-8 p.m. The Mike Bennett performs Richard Rodgers's Language of Glamour "Mike Bone Center for the Arts, 8 p.m., $15-$20
Pedro Jeremiah Latin Jazz Band Nob's San Francisco, 9 & 10 p.m., $26 $30
Hindu Bone to the Jazz Hendricks by, 3753C Center, 7 & 8:30 p.m., $40

Rock & Pop

Red Bone w/ Bone Laboring, Tabulas, Mission Bells, and City 19 Avalon 3C Jessica Social House 5 p.m. $TBA
Empath w/ Sean Patrick, Bebe Rebs, and Warrior, DNA Lounge, 9 p.m. $6, $10
Bone to Die Try Hard Club and DJ Semenoff, Slim's, 9 p.m. $12, $15
Elliot Bone w/ Patrick O'Malley and Paint the Trees White Hotel Utah 8 p.m., $8
Of Boundless w/ Cool Ghouls and La Luz, Great American Music Hall 8 p.m. $23
Parable Bone w/ Stigmoid Jamboree and Wandering Teen Bone, Bone Bone, 8:30 p.m., $30
Sean Rogers w/ Sean Bones, The Independent, 8 p.m., $12, $35 for Bone Friday Bone Saturday Bone
Sean Feather The Regency Ballroom 8 p.m. $24 $26
Tony Marks w/ Star and August Tobit, Bremer Sean, 9:30 p.m. $7
Tacos n Socks Set w/ Peaceboyfighter and Bone 'n Tells, Pontiac of the Hill 8:30 p.m., $10, $12

Soul, Funk, R&B, & Hip-Hop

La Miss Negra w/ Jamison 44, Bone Bone Room 9:30 p.m. $10
DJBoogaloo Soul Party Art House, 7:30 p.m., $10-$15

SATURDAY 9

EAST BAY

Blues, Folk, & Country

Bill by Rod Morter Guitarist Bob Van Nest 9 p.m. $TBA
Catchy Ballad w/ Dan Sabo Space, Awesome Cafe, 8 p.m., $7
Kelly Rose Freight & Salvage Coffeehouse, 8

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WED 11/06 — TEEN OAZE
SAT 11/09 — MODERN MAN
SUN 11/10 — THE MEMORIES
THURS 11/14 — THE BESNARD LAKES
SAT 11/16 — SOMEONE STILL LOVES YOU BORIS YELTSIN
FRI 11/08 — CASH'D OUT

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THURSDAY 11/07 — RUBBLEBUCKET
SATURDAY 11/09 — PROBLEM
THURSDAY 12/05 — KENDRA MORRIS WITH DAP-KINGS SENSATION BINKY GRIFFITH
FRIDAY 12/06 — OAKLAND MASSIVE
SATURDAY 12/07 — FUNGO MUNGO
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Quartet Levels Artist Duo 8 p.m., free

Classical & Opera

Apollo's Fire performing Handel and Haydn's Concertos Nos. 3, 4, and 5, w/ Jeannette Sorrell conducting. First Congregational Church of Berkeley, 8 p.m., Center Stage at $42

Experimental & Avant-Garde

Santander's Vertovcore The Opera w/ Tom Holste. Berkeley Arts Festival, 8 p.m. $0-$20

Jazz, Lounge, & Cabaret

Tal Ethiig Festive Fremont Main Library, 2 p.m. free
L Train and Candace Roberts High Mileer Station Cafe 7 p.m. $15
The Lisa Sagefine Quartet The Sound Room 8 p.m., $20
Mattel American Quartet 57th Street Gallery, 8:30 p.m., $15
Mondo Cozmoso Romp Jupiter, 8 p.m. free
Bruno Mondo Dub Lodge, 7 p.m., free
Ramsey Lewis and His Electric Band Yoshi's Birthday 7:30 & 9:30 p.m., $39-$45
BMB Monsoon Pub 8:30 p.m., $5
Red Jacket dinner jazz with local singers, The Alley, 6 p.m., free
Tuna Bet Berkeley Cafe Tuna 7:30 p.m. free
Allen Taylor Quintet Ensembles, 8 p.m. $10 $12 for students and seniors

Indie

Jaime Lee Graham and Eric Hart La Peña Oakland Center 10:30 a.m., $6 adults, $5 children

Rock & Pop

American Music Shutdown/ The Fall Into Project, February 9th, and Playlight, Mimi Club, 8 p.m., $7
Roberta Strawberry w/ Mimee Body and Rosie on Fair. The Night Light, 8 p.m., $7
Lamb of Time and Mimee's Eagles w/ Tomahawk and Hostess, Fat Hunter, 7 p.m. $35
Madness & Lullaby w/ Hemlock by ancient Field of Stones, The Rebel Vikings, and Hit Jailed, 924 Gilman 8 p.m., $15
Ek Works Records Anniversary Bowl w/ Magnolia Girl and Reptilian Showcase w/ the Nashville Capitol Chronicles, Rewort, Vuebird, and relics, Oakland Metro Operahouse, 7 p.m., $17 $20 for two-day pass
The Ted Bobbey w/ The Bat Professor, Gold Saloon, and Carter Beat Stony Plough, 8 p.m., $6, $8-$12

Soul, Funk, R&B, & Hip-Hop

Swamp w/ Center Pos, Sean E Depp, Kenshe Mizer and the Cat Stalkers& Bandits, The Legionnaire Saloon, 9 p.m. $10

World, Latin, Reggae, & Reggaeton

Fantasy Hip w/ Guru Guru and Susanna Band Mizer Asian, 7 p.m. $45-75-$100
Las Lobo San Mateo Stony Plough, 3 p.m. free
Ricardo Peñaloza and various Flatbush Piano Company 8 p.m., $100
Cuba Dance Exhibition, 8:30 p.m., $15, $10 students

SAN FRANCISCO

Blues, Folk, & Country

Alejandro Escovedo and the Sensations Slim's w/ Amy Boyd Skirts, 8 p.m. $20
Craig Henderson and Meredith Bedard Alibi Cafe, 4 p.m. free
Mad Genius & Jealous Gender folk music with Steel Magnolia, Coffee Gender, 10:30 a.m.-12:15 p.m. free
Jon Pedowitz Big Band Band w/ Brad Gardner and relics, Cafe du Nord, 8:30 p.m. $14 $35

Experimental & Avant-Garde

Adelaide Sound Laboratory w/ Lisa Mezzacappa, Ellenpoon and Douglas Ordonez Anything Nonprofit Center for New Music, 7:30 p.m. $15
Anticlassical Body Mixer Festival presents Body Music Whosoever SFJAZZ Center 12:30 p.m. $20
Anticlassical Body Mixer Robertsparanormic It's All Body Music Concert SFJAZZ Center 7:30 p.m. $25
Pianotrope w/ Jumbo and the Brother and For the Ladies, Hemlock Tavern, 9:30 p.m., $6
The S.F. Variety Band Showcase #1 Bay Area performers and Mixer presenting Wandering Fairy's Name Band on stage before, Rock Upon, 8 p.m., $11, $15

Gospel & Vocal

Gentoo, Hand Band Nikko 8 p.m. $20

Jazz, Lounge, & Cabaret

Myra Bassett performs the world premiere of Labyrinth of Dreams. Pete Escovedo Center for the Arts 8 p.m. $25-$65
Paradise Sanchez Latin Jazz Band Yoshi's San Francisco, 8 & 10 p.m. $20 $30
Paula Band in the Joe Henderson lab SFJAZZ Center, 7 & 9:30 p.m. $40

Rock & Pop

A Mixer Band w/ Sam Gel, Hands of the Hill, 9:30 p.m., $15
Crocodiles w/ Weekend Band The Chapel 8 p.m. $15
Hands Hands w/ Quartet Tiger and The Hands Hands, Thee Rebirth 8 p.m., $8
Modern Guru w/ Sun Hemlock Quintet and Other Beats, Guru & Master Band Hall, 8 p.m., $7 $10
Of Montreal w/ Painted Palms and Le Loi, Great American Band Hall, 8 p.m., $21
Real Hopes + Mixer Johnson, The Independent, 8 p.m., $22 $30 for both Friday and Saturday shows
Sweet Mixer and Tennis Bye Center and Sweet Arrowsic, 8:30 p.m., $7
Traveling Figurers w/ Wires and Family Face & Fire 8 p.m., $6
Turn Me On Dead w/ Jawsmith Skeleton Seed Bone, and Deaphone, $6 Mixer Social House, 10 p.m., free

Soul, Funk, R&B, & Hip-Hop

Guru R&B Mamita & Band 7:30 & 10 p.m., $22
The Unintentional Band Band Room, 9:30 p.m. $17

World, Latin, Reggae, & Reggaeton

Sweet Band w/ Jenkinson, Mandalore, 9 p.m., $25
TNT Guru Guru Poppy Art House, 7 p.m., $10-$15

SUNDAY 10

EAST BAY



Andy DeSantis

Painted Palms play the Great American Music Hall on 11/9

p.m. $14 $35

Experimental & Avant-Garde

Adelaide Sound Laboratory w/ Lisa Mezzacappa, Ellenpoon and Douglas Ordonez Anything Nonprofit Center for New Music, 7:30 p.m. $15
Anticlassical Body Mixer Festival presents Body Music Whosoever SFJAZZ Center 12:30 p.m. $20
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World, Latin, Reggae, & Reggaeton

Sweet Band w/ Jenkinson, Mandalore, 9 p.m., $25
TNT Guru Guru Poppy Art House, 7 p.m., $10-$15

All Ages

Xander Band Band w/ The Rhinestones and Rocky Raglan Stony Plough 1 p.m., $5 adult, $8 adult

Blues, Folk, & Country

Keith Man Stark Club, 1 p.m., $TBA
A Reboarfer for the Million Contagion w/ Dynamo Sleigh String Band Open mic Hour, Jenn E. Barr and Michael Myers, UNCL, and Gary Adler Jamboree, 6:30 p.m., suggested $10-$20 donation
Hawkeye Hawkeye & Blues with the Fields, Caffe Mediterraneum, 11 p.m., free

Experimental & Avant-Garde

International Body Mixer Festival Freight & Salvage Coffeehouse, 2 p.m., $0-$30, $12.50
JOMAS Saxophone Quartet w/ Sixth People, Berkeley Arts Festival, 8 p.m., $0-$20
VOX w/ PLUX Berkeley Arts Festival, 4 p.m. $0-$20

Gospel & Vocal

Berkeley & Esposito Yoshi's Oakland 7 p.m. $36
UC Hollywood station and University Chorus an Quartet of soulful Mixer music, First Congregational Church of Berkeley, 7:30 p.m. $15, $12 seniors

Jazz, Lounge & Cabaret

Jazz n' at BAM Night Tommy's Lodge, 8-10 p.m. free
Jon Welsh Actual Cure 8 p.m., free
Lee Young Ensemble High Street Station Cafe, 2 p.m., $TBA
The Lisa Sagefine Quartet The Mixer Piano 8 p.m. $20
Shanella G. Lamb Quartet Piedmont Piano Company 7:30 p.m., $15

Rock & Pop

Battered Survivor Band w/ Gravity and Wild Assumptions 3-2-3-4 Get Records, 7 p.m., $10
Ben Bridwell Dugan's Sports Bar & Grill, 9 p.m. free
Burned w/ Ashbijd, Gentleg, Inspired Dead Infinite Monsters, Seeker, and Dead Turning Family Oakland Mixer Operahouse, 4 p.m., $15
Elevating Everybody w/ Sentiments, Not To Last, Waterfly Spigot, The Rhombus, and The Empty Mindset, 924 Gilman 6 p.m. $10
Guardian and Sacred Forever students Guster on a Big Time Fun Party Birthday Extravaganza w/ Ani Gabriel Trope, Golden Drugs, Unbeknown, and DJ Primo, The Night Light, 8 p.m. $11

Soul, Funk, R&B, & Hip-Hop

Sundays in Oakland Chicago-style "stargaze" w/ Mixer Hands 2 p.m. Rimbalto Ramirez, 2-7 p.m., 95 bellow 4 p.m.

World, Latin, Reggae, & Reggaeton

JP Rapthuma La Peña Cultural Center 7 p.m. free
"Love in the Spring... Or July Good Bad con" w/ Nur Imam Jewish Choir Cowtipsy

REGENCY

CAT POWER
DECEMBER 7

CHANCE THE RAPPER'S SOCIAL EXPERIMENT
DECEMBER 8

NEUROSIS
DECEMBER 28

PATTON
NOVEMBER 7

LIL B NOVEMBER 15
AUGUST BURNS RED NOVEMBER 15
DR. DRE GREY SAGIRA NOVEMBER 16
IN THE NIGHT WITH WILDE IN WHITE NOVEMBER 16
AVATAR NOVEMBER 16
THE DEVIL WEARS PRADA NOVEMBER 17
VOLBEAT NOVEMBER 18
KOTO NOVEMBER 20
ADVENTURE CLUB NOVEMBER 21
BALKAN BEAT BOX NOVEMBER 22
ADELE NOVEMBER 23
BALLAS NOVEMBER 23
THE WARFIELD

Mazzy Star
NOVEMBER 6

Lil B's Fiasco
To Isuo and Youth Preview
NOVEMBER 8

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SLEEPING WITH SIRENS
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PICKS

Smoota

Smoota wants you to know that he's about sexy times. On the cover of his groovy debut album, *Fetishes*, the singer and trombonist crouches, naked and shaggy-haired, over what appears to be a pile of rocks, looking hilariously primal and not at all self-serious. The opening lyric to a song titled "I'm Sorry" is *I wanna tussle all you*. Elsewhere on *Fetishes*, Smoota sensually sings lines like *I just want to be the room/ When he brings you pleasure every night*. Thankfully, these evocative lyrics are paired with equally funky and sexy instrumentals. As amusing as his Seventies porno persona is, Smoota also has musical chops: He performs regularly with TV on the Radio and toured



with Sufjan Stevens for his trombone-heavy album *The Age of Adz*. The Harvard alum will bring his steamy, psychedelic act to The Night Light (311 Broadway, Oakland) this week, with neo-psychedelic folk rager Jordaniac Elizabeth, lo-fi punk jazz-duo Disappearing People, and gothic doo-wop outfit Cum/Her. — *Madeleine Key*

Wednesday, Nov. 13, 9 p.m., $6. TheNightLightOakland.com

6th International Body Music Festival

Some of the most incredible, creative musicians play no instruments at all. In fact, they use their bodies — hands, feet, and voice — to create rhythm and melody. The 6th International Body Music Festival will bring together performers from all over the world — Brazil, Indonesia, Turkey, Greece, the Canary Islands, and the United States — to the Bay Area for six days worth of concerts, workshops, talks, open mics, school presentations, and more. Locals such as women's vocal ensemble Kitka, a capella group SoVoSo, and bamboora artist and clown Unseen Dengue will also take part in the festival, which will come to venues in Downtown Oakland and at the SFJAZZ Center in San Francisco. Attendees will have a chance to gain insight into some of the oldest forms of music, some of which have much in vocal significance — bamboos supposedly has its origins in a 1730 slave rebellion when slave masters took away slaves' drums as punishment — and see how artists have modernized them, incorporating elements such as beatboxing and dance. — *Kathleen Richards*

Tuesday, Nov. 5–Sunday, Nov. 10. Locations and prices vary. For a complete schedule, InternationalBodyMusicFestival.com

Mike Merrill



6pm Perfect Stones, 3 p.m., $12

SAN FRANCISCO

All Ages

Vicious Friday & Survive for the Future a fundraiser featuring Ruby Dubonnet and the Unsoftened, Analog Stereo and Mikhail Baryshe and her band, Great American Music Hall, 7 p.m., $100

Blues, Folk & Country

Lavay Lasher's Rhythm Revue w/ Thunder Thighs, Thee Parkside, 8 p.m., free
Tony Saunders Johnny Foley's Irish House, 8 p.m., free

Gospel & Vocal

Gospel Sunday with Reland Perfect & rotating guests, 12000 on Fillmore, 11 a.m. & 1 p.m., $30, inclusive brunch

Jazz, Lounge, & Cabaret

The San Francisco Album Project: Gary Bloom a deep retrospective, The Plough & the Stars, 8 p.m., $15, $20

Rock & Pop

Doom, at the Stones w/ Rainbow Tempest, Asphyxy, Little Kerr Band, Communist, Kayte, and mike, Brick Lounge, 6:30 p.m., $8/ $10
Donny and the Dirty Jocks Reunion 6 Sytes, 7:30 & 10:30 p.m., $15
The Interstates w/ Mikhail Ryan, Danny Seidi and Twilights, and Tarsus, Brick & Mortar Music Hall, 9:30 p.m., $8
Ohio Knockers w/ Paddlefoot and the Vermin Skulls-Out Revue, 7:30 p.m., $5
Velvet w/ Slim Witter Rovers and Jamboroush

Sorrows, Slim Jim Hotel, 8 p.m., $12
RAG The Independent, 8 p.m., sold out
Randy Jacobson on 8 His Stately Stones w/ The Rustic and Thee Merry Widows, Method of the Hill, 8 p.m., $12 $14
Stanger Every a Method to The Doors, Method San Francisco, 7 p.m., $25, $18

Soul, Funk, R&B & Hip-Hop

Andy Allo w/ mike Hotel Utah, 8 p.m., $15-$23
Stones of the Cyclone w/ local emcees, beatboxers, musicians, and DJs, Boom Tunes, Bonn, 9 p.m., free

World, Latin, Reggae & Reggaeton

Salsa Sunday w/ a rotating lineup of salsa bands and DJ Emotions, El Rio, 4 p.m. $6 before 6pm, $10 after

MONDAY 11

EAST BAY

Blues, Folk, & Country

Parker Yanga Argentine tango, Cafe Beato, 7-9 p.m., free

Classical & Opera

Classical at the Freight The Modge Project Freight & Salvage Independent, 8 p.m., $6.50, $15.50
Bi-Arts Music for Students w/ Bi-Arts Mardis, Cynthia Fredett Doggett, Larry Landon, and Tara Rose, Piedmont Center for the Arts, 7:30 p.m., $10, $10 students

Experimental & Avant-Garde

Ad Americam Program w/ Jerry Borowski and Steven Pelech, Berkeley Arts Beanie 6 p.m., $0-$20

Jazz, Lounge, & Cabaret

Eric Mintel Trio Rudy's Oakland, 5 p.m., $22
Oakland Grooves Jazz Society Beanie 9 p.m., $10

SAN FRANCISCO

Jazz, Lounge, & Cabaret

La Jazz Nel Le Colonial, 7 p.m. free
Mike Clancy: The Session Revelry & Blues, 7:30 p.m. $12

Rock & Pop

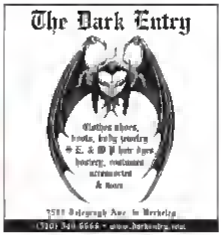
Allen Lloyd The Fillmore, 6 p.m., $58.50
Beanie w/ Valentrosen and Opposite, Brick Lounge, 5 p.m., $12, $15
Maybe Parade w/ Man Overboard, Burial, and Maybe and Stones, Slim's, 7:30 p.m., $21, $24
Beanie, Alps w/ Capsuole The Independent, 9 p.m., $20
Social Studies w/ Banners and Stones and Midnight, Brick & Stones Music Hall 9 p.m., $8

Soul, Funk, R&B, & Hip-Hop

Simeon and friends, Slim Beans, 8 p.m. $15A

TUESDAY 12

EAST BAY













CLUBS

Blues, Folk, & Country

Town Hall 9 p.m., $10
Steel Reserve Blues Blues Blues, 9:30 p.m., free
The Tommy Igoe Big Band grooves night, Yoshis' San Francisco, 8 p.m., $20

World, Latin, Reggae, & Reggaeton

Rhino Bar 10 p.m., $10

Rock & Pop

Rockpile, 8:30 p.m., free
Live Jazz Sundowner Hot & Cold, 7:30 p.m., free
Randy Craigmile Station The Marsh Arts Center, 2 p.m., free
Hot Rhythm dance jam with guest orchestra singers, The Alley, 8 p.m., free
Scott Amendola and Brothers Ball Durham, 9 p.m., $15

Experimental & Avant-Garde

Thundercat The Independent, 8 p.m., $15 $17

Jazz, Lounge & Cabaret

Ginsha Jamboree, 8 p.m., free
Eric Gaddard's Jazz Sundae Jamboree, 10 p.m., free
Ricardo Scales playing Ellington jazz piano, Top of the Mark, 6:30-11:30 p.m., $5
The Slippery Slope w/ Ruby Isle the Ladies, Room Room Room, 10:30 p.m., $5
The Amsterdam Jamboree, 9 p.m., free

Rock & Pop

Buffalo Tracks w/ Stonerbones, Jamboree, and Fly Rising Elk, 8:30 p.m., $10
Crystal Station w/ White Mysterymd Bones Heart, Hemlock Tavern, 8:30 p.m., $10
Calls w/ SAFOY and Bones Rings, The Fillmore, 8 p.m., $25
The Bone Tracks w/ Lost Land and Harbour Gods, Bone Bedrock, 9 p.m., $10
Sensitone a/ Michael Markarian From a Fountain Jamboree, Stop 8 p.m., $10
Guitar Town Rum Amerikan Bone Hall, 8 p.m., $12 $20
Bedtime Bitch Party w/ Bitch Far Brigade and Mark Gifford Crystal Hotel Utah, 8 p.m., 18+, $10
Bart Feddelson a/ The Tuxedo Rose, Old Mel Odd Owl and Blues, Rock & Mortar Music Hall, 9 p.m., $6-$8
She Keeps Bombs a/ Bat Mitzvah, Honey Tree Wax, Ina Turtle Rising, Milk Bar, 6 p.m., free w/ Bandcamp RSVP $5
Tall Beds a/ Mercules, Unruly Things, and Stampling Grounds, Monarch, 9 p.m., $8
Thane Pastel The Wood Coffee and Jesus Store, The Chapel, 9 p.m. $12 $10
Vanessa Daniels w/ Sentinel, Seconds Americans Hall 7:30 p.m., $25

Soul, Funk, R&B, & Hip-Hop

JOAN BRYSON Yoshi's San Francisco, 8 p.m., $17

World, Latin, Reggae, & Reggaeton

Thelon & Renee Night w/ DJ Holy Nigz & special sounds, Oasys Bedrock, 10 p.m., $5

Submissions for music listings should be emailed to Clubs@EastBayExpress.com or mailed to Clubs Editor, East Bay Express, 520 3rd St., Oakland, CA, 94607. Deadline is fourteen days prior to the event date.

WEDNESDAY 13

EAST BAY

Blues, Folk, & Country

Jazz Jam Ashby's, Berkeley, 8 p.m., free
Sweet Georgia Brown Blues Blues Blues, 9:30 p.m., free
The Sweetwater Family w/ Wilder Wizard and Mark Mallas, Cafe du Nord, 9 p.m., $15
Shadow Hunters a/ We Are Real Tree House, Amoeba, Stop 6 p.m., $12
Kevin Kinsella Blowouts & Hotels, 7:30 & 9:30 p.m., $15
The Snakes a/ Rodney Scanlan and white Hotel Utah, 9 p.m., $6, $10

Experimental & Avant-Garde

Ed Wallace Beerbistro Cafe, 8:30 p.m., free

Rock & Pop

French Revolution w/ Mens Those Vipers and Lonesome Adams, Amoeba, 9:15 p.m., $7
The Moon Rosses w/ Sleepy Blue Amoeba, 6:30 p.m., free
Evan Wertheim w/ Paperclip, The Chapel, 8 p.m., $10
The Beskeyes a/ Monotone and TV Mike and the Superpowers, Station of the Hill, 9 p.m., $10
Cheesepuffs w/ S.U.N. The Independent, 6 p.m. $30-50

Soul, Funk, R&B, & Hip-Hop

Bailey w/ T-Pain, Reggie Rose Marcus Orr Torlene, Ina Sanfrancisco, Rock'n Mortar

Experimental & Avant-Garde

Jackrye / Beam duo and Will Redmond 3 Embassy Arts Festival, 8 p.m. $0-$20

Jazz, Lounge & Cabaret

Bob Sims & the Sam Wine Rooster's of Beetle w/ Giuseppe Fiol conducting, Wet Jamboree, Oasys House, 7:30 p.m., $15-$362

Experimental & Avant-Garde

Thundercat The Independent, 8 p.m., $15 $17

Jazz, Lounge & Cabaret

Ginsha Jamboree, 8 p.m., free
Eric Gaddard's Jazz Sundae Jamboree, 10 p.m., free
Ricardo Scales playing Ellington jazz piano, Top of the Mark, 6:30-11:30 p.m., $5
The Slippery Slope w/ Ruby Isle the Ladies, Room Room Room, 10:30 p.m., $5
The Amsterdam Jamboree, 9 p.m., free

Rock & Pop

Buffalo Tracks a/ Stonerbones, Jamboree, and Fly Rising Elk, 8:30 p.m., $10
Crystal Station w/ White Mysterymd Bones Heart, Hemlock Tavern, 8:30 p.m., $10
Calls w/ SAFOY and Bones Rings, The Fillmore, 8 p.m., $25
The Bone Tracks w/ Lost Land and Harbour Gods, Bone Bedrock, 9 p.m., $10
Sensitone a/ Michael Markarian From a Fountain Jamboree, Stop 8 p.m., $10
Guitar Town Rum Amerikan Bone Hall, 8 p.m., $12 $20
Bedtime Bitch Party w/ Bitch Far Brigade and Mark Gifford Crystal Hotel Utah, 8 p.m., 18+, $10
Bart Feddelson a/ The Tuxedo Rose, Old Mel Odd Owl and Blues, Rock & Mortar Music Hall, 9 p.m., $6-$8
She Keeps Bombs a/ Bat Mitzvah, Honey Tree Wax, Ina Turtle Rising, Milk Bar, 6 p.m., free w/ Bandcamp RSVP $5
Tall Beds a/ Mercules, Unruly Things, and Stampling Grounds, Monarch, 9 p.m., $8
Thane Pastel The Wood Coffee and Jesus Store, The Chapel, 9 p.m. $12 $10
Vanessa Daniels w/ Sentinel, Seconds Americans Hall 7:30 p.m., $25

Soul, Funk, R&B, & Hip-Hop

JOAN BRYSON Yoshi's San Francisco, 8 p.m., $17

World, Latin, Reggae, & Reggaeton

Thelon & Renee Night w/ DJ Holy Nigz & special sounds, Oasys Bedrock, 10 p.m., $5

SAN FRANCISCO

Blues, Folk, & Country

Room Service & Room 7:30 & 9:30 p.m., $15

Classical & Opera

San Francisco Opera presents: The Stolen

Cal Performances
music dance theater
The Intergalactic Nemesis
Book One: Target Earth
A new live-action graphic novel come to life onstage as a vintage-style radio play
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Nov 14
8 PM ZELLERBACH HALL
Unión Tanguera
Nuit Blanche
"Intelligently reinterprets the vocabulary of pure tango." —Clarin.ar
Nov 17
7 PM ZELLERBACH HALL
$10 performances.org 510.642.9988
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Download the Cal Performances mobile app for iOS or Android, and buy tickets on-the-go. Easy with Thank you, very useful!
WELLS FARGO

Jupiter
2181 Shattuck Ave Berkeley 843.8277
www.jupiter.ave.com
SELECTOR: TOPH ONE & CHUNGTECH 9PM
Nov 7
The one and only TophOne (TeamWreo) is comes in guest Chungtech (Sweeter Funk). From their homebase in San Francisco a Mission District, the Sweeter Funk DJs have spread their boogie vibe to Oakland, Chicago, LA & beyond. Come enjoy a night of deep funk on all original vinyl!
facebook.com/tophone
facebook.com/sweeterfunk
Nov 8
WILL BERNARD QUARTET 8PM
Berkeley native and Brooklyn transplant guitarist Will Bernard began playing and recording on an international level as a member of Peter Ag Folbaum's Hieroglyphics Ensemble. As a touring artist, Will Bernard has been gaining steady momentum, having performed at The Monterey North Sea, SF Jazz, Bumbershoot, Be-Bop and Brew and Montreal festivals as well as clubs across the US and Canada. Will@arnard.com
NATHAN CLEVENGER GROUP 9PM
Saturday Nov 9
Oakland-born guitarist/ composer Nathan Clevenger leads his group into the Jup in support of the release of their debut album, The Evening Earth, highlighting Nathan's take on modern jazz, which he describes as precise Chamber Jazz harmonic/melodic elements through a veiled a jazz ensemble. NathanClevengerMusic.com

THE STARRY PLOUGH PUB
100th ANNIVERSARY 1913-2013
LIVE MUSIC VENUE, RESTAURANT & PUB SINCE 1913
THU 11.7 8:00PM ADV $15
SOUL AND FOLK-ROCK DANCE PARTY
GRAND AVENUE SOUL
THE NEW THOREAUS
JESSICA CAYLYN
FRI 11.08 8:00PM ADV $10
AVANT-ROCK AND EXPERIMENTAL MUSIC
INNER EAR BRIGADE
JACK O' THE CLOCK
CHUCK JOHNSON
SAT 11.9 8:00PM ALL AGES
INDIE ROCK AND POP
THE TET HOLIDAY
THE RIOT PROFESSOR
COLD ESKIMO
ELECTRIC HOTEL
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SUN 11.10
1-3PM KIDS ROCK SHOW W/ THE HIPWADERS + RANDY KAPLAN (LA)
4-7PM BLUES/WORLD MUSIC MATINEE W/ VICTOR KRUMMENACHER (CAMPER VAN BEETHOVEN) + TRIBECASTAN (NYC)
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DJ & DANCE

THURSDAY 7

EAST BAY

Chan Lo closes Asiana happy hour, **The Lefty Lucian Saloon**, 5:30 p.m. free
Deep East Lounge 3411, 9 p.m. free
DJ Kimmo spinning funk, Afrobeat, dance, and rock, **The Layover** 9 p.m., free
DJ Toph Kim spinning hip-hop, house, and retro hits, **Ambar** 9 p.m., free
Salsa Saloon w/ Bang Data, Fonzie Legion, and Marc Salsa on spinning hip-hop, and Mix Master, **The Legitimate Saloon** 10 p.m., free
Section Eight Thursdays w/ resident live the Vinyl Archaeologist and guest Dirk Vinyl at Venue Saloon 10 p.m., free before 11pm, $5 after
The Jump Off Bi-Polar w/ 80s spinning inspired Club 21 9 p.m. $5-$15
Midcentury w/ DJ Juan Data seasonal Latin vinyl, including tropical, Afro-Latin and 60s counter The Hard Whisky, 10 p.m. free
Rock It w/ DJ Blank, New-Ill, 80s 90mph spinning reggae dancehall, soca, and hip hop, **Lake's Lounge & Lounge** 10 p.m. free
Drill Thursdays classic rock, hair metal, 80s current rock, **Radio** 10 p.m.-2 a.m. free
Buddy B rocks Silver House Inn, 10 p.m.-midnight, free
Vibes Vibes w/ Big Fuss, Baba Dee, and Willie Maze, **Corner Inn & Lounge**, 9:30 p.m. $10+

SAN FRANCISCO

Throwback Thursdays DJ's Damon and Mr. Washington spin 90's rap, rock, and neo hit remixes! **The Hub**, 9 p.m. free before 9:30 p.m., $5
DJ Deadsweet and friends Alana-Sue Bones, 9:30 p.m. free
Edible D w/ Calico, **Public Works**, 9:30 p.m. $10
Music Hits w/ **Stir Play**, **California Academy of Sciences**, 9 p.m., $12

FRIDAY 8

EAST BAY

24 Hour Shop Happy Hour Saloon Bike Kitchen city, 6 p.m.
DJ Night DJs spinning funky-fresh pop remix-blowing rock, and urban hip-hop, **Rip's Restaurant**, 5:30 p.m., free
DJ Willy Bones Corner Inn & Lounge, 9 p.m. free
Dollar Fridays rotating DJs spinning 80s hop R&B, and reggae, **Bike Kitchen** city 9 p.m., **DJ Rasmussen** until 1 a.m.
Overwith Fridays w/ The Rockit City DJs spinning urban classics and Top 40 Empire Bike Bar, 9 p.m.-2 a.m. free
Friday Side Jams w/ DJ Supa K, Fauna, 10 p.m. $5
Hip-Hop House Saloon w/ Bones DJ Dice 1220 9 p.m. $5
Ka'Bones Wednesday w/ Big Wonder **Corner Inn & Lounge**, 9 p.m. free, $5 cover limit 21 up.
Old-School Hip-hop and funk, Karen, 9 p.m. free
Ouchea DJ w/ Tourist, The Rock Steady, 9 p.m. free
Shitty Fridays DJ Leah & Fat Mob spin R&B & soul, Rockit's Carnival, 9 p.m., $10
Turn It Up w/ Mr. Lucky spinning hip-hop, reggae, before Drift, funk, R&B, 80s, more, **The Layover** 10 p.m.-2 a.m. free
Vibes w/ DJ Lady Sym, **The Legitimate Saloon**, 9 p.m. free
Weekend Live w/ DJ Hapter spinning chill out, **Urban Eat Art Bar and Lounge**, 10 p.m., $10
Saturday Soul Fridays featuring DJ Tropic spinning Jamaican, soca, samba, salsa merengue, dancehall reggae, bhangra, Puerto rican, & more, **Temple Lounge**, 10 p.m.

SAN FRANCISCO

Decemtribe w/ DJ Pound, Stephane Zippy Marsha, Dot Graff, Elliott Tee, Rekt, Ike Maddenot, and Sand, in the loft, **Public Works**, 9 p.m. $10
DJ Hapter dancehall w/ Imperial spinning Bis Nic, Mentorville, 9 p.m., $15-$25
Eric Bumann Monarch, 9:00 p.m., $10
Figure 8 Friday w/ DJ Black Everything, 1015 Folsom Nightclub, 10 p.m., $22
Gay Cruises w/ Rave, Mark Sims, and Rothsen Fine Sound, in the main room **Public Works**, 9:30 p.m. $13, $18
Latex Jockey w/ DJ Tom Thorny and guests, **Make-Out Room** 21 p.m. $5
My Favorite Bones w/ Tone of Arc, Saturn Island, Tangerine Valley, Joey Alante, and Papa La Mighty, 10 p.m., $5-$25
Party w/ Bad Ass Bis Penthouse Song, **Bus Room**, 10 p.m., $5, $10
Party Saloon International Bis Sigal and Ramon spin reggae, dancehall, bashes, and B-RAB, **Little Baobab**, 9 p.m. $5
Party rocking Bis, The Endup, 10 p.m. $10

SATURDAY 9

EAST BAY

Final Impulse w/ Bis Starr and Lifelike playing 90's into mixed music like videos When House Inn, 10:30 p.m., $8
Glass Enterprise w/ DJ Bliss and dance spinning hip-hop & R&B, Bunch and Bee 9 p.m. $8 before 11 p.m.
Downbeat Saturdays w/ Adian Bones spinning reggae, dancehall & hip-hop **The Joanne** 9 p.m., free
The Deeper Side of Soul soulful before Radio w/ a spinning Bones of DJS. La Soiree Du Cafe, 8:30 p.m., free
DJ Bell @ Bonny's Lounge 9 p.m. free
DJ Night bis spinning Afrobeats, neo rhythm-and-blues, and urban hip-hop, **Rip's Restaurant**, 9:30 p.m., Bis
Dropbo Bones Bones Party w/ Tierra King, Bis Hellish Bis, **The Legitimate Saloon**, 10:30 p.m., $10+
Funky Bones w/ DJ Golden Goes spinning party, Bis Indie, 9 noise rock, The Bis soul Lounge, 8:30 p.m., Bis
Kaleidoscope Chillout's Best house party **The Rose Supply**, 10 p.m., free
Magic Mike Cruise DJ Brandi B spins hot press-surfing extravaganza **Ringmar's Lucky Lounge**, 8 p.m., Bis
Ska Re Latina Latin Night DJ Tropic spins salsa, merengue, cumbia, valleenato, reggaeton, reggae en espanol, & Bis Bones, **Temple Lounge**, 10 p.m., free
Reggae Sabbath Bis Teddy Bis Polo Mead, and DJ Vega **The Nine Parish**, 10 p.m.-2 a.m.
Reggae Night w/ DJ Electro, Island Paradise Club, 9 p.m., $10
Serious Saturdays rotating Bis spin classic hip-hop, neo soul, and world bones, **Lake's Restaurant & Lounge**, 10 p.m., $5 before 11 p.m. $10 after
Soul Kitchen w/ Bis Hypersonic & Hot Gills spinning soul, funk, & boogie, **The Mission Lounge** 10 p.m. Bis
THEMES w/ DJ Hypersonic & Hot Gills spinning soul, funk, & boogie, **The Mission Lounge** 10 p.m. Bis
Weight w/ Big Parties Soul DJ Saloon Saloon Bis Selecta 3c spinning hip-hop dancehall '90s R&B, Mentorville Saloon, Bis noise, **The Layover**, 9 p.m. Bis

SAN FRANCISCO

Bashi's Bi mashup night, **TBA Lounge**, 9 p.m. $10 $20
Fetish Ganglang new sexual world night w/ Bis Making Get, Dangerous Bar, Bis Bashes, & special guest, Lisa Bub, 9:30 p.m. free before 10 p.m., $7
DJ Sapphonic w/ Bis spinning various reggaeton, salsa, bhangra and world merengue Make-Out Room 10 p.m., Bis
Overwith w/ hardbeat and Ed Mag, **The Fillmore**, 9 p.m., $25
Social Carnival w/ Soft Metals Intuit, and DJ Omar Perez, Monarch, 9 p.m., $8-$15
Party Saloon International Bis Sigal and Ramon spin reggae, dancehall, bashes, and B-RAB, **Little Baobab**, 9 p.m. $5
Party Saturdays w/ Bay Area Lou Bis, 1015 Folsom Nightclub, 10 p.m., $10 until 10:30pm $20 Head
The Bus Will Move You Mixedge, 9 p.m., Bis

SUNDAY 10

EAST BAY

DJ Bis @ Ringmar's Lucky Lounge, 9 p.m., free
Mission Monday Bone Party w/ DJ Bis Bis spinning house, electro, and dance remixes, **White Horse Inn**, 5-10 p.m. free

SAN FRANCISCO

Bub Mission w/ DJ Sap, **Elbo Room**, 9 p.m., $15, $20
Party with Soul w/ Bis Rhoogzie and New-monster Groove Thing, 9 p.m., $15-$25
Mission Sunday w/ Bones, **Bonny Doon Garden Lounge**, and DJ, Monarch, 9 p.m. Bis Bones Short & cocktail in outdoor suite
Sweatshirt Bones party w/ funky grooves **The Rockbird**, 10 p.m. free

MONDAY 11

EAST BAY

DJ Joe Bones The Layover, 9 p.m., free
Garage on Mondays w/ Monster Bis Mix-ter, **The Lefty Lucian Saloon**, 9 p.m. free
Underground Lounge presents '70s & 80s **'70s music, Radio** 10 p.m.-2 a.m. free

SAN FRANCISCO

Beats Gold w/ Bis Bis spinning global, Bandstand, synthpop, indie, ambient, Bis west stuff **TBA Lounge**, 9:30 p.m. $3, $5
Bones Residency w/ DJ Austin T Bis DJ Mel-Bites, Monarch, 10 p.m., free
Saturday w/ DJ Mr. Lucky & Bostock spinning rock, funk, Bandstand, Bis rap-pin' Bis, 9:30 p.m., Bis
Spirit Seekers w/ Bis McBones, Kung Fu Bliss & Cannon spinning funk, soul, hip-hop, '70's boogie, jazz, Latin, Bis dancepor Bones Bis, 10 p.m., Bis

TUESDAY 12

EAST BAY

DJ Kale The Legitimate Saloon, 10 p.m., free
DJ Name Game Money spinning rock, indie, punk, new wave, & more, **The Mission Lounge**, 10 p.m. free
Bus Room Soul Bones Corner Inn & Lounge, 9 p.m. $TBA
Shindig dance traditional Irish music, **The Legitimate Saloon**, 7 p.m. free

SAN FRANCISCO

Bones Up Bob Warrior Saloon Bis Bob Vee, Sister B Bis Bandstand reggae, dancehall hip-hop, 9 p.m. Free Bones 21 p.m., Bis, 10 p.m., $5
Bongo Bar w/ MINGUS Bis Roxy Monarch, 10 p.m. Bis Bones 10:30pm, $5 Bones Room, $10 after
Phatass Bum 'n Bones w/ Bis Kyle, Bongo B Bones, plus MC Dub Live-gun-and-'B' 9 p.m., $5

WEDNESDAY 13

EAST BAY

The Set Set w/ DJ Santoro and guests, **Lake's Restaurant & Lounge**, 9 p.m. free
Down in Goodstuff / DJ Fee Gal, **The Layover** 9 p.m., free
Silver Soul Oakland Era Art Bar Bis Lounge, noon, $5-$15
Tuesdays @ DJ Terrible Timmy spins every-thing from Bis wop-bi-doola love from the '50s inspired the 90s, **Monarch's Saloon**, 10 p.m.-2 a.m., Bis







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SAVAGE LOVE

SENIOR KINKSTER

Transitioning from vanilla to BDSM, adventurous to parental

By Dan Savage

I am a kinky, youthful 72-year-old guy I grew up in the Pleistocene era, when there was virtually no way to meet a kinky woman. I've had two vanilla marriages, and three months ago I ended a four-year vanilla relationship with the best woman I've ever met. I just couldn't take not being a BDSM person anymore, and I broke up with this wonderful woman so I could do BDSM. I've had some fun, but no candidate for a possible LTR has come along.

Two days ago, Mel called me and said she wants me back. She says she's willing to do what I need if it will make it possible for us to be together. Since I am a switch, it would be perfectly acceptable to me to have her abuse and torture me. However, if I had to choose to be one or the other, I would choose to be a sub to a dominant woman. Can Mel be that woman? Is it possible for a vanilla person to adapt to BDSM? If it is possible for her to make this change, are there any good books on this?

Wants Helpful Insight, Please!

P.S. My son turned me on to your column recently!

"Good for you for being honest about the importance of kink in your life," says Joan Price, author of *Naked at Our Age: Talking Out Loud About Senior Sex*. "At our age, we often realize that life is too short for bad sex. Sometimes it takes a sense of unfulfilling relationships to make sexy silver-haired folks like us say 'If not now, when?'"

And if not Mel, who?

You're a new reader WHIP so you missed this might the best ten thousand times it appeared in my column. You'll meet two kinds of people at leather/fetish/BDSM contests: play partners, and street fantasists: people who were always kinky — men and women who've been jacking/jilling off about their kinks since they hit puberty — and former vanilla people who fell in love with someone who was kinky, gave their partners' kinks a try (sometimes to save the relationship) and grew to love their partners' kinks.

So Mel may be able to "adapt" to BDSM, Price agrees. "Yes, it's absolutely possible for your vanilla lady to shift into kinky sex, especially since she's in love with you. Whether she's doing it just to please you or she's open to kinks herself, give her a chance."

But you're going to need to take it slow WHIP and you'll need to use your words. "Tell her what turns you on," says Price. "Whisper your fantasies into her ear, share erotica or porn featuring your favorite activities. Submit her fantasies about dominating you, if she has them, or suggest some scenes to her and see what she responds to. Once she's ready and willing, start with small steps rather than full-blown scenes, so she can ease into this new world."

And if all goes well, don't be a stupid, selfish asshole WHIP. By which I mean to say: Don't neglect Mel's desire for vanilla sex. If it helps to think of vanilla sex as a horrible ordeal that you have to submit to, then ask Mel to order you to have vanilla sex.

As for books, WHIP both Price and I recommend *The Ultimate Guide to Kink: BDSM Role Play and the Erotic Edge* (Cleis Press, 2012), an informative collection of essays by a diverse group of writers that was edited by the indispensable Tristan Taormino. And if you're hoping Mel will join you at public fetish events, get her a copy of Mollena Williams and Lee Harrington's *Playing Well with Others: Your Field Guide to Discovering, Exploring and Navigating the Kink, Leather and BDSM Communities*.

Joan Price blogs about sex and aging at NakedAtOurAge.com. Follow her on Twitter @JoanPrice.

I'm a bisexual or pansexual or ommnisexual — or whatever the kids are calling us these days — woman in a monogamish marriage to a great, GGG straight man. Both of us are in our early thirties. Since getting married, we've traveled around the world and done whatever the hell we wanted. It was a crazy, exciting life, but we decided it was time to stop living paycheck to paycheck, so we came back to the States.

We recently bought a house, and we were planning to have a kid next year. But now my husband says that he's not ready. He says there are things he wants to do that he will never ever get to do if we have kids now. I asked him for a time frame, and he said that he couldn't answer that. What he has said to me is, "We've always said we'd never be one of those couples that stop adventuring because we have a nest and kids and stuff." This might be a deal breaker for me. I want to be a mom. I'm ready. I don't want my husband to feel resentment that he never got to live the life he wanted because I stuck him with a kid, but at the same time, he can't even give me a time frame. I love him dearly. He's my best friend, he's hot, he's a wonderful person and funny as hell. They don't make many men like him. What should I do?

Childless 11

First, get to a couples counselor.

Second, relay this message to your husband from me. Travel and adventure — sexual and otherwise — don't have to stop after you become parents. They do become more difficult, logistically speaking, and you won't be able to go adventuring on impulse anymore. But you can have adventures, dude, as a couple and as individuals. (It's good for married people to spend time apart.) It's true, however that most parents do stop adventuring — but that's usually because they were ready to stop adventuring and they weren't that adventurous in the best place. You can do it differently. Pro tip: It's easier to make time for adventuring if you have one kid. And traveling with a small child — even taking off to live in a foreign country for a year or two — is a lot easier than Parentlandia propaganda would have you believe. You're an adventurous person — you and your wife are adventurous people — and adventurous people can choose to be adventurous parents.

This week on the Savage Lovecast: Do bisexuals need a new label? SavageLovecast.com.

Find the Savage Lovecast (my weekly podcast) every Tuesday at thestranger.com/savage

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Fictitious Business Name Statement File # [illegible] The following entities are doing business as Sandbox [illegible] Street Address [illegible], Oakland, CA [illegible] ... [illegible]

Fictitious Business Name Statement File # [illegible] [illegible]

Fictitious Business Name Statement File # [illegible] [illegible]

Fictitious Business Name Statement File # [illegible] [illegible]

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: [illegible] Superior Court of California, County of Alameda 1221 Oak Street Oakland, CA 94612 TO ALL INTERESTED PERSONS: [illegible]

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: [illegible] [illegible]

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: [illegible] [illegible]

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NOTICE OF TRUSTEE'S SALE T.S No. 1381574-31 APN [illegible] TRA: 17046 LOAN NO: Xxxxxx1124 [illegible] Gradea. I. IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED October 31, 2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On November 12, 2013 at 12:00pm Cal-western Reconveyance Llc as duly appointed trustee under and pursuant to Deed of Trust recorded November 09, 2006, as Inst. No. [illegible] in book XX, page XX of Official Records in the office of the County Recorder of Alameda County, State of California, executed by [illegible] Gradea, An Unmarried Man, will sell at public auction to highest bidder for cash, cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the financial code and authorized to do business in this state: At the steps to the entrance of the county courthouse 1225 Fallon Street Oakland, California, all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: Parcel one: beginning at a point on the northern line of 32nd street, distant thereon easterly, 298 feet from the point of intersection more completely described in attached exhibit a. The street address and other common designation, if any, of the real property described above is purported to be: [illegible] 32nd St Aka 856 32nd St. Emeryville CA 94608-4304 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $527,351.45. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (619)590-1221 or visit the internet website www.dlppllc.com, using the file number assigned to this case 1381574-31. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web Site. The best way to verify postponement information is to attend the scheduled sale. For sales information: (619)590-1221. Cal-Western Reconveyance LLC, 525 East Main Street, P.O. Box 22004, El Cajon, CA 92022-9004 Dated: October 08, 2013 (DLPP-439942 10/23/13, 10/30/13, 11/06/13)













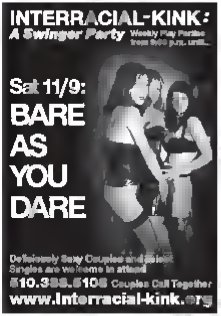














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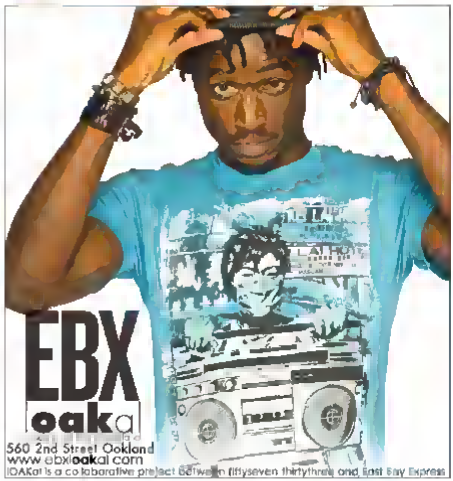
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NOTICE OF HEARING TO RENEW RESTRAINING ORDER.
NAME OF PROTECTED PERSON
Allison Noelle Nichous.
PROTECTED PERSONS ATTORNEY IN THE CASE
Stacy Speiller SBN 232667
518 Thirteenth Street, Modesto
California 95354
Telephone 209 526-1533
Fax 209 526-1711
NAME OF RESTRAINED PERSON
Martin Nichaus
DESCRIPTION OF RESTRAINED PERSON
Sex Male
Height 6 1
Weight 200
Hair Color Blonde
Eye Color Blue
Race White
Age 43
DOB 5/28/1969
RELATIONSHIP TO PROTECTED PERSON
Former Spouse
COURT HEARING
The restraining order stays in effect until the hearing date of December 5 2013 at 9:00 a.m. in Department 14 located at 800 Eleventh Street, Modesto California 95354
TO THE RESTRAINING PERSON
At the hearing the judge can renew the current restraining order for anoth er five years or permanently Before the hearing, you can file a response on form DV 720 Response to Request to Renew Restraining Order You must continue to obey the current restraining orders until the hearing At the hearing you can tell the judge why you agree or disagree with the request to renew the orders. If the restraining orders are re newed, you must obey the orders even if you do not attend the hearing
SERVICE AND RESPONSE
Court allows service by Publication Pursuant to Statute Case to be set 50-70 days out to allow publication.
TO THE RESTRAINED PERSON
If you want to respond in writing to the request to renew the restraining order fill out for DV 720 Response to Request to Renew Restraining Order. File the original with the court and have someone 18 or over not you mail a copy of it to the protected person before the hearing. Also file for DV 250, Proof of Service by Mail, with the court before the hearing. Bring a copy of Form DV 250 Proof of Service by mail, to the court hearing
10/16 10/23 10/30 11/6

NOTICE OF PUBLIC AUCTION OF PERSONAL PROPERTY

TO WILLIAM A. CHORMEAU
HELEN MARIE DUFFY
FRANCESCA CARRERRAS-VELEZ
3344 CHESTNUT AVENUE
OAKLAND CA 94604
(Sent via regular and certified mail)

Notice is hereby given that on November 18, 2013 at 10:30 a.m. in front of Public Storage, @ 6301 Shellmound Street, Emeryville CA, the undersigned will sell at public auction the personal property left by WILLIAM A. CHORMEAU HELEN MARIE DUFFY and FRANCESCA CARRERRAS VELEZ. There will be a preview of the auction items from 8-10 a.m. on November 18, 2013. Certified funds only will be accepted for payment.

This property consists of
96 sofas
- 1 dining table
- 3 stools
- 3 coffee tables
- 1 end table
- 1 desk
- 1 computer desk
- 1 large glass table
- 2 empty guitar cases
- 1 guitar in bag
- 1 large organ
- 1 blank one with knobs
- 1 toaster
- 1 blender
- pots and pans
- kitchen glassware
- dishes
- portable kitchen storage rack
- washer & dryer
- large entryway table
- 2 vacuum cleaners
- computer chair
- computer monitor
- radio
- 2 lanterns
- 2 tool boxes
- tool chest
- movie cameras
- pictures
- roller skate wheels
- tire pump
- 3 mattresses & frames
- coffee table
- file cabinets
- Rings
- night stand
- book case
- Beds
- clothing bin
- plants
- clothing rack
- portable storage cabinet
- shoes & clothing
- 1 laptop
- 1 US flag
- 2 mattresses & frames
- 2 dressers
- 1 large rug, misc. papers

This auction will be made in accordance with the provisions of Civil Code §1988

For further information, contact selling agents at (925) 005-8260 or (650) 508-0300 ext 2119

SCHEER LAW GROUP LLP

DATED October 28 2013

By JONATHAN SEIGEL

Attorneys for PROVIDENT CREDIT UNION
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